



Forest County Potawatomi and U.S. Forest Service Sign Historic Agreement



U.S. Forest Service Eastern Regional Forester Kathleen Atkinson and FCP Chairman Harold "Gus" Frank sign the MOU.

photo by Val Niehaus

submitted by George Ermert, Martin Schreiber & Associates

CRANDON, Wis. (Dec. 14, 2016) - The Forest County Potawatomi Community (FCP) and the U.S. Forest Service

(Forest Service) have signed a Memorandum of Understanding (MOU) to allow for more cooperation and government-to-government communication between the two parties.

The Potawatomi and Forest Service sought to get an MOU because a large percentage of the Tribe's reservation lands in northern Wisconsin are within or near the boundaries of the Chequamegon-Nicolet National Forest.

The Forest Service and Indian tribes have a unique relationship that is government-to-government. This MOU recognizes the Potawatomi as a sovereign nation and affirms the Forest Service's commitment to this relationship.

"We are extremely excited to begin this new era of cooperation and communication with the Forest Service," said FCP Chairman Harold "Gus" Frank. "This is going to lead to great opportunities for both the Potawatomi and the Forest Service."

The MOU provides a framework for cooperation between the Potawatomi and the Forest Service regarding issues of mutual concern. This includes natural resource management, forest ecosystem

management, wildlife management, invasive species management, water and air quality management; access to each other's lands, roads and trails; historic preservation and cultural resource management; and training and education.

National Forests have important historical, spiritual, and cultural significance for Tribes. Forests often serve as a source of traditional medicines, food, firewood and basketry materials. Consultation with tribes provides an invaluable means of obtaining expert advice, ideas, information, and diverse opinions from American Indians in an effort to work together collaboratively to achieve positive outcomes for ecosystem health and cultural values.

"I am very pleased that we are entering into an agreement with the Forest County Potawatomi Community," said Kathleen Atkinson, Regional Forester of Eastern Region. "We are looking forward to moving forward in a collaborative environment."

About the USDA Forest Service

The U.S. Forest Service is an agency of the U.S. Department of Agriculture, a mission of sustaining the health, diversity and productivity of the nation's forests and

grasslands to meet the needs of present and future generations. The Chequamegon-Nicolet National Forest covers more than 1.5 million acres of Wisconsin's Northwoods. The Chequamegon side of the forest covers about 858,400 acres in Ashland, Bayfield, Sawyer, Price, Taylor and Vilas counties while the Nicolet side covers nearly 661,400 acres in Florence, Forest, Langlade, Oconto, Oneida and Vilas counties. For more information, visit www.fs.usda.gov/CNNE.

About the Forest County Potawatomi Community

The Forest County Potawatomi Community is a federally-recognized Native American tribe headquartered in Crandon, Wis., with a membership of approximately 1,400. The tribe employs roughly 3,500 people in Wisconsin through its government and business operations, which include a Health & Wellness Center in Crandon, hotel casinos in Milwaukee and Carter, Wis., and subsidiary companies owned by the Potawatomi Business Development Corporation - the economic development and income diversification business of the FCPC. For more information on the FCPC, please visit www.fcpotawatomi.com.

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OUR MISSION: Potawatomi Business Development Corporation (PBDC) will generate wealth and improve the quality of life for the Forest County Potawatomi (FCP) Community by making strategic investments, acquisitions and prudent asset management and community development decisions. Resources generated by PBDC and its holdings will help diversify the tribal economy that supports FCP’s tribal government and help improve the lives of FCP tribal members. Through trust, support, integrity, and mutual respect, PBDC is committed to building an economic engine that will support FCP for generations to come.



GREENFIRE

Project Update: Forge & Flare Apartments at Drexel Town Square Complete!



The luxury Forge & Flare Apartments at Drexel Town Square is now complete! Greenfire Management Services provided preconstruction and construction management services for this project, located on the new Main Street in Oak Creek, Wis. This development, which broke ground in September 2015, features two L-shaped apartment buildings with a total of 62 spacious one and two-

bedroom apartment homes located above one level of retail space and one sub-level of parking. All apartment units include top-of-the-market finishes, and countless on-site and nearby amenities. Several local, trendy restaurants are located on the first level of these complexes, as well as a number of other accommodations including a dental office, dry cleaner, salon and spa, and other retail stores.

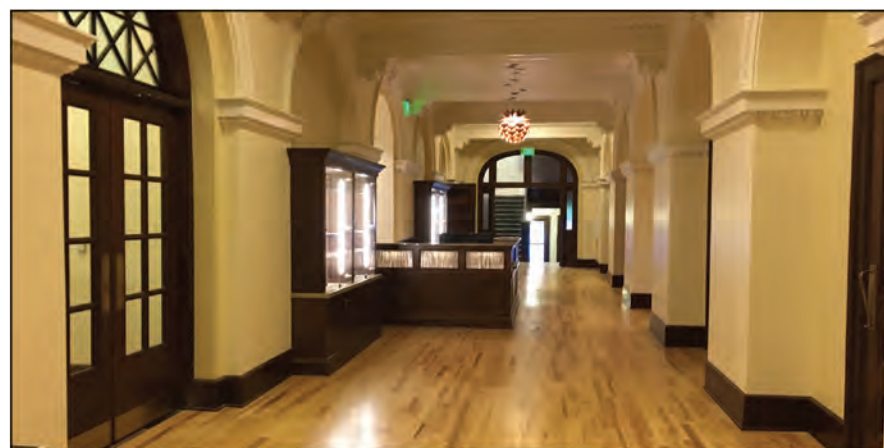


WGEMA CAMPUS

Wgema Campus Updates: Wgetthta

Major progress has been made at Wgema Campus in the past month. Phase one of the renovations of Wgetthta are nearing completion! FCP Gaming Commission and Legal Department have moved into their new space, and the Foundation is expected to begin moving after the first of the year.

Following completion of Wgetthta, renovations will begin on the Wgemas building, formerly the refectory, and Tthigwe, formerly the gymnasium and pool.



First floor hallway and front desk.



North entrance of Wgetthta.



First floor conference room.

Happy January Birthday to These Elders!

- | | |
|--------------------------|---------------------------------|
| 1-5 Virginia Jacobson | 1-20 Hazel George |
| 1-8 Marion Crawford | 1-23 Veronica Frank |
| 1-10 Steven Crawford Sr. | 1-29 Lorraine Alloway-Dickenson |
| 1-17 Gerald Jacobson Sr. | 1-29 Gary Crawford Sr. |

FCP CARING PLACE

January 2017 Activities Calendar

EVENTS IN THE ACTIVITIES ROOM: Activity room is open daily for activities at the Caring Place. Exercise is every Monday, Wednesday and Friday at 10 a.m.

SPECIAL EVENTS (RSVP REQUIRED):

- 1/10: Casino Day – Bowler (leaving at 9 a.m.)
- 1/15: Bingo – Carter Casino (leaving at 10 a.m.)
- 1/18: Shopping (leaving at 10 a.m.)
- 1/27: Rouman Cinema
- 1/31: Birthday Bingo at Caring Place (12:30 p.m.)

Message From FCP Veterans Post 1

We consider it an honor and a privilege to be of service to the Potawatomi community. Membership in FCP Veterans Post 1 is open to all veterans and spouses of Potawatomi tribal members. Meetings take place on the first Monday of each month at 5 p.m. at the old tribal hall located at 8000 Potawatomi Trail in Crandon.

Please join us!

POTAWATOMI TRAVELING TIMES

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phone: (715) 478-7437 • fax: (715) 478-7438

email: times@fcpotawatomi-nsn.gov • website: www.fcpotawatomi.com

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Potawatomi Traveling Times (PTT) is a twice-monthly publication of the Forest County Potawatomi Nation. Editorials and articles appearing in the PTT are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the PTT staff or the FCP Nation. PTT encourages the submission of Letters to the Editor. All letters must include the signature, address and telephone number of the author. Letters are subject to editing for grammar, length, malicious and libelous content. The PTT reserves the right to reject any advertising, materials or letters submitted for publication. The submission of articles, poetry, artwork and photos is encouraged. The Editor makes the sole decision of what is published in the PTT and will not assume any responsibility for unsolicited material nor will the PTT guarantee publication upon submission. PTT will not guarantee publication of materials submitted past deadlines posted in the PTT. No part of this publication may be reproduced without the written consent of the Editor.



