



## FCPC Transit System Pilot Project



The 27-passenger bus pictured above was purchased by the Forest County Potawatomi Community from Hometown Trolley in Crandon, Wis.

### by Val Niehaus

A new transportation system may become a reality in the community very soon. The plan calls for a 120-day pilot project to begin sometime in late July to early August of this year. The Forest County Potawatomi Community (FCPC) Transit system comes about as a result of a recent survey which showed that 63 percent of adult FCP tribal members polled in Forest County are in favor

of having a public transit system.

The vision of the project is: To increase mobility and access to services, social gatherings, employment, and entertainment thus improving the economic, environmental and overall health of the community.

With this in mind, FCPC purchased a 27-passenger bus from Hometown Trolley in Crandon, Wis. This new transportation option will offer a fixed route that will run Monday through Wednesday on a designated time schedule between the hours of 5:50 a.m. and 6:40 p.m. in a continuous loop. The areas the route will cover are Crandon, Stone Lake, Laona, Blackwell, Carter and Wabeno. The hope is that tribal members, community members and FCP employees will benefit from having more convenient access to services, medical appointments, grocery shopping, work, and other community events.

During the remainder of the week (Thursday through Sunday), the transit will be used for scheduled events such as visits to Rhinelander or Antigo for shopping, or other prearranged outings.

The fees per day to ride the transit will be as follows:

- Ages 5 and under: free
- Ages 6 to 54: \$1
- Ages 55 and older and handicapped: \$.50

FCPC Transit is for anyone to ride, though there are restrictions and rules:

- Transportation will not be provided to any person who is considered under the influence of alcohol and/or drugs.

- No smoking, drinking of alcoholic beverages, littering, loitering or violence is allowed.

- Do not distract the driver. The driver is responsible for the safety of the bus and its passengers.

- Keep the aisles clear of personal belongings to prevent accidents.

- All passengers (whether adults or children) are to remain seated at all times when the bus is in operation. Passengers are not permitted to stand while the bus is moving.

- Animals are not allowed on the bus unless they are for the service of a person with a disability and are wearing a service-animal vest.

- Riders may bring small packages and groceries on the bus. Items must be able to fit on their lap or within the seat and not obstruct the aisle.

- Hazardous materials such as explosives, flammable liquids, firearms, or weapons are prohibited on transit vehicles.

- Enter the bus with exact fare. Drivers do not carry change.

This pilot trial will provide specific data and allow FCP to cater to what is most needed for the community, and there will be a couple of available ways for transit users to provide constructive feedback. After the trial period, it is

hoped the project will lead to a permanent public transit system – one specifically tailored to the FCP community and surrounding areas. There will also be bus stops and shelters added as the project continues, which will serve to keep everyone safe from the elements and to identify the specific stops.

For more information, visit the FCPC Facebook page at [www.facebook.com/fcpotawatomi/](http://www.facebook.com/fcpotawatomi/) or FCPC website at <https://members.fcpotawatomi.com>.



PRSKT STD  
US POSTAGE  
PAID  
PERMIT NO. 317  
FOND DU LAC, WI





**OUR MISSION:** Potawatomi Business Development Corporation (PBDC) will generate wealth and improve the quality of life for the Forest County Potawatomi (FCP) Community by making strategic investments, acquisitions and prudent asset management and community development decisions. Resources generated by PBDC and its holdings will help diversify the tribal economy that supports FCP's tribal government and help improve the lives of FCP tribal members. Through trust, support, integrity, and mutual respect, PBDC is committed to building an economic engine that will support FCP for generations to come.

COMMERCIAL

What We Do



Data Holdings is a newly-constructed and highly-secure data center that stores critical business data for customers. As a Tier III enhanced facility, Data Holdings features best-in-class technologies and robust systems which are monitored 24 hours per day by professional staff dedicated to providing reliable services.



Greenfire is a construction management firm serving the Greater Milwaukee area. Greenfire managed the Potawatomi Hotel project and is currently managing a number of developer-driven projects in the Milwaukee area.



Redhawk Network Security is a data protection company providing electronic security assessments, managed security, and security compliance programs to the healthcare, financial, government, utilities and gaming industries.



Wgema Leasing is the company that manages the operations and development of the 14-acre Wgema Campus in Milwaukee, Wis. The campus includes 368,736 square feet of built environment, with \$54 million of insured value. The property was taken into trust by the Forest County Potawatomi Community in 1990.

FEDERAL

What We Do



Potawatomi Business Development Corporation - Federal Group oversees business development and operations of the companies that provide services, construction and goods to the federal government. PBDC-Federal Group's leadership team also ensures SBA compliance.



Advancia Corporation analyzes, designs, develops, and implements systems or services for a variety of critical government missions. It currently operates in three primary markets (aviation, defense, and homeland security) and has performed over 450 government contracts.



Advancia Aeronautics is 8(a) certified through the Small Business Administration and provides high-quality patient care through physician staffing to Department of Defense Military Treatment Facilities (MTFs).



Advancia Technologies is 8(a) certified through the Small Business Administration and provides information technology, logistics and environmental services to federal and state agencies.



1Prospect is 8(a) certified through the Small Business Administration. 1Prospect is a professional services company providing Information Technology, Training & Doctrine, and Program Management support to the federal government and commercial customers.



Potawatomi Training is pending 8(a) certification through the Small Business Administration and provides diversified technical services including instructional delivery, doctrine development, courseware development, technical analysis, information technology, intelligence operations, and training & evaluation support to the federal government.



Silver Lake Construction is 8(a) certified through the Small Business Administration and provides heavy construction and engineering services for new builds, reconstruction, rehabilitation, repairs, and building renovations to federal government clients.



Potawatomi Federal Solutions (PFS) provides shared services and common administrative support to subsidiaries that focus on Federal services and products. By utilizing these services, the subsidiaries reduce indirect costs, maximize efficiency, optimize shared resources, and increase productivity.

New as of 10/1/2016



Advancia Government Services provides governmental support services to the Army, primarily in the Midwest.



Potawatomi Defense