Elder Menus JANUARY 2017



Monday, 1/2
Closed for Holiday

Tuesday, 1/3
Pork Roast, Mashed Potatoes,
Gravy, Broccoli, Wax Beans,
Jello® w/Fruit

Wednesday, 1/4
Turkey Stuffing Casserole,
California Blend Vegetables,
Pumpkin Bars, Orange Juice

Thursday, 1/5
Spaghetti w/Meat Sauce,
Tossed Salad, Garlic Bread,
Corn, Peaches

Friday, 1/6
Potato Soup w/Celery, Onion,
Carrots & Ham, Peanut Butter
Sandwich, Crackers, Pears

Monday, 1/9
Roast Beef Sandwich,
Baked Beans, Dill Pickle,
Tomato Wedge, Apple

Tuesday, 1/10
Tuna Casserole, Mixed
Vegetables, Buttered Bread,
Banana Pudding w/Banana

Wednesday, 1/11
Hamburger Gravy, Mashed
Potatoes, Asparagus, Kiwi,
Pumpkin Fluff

Thursday, 1/12
Fish Sandwich, Baked
Sweet Potato, Peas, Jello®
w/Mandarin Oranges

Friday, 1/13
Chicken Dumpling Soup,
Cheese Sandwich,
Mixed Berries, Yogurt

Monday, 1/16
Closed For Holiday

*Menus subject to change.

Tuesday, 1/17
BBQ on Bun, Baked Beans,
Creamy Cucumber Salad,
Mixed Berries

Wednesday, 1/18
Baked Ham, Mashed Potatoes,
Gravy, Cauliflower, Wheat
Dinner Roll, Pumpkin Pie

Thursday, 1/19
Chili, Frybread,
Side Salad, Apple

Friday, 1/20
Fish, Potato Salad, Cole
Slaw, Dinner Roll, Pears

Monday, 1/23
Salisbury Steak,
Mashed Potatoes,
Carrots, Fruit Cocktail

Tuesday, 1/24
Chicken Pot Pie, Cranberry
Sauce, Ice Cream

Wednesday, 1/25
BBQ Pork Ribs, Baked Potato,
Wax & Green Beans,
Berries, Jello® Cake

Thursday, 1/26
Cold Tuna Sandwich, Carrot &
Celery Sticks w/Dip, Cherry
Tomatoes, Sun Chips®, Apricots

Friday, 1/27
Beef Barley Soup, Cheese
Sandwich, Blueberry Yogurt,
Mandarin Oranges

Monday, 1/30
Ham & Swiss on Rye,
Cottage Cheese, Tomato &
Cucumber Slices, Pears,
Peanut Butter Cookie

Tuesday, 1/31
Chicken Wings, Baked
Potato, Brussels Sprouts,
Tropical Fruit

POTAWATOMI TRAVELING TIMES

WISHES YOU AND YOURS A PROSPEROUS NEW YEAR

FILLED WITH LOVE, LAUGHTER AND JOY!

Deadline for the Jan. 15, 2017 issue
is Wednesday, Jan. 4, 2017.

GLNAEA Held In Carter

by Val Niehaus

The Great Lakes Native American Elders Association (GLNAEA) met on Dec. 8, 2016, at Potawatomi Carter Casino Hotel in Carter, Wis.

Wes Martin, President of GLNAEA, opened up with a welcome to everyone, "It's great to see you all here today and we are thankful to have Forest County Potawatomi holding the meeting here this month."

Next, the FCP Veterans, along with other veterans from neighboring tribes, entered the colors and eagle staff accompanied by the Forest County Potawatomi drum group. A special song was also sung in remembrance of Pearl Harbor Day since this meeting was being held the day after.

Once the drum group was finished, FCP Chairman Harold "Gus" Frank opened up with a welcome to the elders who were present expressing his pleasure at the great turnout. He went on to talk about how important it was that we keep honoring tribal veterans. He also spoke about the new government that was coming into the White House. The talk was very heartfelt and pertinent to the elders/veterans sitting in the audience.

It was great to see this meeting so well attended by so many different tribal elders. It was obvious they all enjoyed themselves and had a great time!



(top) FCP Chairman Harold "Gus" Frank welcoming everyone to the area, expressing how happy he is to see so many.



(left) Billy Daniels Jr. singing with the Forest County Potawatomi drum group.

(below) A filled-to-capacity conference room in Carter.



FCPC Honored by EPA for Green Energy Initiative

submitted by Sara M. Drescher, FCPC Attorney

On Oct. 17, 2016, the Forest County Potawatomi Community (FCPC) was recognized by the United States Environmental Protection Agency (EPA) as a leader in green energy for the tribe's continued commitment to installing and using green, renewable energy. FCPC received the 2016 Green Power Leadership Award for "Excellence in Green Power Use" at the Renewable Energy Markets Conference 2016 held Oct. 16-18, 2016, in San Francisco, Calif.

FCPC was one of only seven organizations nationwide to receive the award that recognizes Green Power Partners who distinguish themselves by demonstrating leadership using and installing sources of green power. FCPC was recognized alongside companies such as SC Johnson and Intel, Inc., and is the first Native American tribe to receive this specific recognition. FCPC is ranked as one of the 100 largest green power users in the country and the 11th largest in the nation among EPA's local government partners.

EPA Administrator, Gina McCarthy, complimented the tribe on its commitment to green power and efforts to address climate change. The tribe's presentation at the awards ceremony highlighted the significant ways that climate change can impact tribes and the resources they depend on. As Attorney General Jeff Crawford explained, "Purchasing green power helps us reduce our carbon footprint and meet our goal of being more sustainable." By offsetting traditional sources of electricity, the tribe sends a message to others that clean, renewable energy is a sound business decision and important for environmental sustainability and future generations.

FCPC currently uses approximately 56 million kilowatt-hours of green power, enough to offset 100 percent of its electric use at all tribal facilities, including government buildings, Milwaukee and Carter casinos and other enterprises. According to the EPA, FCPC's green power use is equivalent to the electricity use of more than 5,200 average American households annually.

Over the last several years, FCPC has implemented a number of energy efficiency initiatives such as audits, a four-day work week, and using green building standards to lower its energy consumption in new construction. In addition, the tribe's biodigester and 15 solar installations produce enough green energy to power approximately 2,250 homes annually. The solar panels have consistently met initial projections and, in some instances, offset 90 percent of the building's energy needs. Providing its own green power is an important step for the tribe's goal of energy sovereignty and ensures that the Tribe is a step closer to fulfilling its own energy needs, saving considerable amounts of money that would otherwise be paid to state utilities.

The Energy Working Group will continue efforts to ensure the use of green power throughout the tribe. Several upcoming grants will provide additional opportunities to understand the tribe's power use and help to develop further programs for efficiency. Most notably, the Energy Working Group is currently working on developing an energy efficiency program for housing. These efforts may include solar installations and efficiency upgrades.

Welcome to These New Employees

Lori Cleereman, Property Mgmt.
Limited Term Employee
Hire date: 11/21/16

Jessica Meshigaud, Insurance
Customer Service Specialist
Hire date: 11/21/16

Gabriel Olifierowicz, HWC
Pharmacy Tech
Hire date: 11/21/16

Michelle Saaf, Insurance
Claims Examiner
Hire date: 11/28/16

Stacy Swenty, HWC
Optometric Technician
Hire date: 11/29/16

Transfer/Job Title Change
Justin Shawano, HR
Payroll Support/Reception
Limited Term to Full Time
Hire date: 10/31/16

Denise Huettl, Carter C-Store
Econ. Support to Part Time
C-Store Clerk
Hire date: 11/20/16

Tylor Lewis, Utilities
Utility Operator
Hire date: 11/21/16

Samuel Stamper, Utilities
Groundskeeper/Operator
Hire date: 11/28/16

Fruit/Vegetable of the Month: Blueberries

submitted by Lisa Miller, RDN, CD, Community Health

FUN FACTS:

- Blueberries have twice the amount of antioxidants compared to spinach. Antioxidants help protect your body's cells from damage which can lead to disease.
- Maine produces more blueberries than anywhere else in the world.
- The serving size of blueberries is one cup, which is only 80 calories.
- In 2015, the United States harvested over 715 million pounds of blueberries.
- This super food is good for heart and brain health.

Blueberries, one of the essential berries, are one of the most popular berries across the world. Originally, American Indians used blueberries for their many

health benefits, versatility and medicinal properties. Native to the Americas, blueberries grow in the forests of the United States and Canada.

Fresh blueberries are available during spring and summer, but frozen blueberries allow us to enjoy this super food all-year-round. Remember to watch for added sugars by reading the nutritional label. Kick off your new year by adding blueberries into your smoothies (see recipe), beverages, salads and so much more!

For more information on blueberries or other nutrition topics, please contact Lisa Miller, RDN, CD, or Melanie Tatge, MPH, CHES at (715) 478-4355, or visit cmh.FCPotawatomi.com.

Fall Risk in the Winter

submitted by Melanie Tatge, MPH, CHES, Community Health

As people age, their chances of falling significantly increase. The U.S. Centers for Disease Control and Prevention described that one in three adults over 65 years old falls every year. While many factors contribute to an increased risk of experiencing an incident, winter conditions like ice and snow make it more likely that elders will fall if they aren't applying caution.

You shouldn't feel like you can't go outside in the winter from fear of falling, it is important that you understand how to reduce your risk of falls. Everything from the shoes you wear to how well you prepare your house can contribute to how likely you are to slip or trip this winter.

Know the facts:

- One out of five falls causes a serious injury such as broken bones or a head injury. (CDC)
- Each year, 2.8 million older people are treated in emergency departments for fall injuries. (CDC)
- Over 800,000 patients a year are hospitalized because of a fall injury, most often because of a head injury or hip fracture. (CDC)
- Falls are the most common cause of traumatic brain injuries. (CDC)

What puts you at risk:

- Lower body weakness
- Vitamin D deficiency
- Difficulties walking or balance issues
- The use of sedatives, antidepressants, and narcotics
- Poor vision
- Foot pain or poor footwear
- Broken steps or rails

You never know when bad weather will strike, or when you will get caught up in an accident. Most falls happen by a combination of risk factors. Spending time outdoors can predispose you to a greater chance of falling. The following are tips and tricks to help keep you safe

this winter. It is significant to dress for the occasion. When going outside during the cold seasons it is important to wear a tightly woven, preferably wind-resistant coat or jacket, mittens, hats, and proper boots. A deep-tread sole made specifically for winter are best; sneakers, heels and flats can be very slick. You should always keep cat litter, sand, or salt for ice patches. It is important to always carry a cell phone or alert someone to your whereabouts and expected time to return.

Sometimes accidents happen, no matter how thoroughly you prepare and how careful you are. When they do happen, take several deep breaths to gather your thoughts. Remain still on the floor and assess for any pain or trauma. If you think you are unharmed and can safely rise to your feet, do so but with caution. If you are experiencing pain, especially in the head, neck, or back, call for help and remain still on the ground. Carrying a portable phone or carrying an emergency response device is recommended here in the Northwoods. If you fall, it is essential to tell your doctor and family to initiate measures to prevent future falls.

During these winter months it is vital to maintain your property by clearing sidewalks and preventing ice. Stay healthy and fit to ensure strength and mobility. Be aware of the forecast and stay up to date about dangerous storms. Stay warm and safe this winter!

Sources:

Vellas BJ, Wayne SJ, Romero LJ, Baumgartner RN, Garry PJ. *Fear of falling and restriction of mobility in elderly fallers. Age and Aging* 1997;26:189-193. Accessed on November 30, 2016.

Centers for Disease Control and Prevention, National Center for Injury Prevention and Control. *Web-based Injury Statistics Query and Reporting System (WISQARS)*. Accessed November 30, 2016.

Blueberry Oat Smoothie

Ingredients:

- ½ cup old-fashioned rolled oats
- 2 cups frozen blueberries
- 1 container (5.3 ounces) non-fat blueberry Greek yogurt
- 1 banana
- ½ cup coconut water
- 2 tablespoons honey

Directions:

In blender, process oats for 30 seconds. Add remaining ingredients and purée until blended. Yields two servings.



Resources: *The Blueberry People. Want Healthy? Pursue Blue.* Retrieved from <http://blueberries.com/index.php>; *The Huffington Post. 7 Things You Probably Didn't Know About Blueberries.* Retrieved from www.huffingtonpost.com/2014/07/12/blueberry-health-facts-benefits_n_5568690.html; *The U.S. Highbush Blueberry Council. Blueber-*

ries - Celebration 100 years. Retrieved from www.blueberrycouncil.org/about-blueberries/history-of-blueberries/; *The Livestrong Foundation. The Nutritional Value of Fresh vs. Frozen Blueberries.* Retrieved from www.livestrong.com/article/530382-the-nutritional-value-of-fresh-vs-frozen-blueberries/

Honoring Health, Healing, and Tradition

FCP Health & Wellness Center's mission is to provide patients with high quality care here at home. Our onsite laboratory services promptly fulfill orders whether from a provider at the Health & Wellness Center or from outside specialists. You no longer need to travel to have laboratory testing done at a high quality, COLA accredited facility with modern equipment. No appointment is necessary. Simply bring your referring providers order for the tests you need. Your provider will receive timely, accurate results!

Appointments can be made by calling (715) 478-4339. Hours: Monday - Friday, 7 a.m. - 5:30 p.m.

Open to the Public

SERVICES OFFERED	
AODA (715) 478-4370	Optometry (715) 478-4345
Behavioral Health (715) 478-4332	Pediatrics (715) 478-4339
Community Health (715) 478-4355	Pharmacy (715) 478-4347
Dental (715) 478-4313	Imaging (715) 478-4339
Lab (715) 478-4339	Rehabilitation (715) 478-4344
Medical (715) 478-4339	Weekend Walk-In (715) 478-4300

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a participating member of



January is Cervical Cancer Awareness Month

submitted by Melanie Tatge, MPH, CHES, Community Health

Many of us know someone who has or has had some form of cancer. Cancer is a disease of the body in which cells grow out of control to produce tumors and other inflammations. Cancer is always named after the part of the body it is created in but can spread to other parts of the body. Cervical cancer originates in the cervix, which is the narrow end of the uterus.

Approximately, 9.5 per 100,000 cases of cervical cancer are American Indian/Alaska Natives, compared to 6.5 per 100,000 non-Hispanic women in the United States (CDC, 2016). In the state of Wisconsin, 18.5 per 100,000 American Indian females have cervical cancer and 3.8 per 100,000 have died as a result of cervical cancer.

Many cervical cancer cases are caused by HPV. HPV is the Human Papilloma Virus. HPV is the most common sexually-transmitted infection, and many people get it in their lifetime. (CDC, 2016) This virus usually causes no symptoms, which makes it hard to identify. HPV typically goes away on its own, but there is a chance it will linger and over time can cause cervical cancer.

Things that increase a women's risk to develop HPV include:

- Smoking
- Having HIV
- Using oral contraceptives for a long period of time (five or more years)
- Having three or more children

Cervical cancer is preventable in most western countries because screening tests and vaccines can be used to prevent the HPV infections. There are many things women can do to lessen her chances of cervical cancer, including getting a Pap smear at the age of 21 and usually every three years following. Approximately 70.1 percent of American Indian/Alaska Native women have had a Pap smear within the past three years (CDC, 2016). A Pap smear is a procedure done in a clinic office to test for precancerous cells.

Another screening tool used is an HPV test along with a Pap smear. Two HPV vaccines are available to protect women and men from the virus. Most vaccines are recommended for females ages 13 to 26 years of age, and they

should be the same brand for all three doses whenever possible. Women who are vaccinated should still receive recommended Pap smears as directed by their provider.

Actions women can do to lessen the risk include:

- Not smoking
- Using a condom (male and female condoms) during sex
- Limiting the number of sexual partners

Early in the progression, cervical cancer may not have any signs or symptoms. As the disease progresses, you may notice vaginal bleeding or discharge that is not normal to you. An example is bleeding regularly after sex. Other signs and symptoms may include low back pain, abdominal pain or bloating, or heavy menstrual period.

If you or a loved one is diagnosed with this cancer, a specialized oncology provider will take over your care. The prognosis for this cancer is based upon the multiple stages that the cancer may be staged in.

There are treatment options available for women at all stages of cancer, and it is important to remember that every individual is different. These are only estimates and treatment options will vary.

Please talk to your doctor if you are concerned about cervical cancer and follow through with regular and recommended screenings. Encourage women around you to receive the vaccine if able and always practice safe sex.

If you have questions regarding cervical cancer or its prevention or treatment, please contact your primary care provider or contact a Community Health nurse at (715) 478-4355.

Sources: Center for Disease Control and Prevention. 2016 Cervical Cancer. Retrieved from www.cdc.gov/cancer/cervical/; Center for Disease Control and Prevention. 2016. Healthy United States, 2015. Retrieved from www.cdc.gov/nchs/data/abus/abus15.pdf; Center for Disease Control and Prevention. 2016. Genital HPV Infection – Fact Sheet. Retrieved from www.cdc.gov/std/HPV/STDFact-HPV.htm; NCI, 2016. Seer Cancer Statistics Review, 1975-2013. Tables 2.15 through 24.15. Retrieved from https://seer.cancer.gov/csr/1975_2013/sections.html; Survival rates for cervical cancer, by stage. American Cancer Association 11/16/16. www.cancer.org/cancer/cervicalcancer/detailedguide/cervical-cancer-survival



Thursday
JAN. 12
6 - 7:30 p.m.

FCP Executive Building
in the auditorium for
Professional Speaker Dr.
Don Bartlette "Macaroni
at Midnight" as he will be
sharing his experiences,
strengths and hope of
recovery.

If you have any
questions about this
event, please call
(715) 478-4370.

7:30 p.m. - 8:30 p.m.
FCP Rec. Center
Feast and Door Prizes

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SOBRIETY
FEAST

OPEN TO THE COMMUNITY

VISIT THE 2016

American Indian

YOUTH HERITAGE ART DISPLAY

Dec. 6, 2016 - Jan. 5, 2017

Located At

FCP EXECUTIVE BUILDING

5416 Everybody's Rd., Crandon, WI 54520

Hours: Monday - Thursday, 7 a.m. - 5 p.m.

Includes original pieces of artwork created by local tribal youth grades K-12, in honor of **American Indian Heritage Month**, that expresses "How my heritage has influenced my art."

Please join us
for a reception with refreshments to honor
participants and their families, held at the
FCP Executive Building, Jan. 5, 2017, 5 p.m.

Sponsored by

POTAWATOMI
TRAVELING TIMES

ARTWORK FROM 2015 HERITAGE DISPLAY

Department Highlight: FCP Grants Department

by Val Niehaus in collaboration with Grants Department Staff

PTT recently sat down with the FCP Grants team to learn about FCP's grant-funded programs and the services the department provides to the community.

The Grants Department consists of four staff: Administrative Assistant Mary Simono is an integral part of the team, ensuring accuracy and efficiency in all aspects of the grants process. Grant Writers Colette Nelson and Sally Kalkofen review funding announcements, draft grant applications, research opportunities, and assist staff with project planning. Grants Manager Cara Kulhanek oversees all aspects of the department to ensure and protect the tribe's active status as a grant recipient.

Services provided by the department include: grant planning, research, writing, and document submission. The FCP Grants staff is committed to transforming member-driven ideas into fundable projects that benefit, empower, and honor the Potawatomi community. The department's mission is to assist the Forest County Potawatomi Community in securing external sources of funding while preserving standards for tribal self-sufficiency and self-governance.

In the past year, Simono reports that the Grants Department received 180 service requests, consisting of 14 planning, 17 research, 20 grant writing, and 129 document submission requests. The tribe currently utilizes more than 100 federal, state, and other grants to support community priorities through various projects, programs, and services. Additionally, approximately 75 FCP employee positions associated with these programs are partially funded by grants.

Applying for grants is a lengthy and

complex process. The steps in applying are explained by Kalkofen: "Once a need has been identified within the community, we research available funding opportunities to address that need. Grants staff then collaborate with the project team to refine project details and create a competitive grant application. Once submitted, it can take up to eight months to learn if a grant has been awarded."

"Upon notice of an award," Nelson elaborated, "the grant award contract and the terms and conditions are forwarded to the FCP Legal Department and Executive Council for review and approval. Executive Council approval puts the wheels in motion for FCP staff to begin project activities. Over the life of the project, tribal staff are expected to manage all aspects of the grant, including reporting, budgeting, and evaluating program benefits."

Kulhanek summarized: "The most successful grant programs are those that are based on tribal priorities and reflect a passion and commitment to serving the best interests of the community."

FCP programs supported in part by grants:

Education/Culture

- Education (Bureau of Indian Affairs)
- Library (Institute of Museum & Library Services)

Family Services

- Child Care (Wisconsin State Department of Health Services; Administration on Children & Families)
- ICW (Wisconsin State Department of Health Services; Bureau of Indian Affairs)
- Child Support (Administration on Children & Families)
- Economic Support (Wisconsin State

Department of Health Services; Administration on Children & Families; Bureau of Indian Affairs)

- Kinship (Wisconsin State Department of Health Services)
- Community Advocate Programs (Wisconsin State Department of Health Services)

Health Division/Community Health Department

- Diabetes Program (Indian Health Service)
- Elderly Program (Greater Wisconsin Agency on Aging Resources; Department of Transportation; Administration on Aging)
- Public health programs, including WIC, Maternal-Child Health, Birth-3, Immunization, etc. (Wisconsin State Department of Health Services)
- AODA Program (Wisconsin State Department of Health Services)

Tribal Court (US Department of Justice)

- Wellness Court
- Land & Natural Resources
- Forestry Program (Bureau of Indian Affairs)
- Summer Tribal Youth Program (WI Department of Natural Resources)

• Recycling/Solid Waste Program (WI Department of Natural Resources)

- Air Program (Environmental Protection Agency)
- Water Program (Environmental Protection Agency)
- Tribal Historic Preservation Office-THPO (National Park Service)
- Roads/Utilities (Bureau of Indian Affairs; Natural Resources Conservation Service/USDA)
- Wildlife Program (US Fish & Wildlife)

Administrative/Other

- Enrollment (Bureau of Indian Affairs)
- IT (Administration for Native Americans)
- Insurance (Centers for Medicare & Medicaid Services)
- Fire & Protective Services (Bureau of Indian Affairs; WI Department of Justice)
- Emergency Management (WI Emergency Management/FEMA)
- Energy Projects (Department of Energy; Bureau of Indian Affairs; WI Focus on Energy)



**FCP Cultural Center,
Library & Museum**

~ANNOUNCEMENT~

The museum exhibit will be **CLOSED** throughout the winter for redesign/upgrades.


The Gift Shop & Library will remain open during regular tribal government business hours:
Monday - Thursday, 7 a.m. to 5 p.m.

Take a leap of faith and begin this wondrous new year by believing. Believe in yourself. And believe that there is a loving Source - a Sower of Dreams - just waiting to be asked to help you make your dreams come true.

-Sarah Ban Breathnach

Let our New Year's resolution be this: we will be there for one another as fellow members of humanity, in the finest sense of the word.

-Goran Persson



Community Christmas Party 2016



(l-r) Wayne LaBine, Michael Hill, and Travis Thelen preparing for the Santa rush.



The coloring contest was a huge success!



Jayden Tuckwab was able to win a prize for playing the Snowman Game.



Alyce Daniels signing up for the adult raffles while Sonny Shepard tries not to show his smiling face.



The VanZile family was very happy to see Santa at the party!



Everleigh Shepard helping Dad pick out a good prize!

Community Christmas Party 2016



Spending time with friends and family is what the holiday season is about!



One of these girls got the fun game "Speak Out" from Santa. One was a bit shy in showing off her mouthpiece.



Rikki Renee Frank enjoyed her candy cane from Santa more than her present.



The Postal Box Game is always a hit with the youth.



Many children were very excited to play with their toys right away.



Owaissa was helping Dad hand out candy which she enjoyed eating as well.



All of these boys were happy to see Santa giving them such great presents!



After a long and busy night, dad's shoulder is always the best place to fall asleep.

FCP Natural Resources Hosts 6th Annual Big Buck Contest

submitted by Jenni Mabrier, Environmental Education Coordinator

November is a time for preparations - not just a Thanksgiving feast or starting to get ready for Christmas - it's also when hunters are getting ready for deer season. Since 2011, FCP Natural Resources has hosted a big buck contest. From the Monday before Thanksgiving until the Thursday after, tribal members can stop by the Natural Resources building and register their buck during regular business hours. The winner is determined by adding together the number of points plus how wide the

antlers are. The deer are also weighed in case of a tie.

This year, Ryon Alloway took first place with his 11-point, 18-inch wide buck tipping the scale at 192 pounds. Kevin Jacobson Jr. was right behind him with a 10-point, 16.5-inch deer weighing 174 pounds. Tehya VanZile showed that hunting isn't just a man's sport, bringing in her 8-point, 14.5-inch, 157-pound buck.

Congratulations to all the hunters who now have meat in the freezer!



(above) Ryon Alloway took first place with his 11-pointer.

(right) Kevin Jacobson Jr. with his 2nd place 10-point buck.



(below) Tehya VanZile brought in this healthy 8-pointer with her dad, Dave.

photos by FCP Natural Resources



Potawatomi Carter Casino Hotel Spreads Holiday Cheer

submitted by Darcy Bradley, PCCH Marketing Director

CARTER, Wis. (Dec. 12, 2016) - Over the past seven years, team members at Potawatomi Carter Casino Hotel (PCCH) have donated toys for local area children. The team members once again showed an outpouring of generosity, donating 688 toys.

As in years past, PCCH matched the average value of the toys and used that money to fill the local food pantry and to purchase winter jackets and snow pants for area youth. After emptying a trailer full of toys at Associated Bank in Crandon, team members went to Schaefer's IGA Food Mart and filled that trailer back up with food and other items for the NEWCAP food pantry.

Along with the toy drive, shopping for the food pantry and winter clothing purchase, PCCH also ran a food drive with its loyal patrons during the month of November. Through that, over 3,200

non-perishable food items helped fill three additional food pantries in the area: St. John's Lutheran Church in Townsend, Goodman/Armstrong Creek Food Bank, and the New Hope Shelter in Crandon.

"The generosity of our team members and our guests never ceases to amaze me. It's a great feeling to be able to hold these successful events each year and to give back to the community," stated PCCH General Manager Frank Shepard.

PCCH is owned and operated by the Forest County Potawatomi. Located on Hwy. 32 in Carter, Wis., the casino offers plenty of gaming opportunities with slots, bingo and table games. The hotel and conference center provide a getaway for guests where they can truly enjoy the casino's natural surroundings. Open 24/7, PCCH truly makes the north woods even greater.



Recipients of PCCH's good cheer included toys for area children, warm winter coats for those in need, and non-perishable food items for local pantries in Townsend, Crandon, Goodman and Armstrong Creek.



What's Going on in Carter

submitted by Frank Shepard, PCCH General Manager

Live on us for a Year! Carter Club members will start earning entries on Jan. 1, 2017, for the Feb. 11, \$50,000 'It's on us for a Year' drawing. Just earn 250 same-day base points or redeem 250 points for 10 entries. Drawings will be held at 11 p.m. for the larger cash prizes. Forty-nine winners will be selected to win one of the many cash prizes. Selection of prizes at 11 p.m. will be done randomly: Prizes will be as follows:

- \$3,000 Gas for a Year
- \$3,500 Entertainment for a Year
- \$4,000 Electric for a Year
- \$4,500 Game on us for a Year
- \$5,000 Car Payment on us for a Year
- \$8,000 Toward Groceries for a Year
- \$15,000 House Payments for a Year

Inquire at the Carter Club booth for further details.

Sweet Grand Drawing - On Tuesday, Jan. 24, Carter Club members can earn entries by earning 100 same-day base points or redeeming 200 points for 10 entries. A drawing for \$1,000 will be held at 1, 3, and 6 p.m. and again at 8 p.m. There will be two bins on the floor; the guest may choose in which bin they want to put their entries. After the 3 p.m. drawing, one bin will remain on the floor until the last drawing is complete. Cookies will be served on the floor at 10 a.m., 2 p.m., and 7 p.m. for all of our guests to enjoy.

Celebrating 25 Years! Potawatomi Carter Casino Hotel is celebrating 25 YEARS of gaming this year. To kick off the celebration, Carter Club members will have 25 chances every Wednesday in January to win cash prizes. For every 100 points earned or 200 points redeemed, members will get 10 entries into the drawing. Drawings will be held from 9 a.m. to 8 p.m. every Wednesday at random times when each winner will win \$100. (There is a limit of two wins per person for this drawing.) Two bins will be available for the guests: one bin for drawings from 9 a.m. to 2:59 p.m., with 12 winners being selected from that bin. The second bin will be 3 to 8 p.m., with 13 winners being selected.

Livin' it up at 50! Every Thursday, all Carter Club members 50 and over will receive a free entry into the drawing at the Carter Club booth. One winner will be drawn every hour from 11 a.m. to 7 p.m. for \$100 cash. For every 250 points earned, the guest will receive 10 free entries into the drawings. (Guests will be allowed to win twice each day.) Seniors earn 100 same-day base points and get a \$5 off dinner coupon or earn 250 same-day base points and receive a coupon for a coupon valued at \$11.95. Non-seniors can earn 200 same-day base points to get a \$5 off dinner coupon or earn 450 same-day base points for a coupon valued at \$11.95. Dinner coupons are redeemable

at The Flames or The Springs Restaurant.

Freebie Friday - On Friday, Jan. 6, Carter Club members can go to the booth to collect their free gift (set of pint glasses) between the hours of 7 a.m. and 11 p.m. Limited quantities while supply lasts.

Flashback Friday - On Friday, Jan. 27, we are bringing back some of the old promotions. The first Flashback Friday will be 'Easy Money' from January 2006. Carter Club members can earn 25 same-day points or redeem 50 points for an entry. There is a limit of five entries per person for same-day base points earned (125 points) and five point redemptions (250 points) per person. Two winners will be selected each hour between the hours of 5 and 10 p.m. and will be awarded \$100 in cash. Limit of two wins per person; wins cannot be at the same time period.

Guest Appreciation - As our way of saying thank you, come in on Saturday, Jan. 21, 2017, and pick up your free gift between 7 a.m. and 10 p.m., or while supplies last. Food and beer will be set out for our guests to enjoy from 2 to 4 p.m. and again from 8 to 10 p.m. Music will be provided on the casino stage by Jerry Schmitt.

BINGO!

Come in, check us out, be prepared to have some fun with bigger, better package deals along with higher payouts. Intermission wheel spin is back!

Regular Program:

All packs \$5. Regular games pay \$100; specials pay \$150, and progressives pay \$125.

Fridays in January:

\$500 Friday, Jan. 6 - \$35 packs. Five regular games pay \$250; 10 games pay \$500; and specials pay \$150. Guests receive \$25 in Potawatomi Play with the purchase of admission pack. Limit one Potawatomi Play per session. Purchase Package 3 or 4, get Package 1 for \$50!

Black Light Bingo - Friday, Jan. 27 - Beach Party! Admissions opens at 9:30 p.m.; games start at 10:30 p.m. DJ from 10 p.m. to midnight with free beer. Packs are \$12 and machine specials. Games pay \$100; one game pays a prize; last game pays \$1,000; consolation \$250. Costume contest prizes: 1st Place - \$100 cash; 2nd Place - \$75 Potawatomi Play; 3rd Place: \$50 Potawatomi Play.

Saturdays in January:

Paper Only Session, Jan. 14 - Packs are \$10. Regular games pay \$75; progressive pays \$100; specials pay \$125. Last game pays \$500! *No coupons will be accepted for this session.*

Electronic Only Session, Jan. 21 - Package buy-in \$60 (limit three). Buy-in includes all of the games played (45 cards each). Twenty-nine regular games pay \$125; last game pay \$500. No early birds

or progressives (excluding Hot Balls) will be played. Faster-paced calling for more excitement! *No coupons will be accepted for this session.*

Sundays in January:

\$500 Cash Drawing, Jan. 29 - One lucky winner will receive \$500 cash! Must be present and playing bingo to win. Earn entries for each admission pack purchased throughout the month. Limit one entry per person per day.

January Birthdays:

Come and play bingo with a birthday in January and receive a free pack along with a complimentary dauber of your choice (only valid at regular session).

Electronic Buy-In Options

Carter Combo 1 - \$60, 30 Cards, One Jackpot Game, One Roulette, One Game of the Month, One Dbl. Daub Coverall, One Dbl. Daub Feather, One Winner Take All, One Triangle Game, 10

Odd # Coverall, 10 Bonanza

Carter Combo 2 - \$80, 60 Cards, Two Jackpot Game, Two Roulette, Two Games of the Month, Two Dbl. Daub Coverall, Two Dbl. Daub Feather, Two Winner Take All, Two Triangle Games, 20 Odd # Coverall, 20 Bonanza

Carter Combo 3 - \$120, 90 Cards, Three Jackpot Games, Three Roulette, Three Games of the Month, Three Dbl. Daub Coverall, Three Dbl. Daub Feather, Three Winner Take All, Three Triangle Games, 30 Odd # Coverall, 30 Bonanza

Carter Combo 4 (Best Value) - \$160, 130 Cards, Four Jackpot Games, Four Roulette, Four Games of the Month, Four Dbl. Daub Coverall, Four Dbl. Daub Feather, Four Winner Take All, Four Triangle Games, 40 Odd # Coverall, 40 Bonanza

Electronic Packages Include All Games Except Earlybirds, Pick 8 and Hotballs.

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January is Human Trafficking Awareness Month

as found at <https://ovc.ncjrs.gov/humantrafficking/about.html>

What is human trafficking?

Human trafficking, also known as trafficking in persons or modern-day slavery, is a crime that involves the exploitation of a person for the purpose of compelled sex or labor.

There is no single profile of a trafficking victim. Victims of human trafficking can be anyone - regardless of race, color, national origin, disability, religion, age, gender, sexual orientation, gender identity, socioeconomic status, education level, or citizenship status. Any person under the age of 18 who is engaged in commercial sex acts, regardless of the use of force, fraud, or coercion, is a victim of human trafficking, even if they appear to consent to the commercial sex act.

Although there is no defining characteristic that all human trafficking victims share, traffickers frequently prey on individuals who are poor, vulnerable, living in an unsafe situation, or are in search of a better life. In the United States, some of the most vulnerable populations include American Indian/Alaska Native communities, lesbian-gay-bisexual-transgender-questioning individuals, individuals with disabilities, undocumented immigrants, runaway and homeless youth, and low-income individuals. These victims are deceived by false promises of love, a good job, or a stable life and are lured or forced into situations where they are made to work under deplorable conditions with little or no pay.

Just as there is no one type of trafficking victim, perpetrators of this crime also vary. Traffickers can be foreign nationals or United States citizens, family members, partners, acquaintances, and even strangers. People often incorrectly assume that all traffickers are males; however,

several cases in the United States have revealed that women can also be traffickers. Traffickers can be pimps, gang members, diplomats, business owners, labor brokers, and farm, factory, and company owners.

Victims can be found in legal and illegal labor industries, including child care, elder care, the drug trade, massage parlors, hair salons, restaurants, hotels, factories, and farms. In some cases, victims are hidden behind doors in domestic

servitude in a home. Others are in plain view, interact with people on a daily basis, and are forced to work under extreme circumstances in exotic dance clubs, factories, or restaurants. These conditions exist across the United States.

Human trafficking is a complex issue. Providing comprehensive and specialized services that address specific needs of all victims of human trafficking is a priority of OVC human trafficking efforts.

How can I get involved?

Human trafficking impacts all of us. Everyone can play a role in victim identification and raising community awareness. To get involved and help put an end to human trafficking, you can:

- Read Indicators of Human Trafficking from the U.S. Department of Homeland Security.
- Inquire about volunteer opportunities

closest store clerk for help and then stay where you are until you are found.

- Avoid shortcuts when you are walking from one place to another.

- If you are ever “scooped,” scream, kick, bite and FIGHT as hard as you can to get away! NEVER trust what the “scooper” tells you.

- Tell your parents or a trusted adult if someone is asking you to do something that makes you feel uncomfortable. Listen to your “Uh Oh” voice.

- Always ask your parents for permission before getting on the Internet.

- Never talk to people online without your parent’s permission.

And Some Tips for Parents

- Work hard to establish trust and communication with your children from day one!

- Don’t ever leave children unattended in a vehicle, whether it is running or not.

- Make sure you know how to find or

contact your children at all times.

- Contact local OVC-funded service providers or OVC/Bureau of Justice Assistance-funded Task Forces to learn how you can help. Visit the services and task forces map.

- Contact the National Human Trafficking Resource Center for other local opportunities to offer victim support.

- Report a potential human trafficking victim or situation by calling 911. Do not attempt to intervene in a situation

human trafficking (noun)

1. the illegal practice of procuring or trading in human beings for the purpose of prostitution, forced labor, or other forms of exploitation.

source: dictionary.com

yourself.

Public education is the key to helping others understand the serious, widespread, and damaging nature of human trafficking. Visit the Public Awareness page for more tools to help spread the word, and share the information via Facebook and Twitter.

Where can I get more information?

Explore this site <https://ovc.ncjrs.gov/humantrafficking/about.html>.

Indicators of Human Trafficking

Recognizing key indicators of human trafficking is the first step in identifying victims and can help save a life. Here are some common indicators to help recognize human trafficking:

- Does the person appear disconnected from family, friends, community organizations, or houses of worship?
- Has a child stopped attending

school?

- Has the person had a sudden or dramatic change in behavior?
- Is a juvenile engaged in commercial sex acts?

- Is the person disoriented or confused, or showing signs of mental or physical abuse?

- Does the person have bruises in various stages of healing?

- Is the person fearful, timid, or submissive?

- Does the person show signs of having been denied food, water, sleep, or medical care?

- Is the person often in the company of someone to whom he or she defers? Or someone who seems to be in control of the situation, e.g., where they go or who they talk to?

- Does the person appear to be coached on what to say?

- Is the person living in unsuitable conditions?

- Does the person lack personal possessions and appear not to have a stable living situation?

- Does the person have freedom of movement? Can the person freely leave where they live? Are there unreasonable security measures?

Not all indicators listed above are present in every human trafficking situation, and the presence or absence of any of the indicators is not necessarily proof of human trafficking.

To report suspected human trafficking, call (866) 347-2423. To get help from the National Human Trafficking Hotline, call (888) 373-7888 or text HELP or INFO to BeFree (233733).

Child Watch of North America, a non-profit organization dedicated to the prevention and recovery of missing, abused and exploited children, offers these important tips for children and their parents:

Safety Tips for Children

- Know your name, address, and phone number(s).

- Learn how and when to call 911.

- If you are scared of someone, RUN to safety.

- It’s OK to be RUDE to a grown-up if you feel you are unsafe.

- Learn the difference between an “OK” secret and a “NOT OK” secret and beware of an adult that asks you to keep a secret from parents.

- Have a “Call List” and know how and when to use it.

- Don’t let anyone on the phone or at the door know that you are home alone.

- If you ever get lost in a mall, ask the

contact your children at all times.

- Take an active role in your children’s activities.

- As tired as you may be, take the time to listen intently to your children when they tell you they had a bad dream. There could be a reason. Trust your instincts.

- Talk to your children about inappropriate incidences you hear on the news and get their perspective.

- Question and monitor anyone who takes an unusual interest in your children.

- Teach your children that they can be rude to an adult if they feel threatened in any way. They need to hear it from you directly because this message often contradicts everything they have heard before.

- Teach children the difference between an “OK” secret and a “NOT OK” secret. Assure your child that you would never want him/her to feel like they had to keep a “NOT OK” secret from you.

- Have your children practice their most annoying scream. They may need to use it someday.

- Check websites for registered offenders in your neighborhood. Talk to your children about why these people should be avoided.

- Keep your family computer in a central location that is easily monitored and avoid letting your children have Internet access in unsupervised areas (i.e. computers in their bedrooms, etc.).

- Most importantly, practice, review and reinforce all of these tips in a manner that will not scare your children.

The goal is to make them smart. And keep them safe.

For more information, visit the Child Watch of North America website at www.childwatch.org.

North Dakota Pipeline Leaks 4,200 Barrels of Crude Oil

submitted by Andrew Hoffman, Martin Schreiber & Associates

North Dakota regulators reported Tuesday, Dec. 13, that a pipeline in the western part of the state spilled an estimated 4,200 barrels of crude oil, contaminating a nearby waterway. According to state officials, the breach in the pipeline occurred on private land and was first discovered by the landowner on December 5. The oil then spilled onto land controlled by the U.S. Forest Service and into the Ashe Coulee Creek, which feeds into a tributary of the Missouri River. Regulators determined that about 3,100 barrels of crude oil from the spill flowed into the creek.

Officials say that the leak has been contained and the cause of the spill is currently under investigation.

Workers have been at the site for the past week to begin the cleanup effort

which regulators do not expect to finish until spring. Almost 900 barrels have been recovered from the site at this point.

The spill is the largest uncontrolled release of crude oil since a pipeline operated by Tesoro Logistics LP leaked 21,600 barrels in 2013.

The six-inch pipeline is operated by Belle Fourche Pipeline, which is a subsidiary of the Wyoming-based True Oil LLC. According to Alison Ritter, a spokeswoman for the North Dakota Department of Mineral Resources, the pipeline first built in the 1980s, but the leak came from a section that had been replaced in 2012. True Oil also operates a pipeline that spilled about 1,200 barrels of crude oil into the Yellowstone River last year.

“The focus of our team on the ground

is now oil recovery and environmental cleanup,” True Oil said in a statement. “Severe weather and rough terrain is making the recovery difficult.”

The pipeline has the capacity to pump 24,000 barrels a day, but Belle Fourche says it does not know how much oil was flowing at the time of the spill. Since the breach, all affected oil shipments have been diverted to other pipeline systems.

Officials said that the leak caused no risk for local towns, but the extent of environmental damage to animals and vegetation was still being determined. Bill Suess, the spill investigation program manager for the health department, said that the creek is not a drinking source for humans, but it is for cattle. Since the spill two cows have been found dead in the area and the cause of their deaths is still

being investigated.

The breach occurred as crude oil pipelines are under a great deal of scrutiny triggered by ongoing protests at the site of the Dakota Access Pipeline sponsored by Energy Transfer Partners LP in another part of the state. The protests are led by the Standing Rock Sioux Tribe which has voiced concerns about the pipeline imperiling drinking water at its reservation. The project was halted as the Obama administration blocked the company from receiving a permit due to concerns over a lack of consultation with tribes in the area.

The recent pressure on oil companies has led North Dakota regulators to approve new spill prevention and mitigation rules on oil infrastructure, but these measures are not in effect until January 1.

Foundation Seeking Applicants for 2017 Summer Art/Culture Programs

submitted by Tiffany Valandra, Crazy Horse Memorial Foundation

CRAZY HORSE, South Dakota (Dec. 5, 2017) – Crazy Horse Memorial, located in the Black Hills of South Dakota, is currently accepting applications from Native American artists, lecturers and performers for the 2017 Summer Programs. Applications are available online and the deadline is Jan. 31, 2017.

Native American artists looking for opportunities to expand, improve or share their artistic talents and culture are encouraged to apply for one of the six programs available through the Indian Museum of North America® and the Native American Educational and Cultural Center®. The programs are designed to help Native artists gain exposure and support on their journey through the arts.

The six summer programs are as follows: National Native American Performers; Gift from Mother Earth Art

Show; Summer Performance Artists; Summer Lecturers; Artist in Residence; Artist Marketplace. Some of the programs offered also provide housing, meals and compensation to the chosen artist(s) and performer(s). For more information about the 2017 Summer Programs, call (605) 673-4681 or email at museum@crazyhorse.org. Applications can be found at crazyhorsefoundation.org/the-museums.html.

About Crazy Horse Memorial

Crazy Horse Memorial Foundation's mission is to honor, protect and preserve the culture, tradition and living heritage of the North American Indians. The Foundation demonstrates its commitment to this endeavor by following these objectives: Continuing the progress on the world's largest sculptural undertaking by carving a Memorial of Lakota leader, Crazy Horse; providing educational and cultural programming

to encourage harmony and reconciliation among all people and nations; acting as a repository for Native American artifacts, art and crafts through the Indian Museum of North America® and the Native American

Educational & Cultural Center®; establishing and operating the Indian University of North America®, and when practical, a medical training center for American Indians.

2016 Fall Semester Dean's List College of Menominee Nation

HONORS

Brittany Awonohopay (Neopit), David Bevelacqua (Oconto), Lisa Corn (Keshena), Nicholas Doud (Wabeno), Sabrina Hemken (Shawano), Andrew Heubel (Bowler), Sally Hill (Seymour), Tyler Hoffman (Clintonville), Dylana Kinpoway (Keshena), Frances Reiter (Keshena), Adam Schulz (Bowler), David Skenandore (Oneida), Sherri Thunder (Shawano), Skylyn Thundercloud (Oconto), Nikole Webster (Bowler)

HIGH HONORS

Courtney Behrendt (Jackson), Melissa Besaw (Shawano), Rhiannon Boyd (Oneida), Lacy Dixon (Keshena),

Asa Doxtator (Bowler), Sara Esch (Shawano), Dallas Gast (Shawano), Jamie Komanekin (Green Bay), Jennifer Kuhn (Clintonville), Whitney Pluger (Shawano), Kayla Rusch (Shawano), Jenna Steeno (Mountain), Betsy Trudeau (Neopit), Zachary Waltermann (Shawano)

HIGHEST HONORS

Kade-Ray Adams (Gresham), Rachel Corn (Keshena), Brandon Dehne (Mountain), Justin Kriefall (Leopolis), Catherine Munson (Gresham), Ashley Peters (Keshena), David Pyatskowitz (Shawano), April Wayka (Neopit)

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Mobile Device Apps Focusing on Native American and Indigenous Peoples Films Launched

submitted by Amerind Media Group

HOLLYWOOD (Dec. 15, 2016) - Amerind Media Group, Inc. (AMG) announced that its streaming video service called NativeFlix is now available on iOS, AppleTV, Android, and Roku. Viewers can now watch content about Native Americans and other Indigenous Peoples from around the world directly on their mobile device or via television using Chromecast or AppleTV.

NativeFlix, first offered in 2015, has launched its new and improved online

streaming service. Now offering additional programming genres – drama, comedy, culture, animation, and music. Having doubled its content library, AMG also offers new and original programming available exclusively on NativeFlix, with much of its collection in full HD allowing greater in-home viewing experience.

“The response has been phenomenal, we have received so much support from viewers and filmmakers across the United States and the World,” said CEO Tim

Harjo. The company operates similar to a cooperative in that it gives a majority of its revenues to the content owners who license content for the NativeFlix service. “Our mission is to support the filmmakers by sharing their amazing content and ensuring they earn the revenues they deserve all in an effort to continue making more films,” added Harjo.

Before co-founding AMG, Harjo served as the Chief Content Officer at First Nations Experience (FNX), the

country’s first television station broadcasting Indigenous content. He holds a master’s degree in public policy from the Kennedy School of Government at Harvard University and a master’s degree in business administration from California State University, Northridge.

AMG is a Native American-owned and operated media company based in Hollywood, Calif., that opened on the World Wide Web in April 2015 at www.nativeflix.com.

On the Anniversary of Sitting Bull’s Death, Meet His Great-Great-Granddaughter, Brenda White Bull

submitted by Indigenous Environmental Network

On Dec. 15, 1890, Chief Sitting Bull, known as Tatanka Iyotake, was killed near Grand River in South Dakota. Sitting Bull was a spiritual leader for the Lakota and called Standing Rock his home.

During the #NoDAPL resistance movement, Sitting Bull’s wisdom was called upon as he was a leader who promoted peace and prayer in response to colonialism and brutality by the U.S. government.

In honor of Sitting Bull’s leadership

and his legacy, Indigenous Rising Media interviewed Brenda White Bull, Sitting Bull’s great-great-granddaughter.

White Bull is a courageous and humble leader just like her ancestor. On Dec. 2, White Bull, who has served 20 years in the military, walked across the Back Water Bridge near the Oceti Sakowin camp and explained to North Dakota law enforcement and National Guard that Water Protectors are just like those who served in the military: people who are

protecting their families, human rights, and the land.

The following is a quote from the interview with White Bull:

“Everyone has that fight in them, no matter what tribe, native, non-native. We never knew that this was going happen in Hunkpapa Lakota Territory, and it happened for a reason because I believe that this was a place that our ancestors, Sitting Bull, Black Elk, spoke about. All the generations, all the people, all of humankind,

would come together one day. Those were our leaders, our ancestors, who predicted those things. They predicted the black snake that would come. It was called upon us to be here, to lead this, to lead this fight, of protecting Unci Maka, our Grandmother Earth, and to protect our Mni Wiconi, our water of life.”

To see the full interview, follow this link: <https://vimeo.com/195762180>.

Indigenous Environmental Network Responds to Trump Choosing Rex Tillerson and Rick Perry for his Administration

submitted by Indigenous Environmental Network

On Dec. 13, President elect Donald Trump announced that he has officially selected Rex Tillerson as Secretary of State for his cabinet.

Tillerson is the CEO of Exxon Mobil, which has been under investigation by several state attorneys general for fraud and for hiding scientific evidence about the risks of climate change. Tillerson has

no previous experience in foreign policy.

On the same day news outlets reported that Donald Trump is also planning to appoint Rick Perry, former governor of Texas, as the Secretary of Energy. Rick Perry is on the board of directors for Energy Transfer Partners, the parent company of the Dakota Access Pipeline.

The following is a statement from the

Indigenous Environmental Network:

“These repugnant selections only demonstrate that President-elect Trump is more concerned with securing the unsustainable future of a fossil fuel economy than protecting the future generations of Mother Earth and humanity. Trump will place our land, water, and communities on the chopping block for the false

benefit of capitalism, with its regime of the privatization of Life. We as grassroots Indigenous communities stand by our convictions to defend the sacred and demand the recognition of our inherent rights, by any means necessary, in line with our original instructions.”

Alzheimer’s Association January Family Education Programs

submitted by Kathy Davies, Program and Advocacy Director

RHINELANDER, Wis. (Dec. 19, 2016) – Each month, the Alzheimer’s Association offers family education programs across Wisconsin. These classes are designed to assist anyone who has questions about Alzheimer’s disease or related dementias. All programs are free-of-charge and open to families, caregivers and the general community. Each program is presented by an Alzheimer’s Association staff member or trained community volunteer. These programs are made possible, in part, by funds raised through the Walk to End Alzheimer’s®.

Pre-registration is encouraged. Please call 1.800.272.3900 to reserve your seat. Class details can be found on our website www.alz.org/gwwi.

Dementia Conversations

This program offers tips on how to have honest and caring conversations with family members about doctor visits, driving and legal & financial planning.

Tuesday, Jan. 10, 10 – 11:30 a.m.,

Crandon Public Library, 110 W Polk Street (Lower Level Meeting Room), Crandon

Tuesday, Jan. 17, 1 – 2:30 p.m., Oneida Senior Center, 100 Keenan Street, Rhinelander

Know the 10 Signs: Early Detection Matters

The warning signs of Alzheimer’s

disease are often dismissed as side effects of normal aging. This training shares the 10 warning signs of Alzheimer’s disease, separating myth from reality and addressing commonly-held fears.

Thursday, Jan. 12, 10 – 11:30 a.m., Lac du Flambeau Wellness Center, 129 Old Abe Rd (Conference Room), Lac du Flambeau

The Basics: Memory Loss, Dementia and Alzheimer’s Disease

This program explores the difference between normal age-related memory changes and more serious memory problems that may require medical attention.

Thursday, Jan. 12, 1:30 – 3 p.m., Minocqua Public Library, 415 Menominee Street, Suite B, Minocqua

Tuesday, Jan. 24, 1 – 2:30 p.m., Tomahawk Senior Center, 113 S Tomahawk Avenue, Tomahawk

The Alzheimer’s Association is a national non-profit organization whose mission is to eliminate Alzheimer’s disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. For more information about Alzheimer’s disease and local services visit www.alz.org/gwwi or call the Alzheimer’s Association 24/7 Helpline at (800) 272-3900.



NOTICES

CULTURE

Language classes offered every Tuesday & Wednesday, 10 a.m. - 12 p.m., for FCPC and members at the FCP Cultural Center, Library and Museum. Open to all Potawatomi students, Language & Culture class every Thursday, 3:30 - 4:30 p.m. Transportation for youth provided.

HEALTH

Wellbriety - AA Meetings (#7169331 Area 74) every Monday at 6 p.m. in the lower level of the FCP Cultural Center, Library & Museum. Walking in a good way...a sober way. Anyone who is in recovery and searching for a sober way of living is more than welcome to attend! If you have any questions, contact Brooks Boyd at (715) 889-3530 or Isaiah Phillips at (715) 889-4945.

Do You Feel Like No One Understands You? You're not alone! Let your voice be heard! Let someone share your pain! If you are thinking of committing suicide or know someone who is, please get help! Crisis Line: (888) 299-1188 (Serving Forest, Vilas & Oneida counties: 24 hours a day/7 days a week); Kids in Need: (800) 622-9120; The Get-2-Gether Peer Support Drop-In Center: (715) 369-3871; Run-Away Hotline: (800) 621-4000; (800) 273-TALK; TTY: (800) 799-4TTY or visit suicidehotlines.com.

NA Meetings "The Good Life" - Tuesdays, AODA Building, 5519 Wej mo gek Court, 7 p.m. For info or questions, contact Ira F. at (715) 889-0527.

PROGRAMS

Smoking Cessation Incentive Program - Open to FCP tribal members and individuals eligible for Alternative Care Program. Services include: appointments with nurses and CHRs to determine a quit plan, kit filled with items that aid in the quitting process, educational materials and products, plus a reward upon completion of third smoking cessation appointment.

To learn more about the program or to schedule an appointment, contact Sara Cleerman, R.N., at (715) 478-4889.

SPARKS Weight Management Program - By appointment. S - Support; P - Program; A - Get Active, Stay Active; R - Reap the Rewards: feel better, be healthier; K - Know the basics of good nutrition; S - Stay focused on being healthy. Please call Lisa Miller, RD, CD, at (715) 478-4320.

Diabetes Education - By appointment. Including blood glucose monitoring, making healthy changes, psychosocial, complications, sick day and travel, planning for pregnancy, hypoglycemia, medications, diabetes in general, insulin and goal setting. Please call Anne Chrisman, RN, at (715) 478-4383, or Cathy Chitko at (715) 478-4367.

SERVICES OFFERED

Employment Skills Program

FCP Economic Support has an employment skills program for tribal members with resources/tools to help them overcome employment barriers. We are here to coach and encourage individuals to recognize their skills and to find occupations related to those skills and interests. This program can assist in:

- A direct connection between DMV to obtain, reinstate and/or find out what is needed in driver's license reinstatement.
- Résumé development and résumé critiquing.
- Mock interviews.
- Work experience within tribal entities.
- Job-seeking skills and employment guidance/mentoring.

Resource Room — we now have two locations within the Family Resource Center (Old Tribal Hall). The room has four computers that are open to the community, and there are two computers located at the Family Service Building in the upper level.

These computers are equipped with the following software to assist in improving your job skills, completing or updating your résumé, brushing up on computer and typing skills, and for completing correspondence.

- Turbo Typing - interactive, fun practice available to increase your hand/eye coordination and typing speed.

- Quick Skills - hands-on, self-paced to learn and enhance your computer skills of Microsoft programs such as Word, PowerPoint, Excel and Access.

- WinWay Résumé Deluxe - it's easy to develop a résumé with more than 14,000 ready-to-use templates, more than 100,000 job-winning phrases and more than 350 different design themes. When complete, the auditor will evaluate your résumé.

- WisCareers Website - career exploration guide and opportunities on computer programs. Complete a variety of assessments based on interests, work values, career skills and workplace skills; help coordinate your work values into an exciting career; check out a variety of technical schools and colleges; use a guided program to set up your portfolio.

The FCP Economic Support staff is also available to assist with any of these computer programs. For additional assistance, please contact us at (715) 478-7206, 7292 or 7295.



January 2017 Calendar of Events

Community Health

- 1/3 - Infant Nutrition: HWC, 8 a.m. - 4 p.m.
- 1/5 - Infant Nutrition/WIC: Carter We Care Building, 1 p.m. - 4 p.m.
- 1/10 - Infant Nutrition/WIC: HWC, 8 a.m. - 4 p.m.
- 1/12 - Sobriety Feast: See flyer on pg. 6.
- 1/18 - Diabetes Luncheon: HWC, noon - 1:30 p.m.

Family Resource Center

- Healthy Relationships: Mondays, Jan. 9, 16, 23, 30, 10 a.m. - noon.
 - FRC/CHOICES: Mondays, Jan. 9, 16, 23, 30, 3:30 - 5 p.m.
 - Play Shoppe: Contact FRC for dates and times.
 - Circle of Sisters: Wednesdays, Jan. 4, 11, 18, 25, 1 - 3 p.m.
 - FRC Girls 10-17: Wednesdays, Jan. 4, 11, 18, 25, 3:30 - 5 p.m.
 - Community Women's Talking Circle: Thursday, Jan. 19, 1 p.m.
 - PIP: Thursdays, Jan. 5, 12, 19, 26, 10 a.m. - noon.
 - Open registration for Nurturing Fathers parenting class: 13-week curriculum; two-hour, one-on-one sessions.
- Child care is available for all classes except Play Shoppe, which is a parent/child interaction activity. Please RSVP if child care is needed. Call (715) 478-4837 with questions about any programs.

CHOICES Program

- Youth 10 - 12: Mondays, Jan. 9, 16, 23, 30, 3:30 - 5 p.m.
 - Youth 13 - 17: Tuesdays, Jan. 3, 10, 17, 24, 31, 3:30 - 5 p.m.
 - Youth 7 - 9: Wednesdays, Jan. 4, 11, 18, 25, 3:30 - 5 p.m.
- Youth will be picked up from Crandon school at 3 p.m. and delivered home between 5 and 6 p.m. Call (715) 478-4839 for more info.

FOREST COUNTY POTAWATOMI TRIBAL COURT

IN THE MATTER OF
CHANGE OF NAME OF:

NOTICE OF HEARING

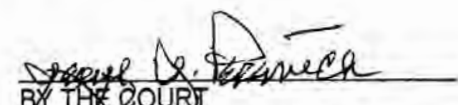
Alexander Jacob Schreiber
DOB: 01/10/1995

Case No.: 16-NC-0173

NOTICE IS HEREBY GIVEN that the above-captioned matter shall be heard in the Forest County Potawatomi Tribal Court on the matter of the application of **Alexander Jacob Schreiber** for permission to change his name and legal designation to **Alexander Jacob Bodde** and for the consideration and determination of any further relevant matters.
PLEASE TAKE NOTE:

WHEN: 2:30pm on January 9th, 2017
WHERE: Tribal Courtroom
2nd Floor, FCP Executive Building
5416 Everybody's Road, Crandon, Wisconsin

DATED THIS 23rd DAY OF November, 2016


BY THE COURT
Associate Judge Jeryl L. Perenich
FCP Tribal Court

Happy Birthday
and a Happier Year
to Teresa and Tess.
From your mother, Karita

Infant Sleep Safe: Grandparent & Grandchildren

by Val Niehaus

FCP Community Health hosted a new event called Infant Sleep Safe: Grandparent & Grandchildren. This event opened up the opportunity for children and their grandparents to come together for a few hours on the night of Dec. 7, 2016, to learn about safe sleeping for infants/children and to also enjoy one another's company with fun activities such as decorating Christmas cookies.

Jodie Harris, maternal child health nurse, said, "We were very happy with the event. We had approximately 26 people attend and being that it was first event like this, that was great! Everyone really had a nice time."

Harris also thinks that this will be a recurring event that will be presented each year. Next year they will definitely plan on more advertising to increase awareness of this activity as it turned out to be very well received, and it really was a special time for grandparent and grandchild.

Not only did it reinforce bonding between the older generation and the younger, but it also educated those present on how to make sure infants/children sleep safely. Harris says, "There has been a lot of work done with respect to keeping babies safe while sleeping. A key message that we want everyone to hear and know is the ABCs of infant safe sleep; ALONE on their BACK in a CRIB in SMOKE-FREE AIR."

FCP Community Health would like to express its gratitude to those who helped make this new event a success. They offered their thanks to all who attended, to the Hotel Crandon for the food and to MCH for the grant that made it possible. In addition, they expressed their gratitude to CH staff, the Elderly department, and PTT for partnering with them to host the event.



Grandma Lorrie and the grandkids look on to see how babies are suppose to sleep safely.



Lisa Miller preparing her homemade fruit roll ups for all to try.



Tehya and Lily help grandma Rita frost some cookies.



Walter Shepard trying out the fruit-roll-up beard.



Paulette with her grandsons Takota and baby Swayde.



Cassie Cornell holding her great-granddaughter, Harlo Thunder.



Mike and Peggy Konaha with two of their granddaughters, Karsyn and Wynter.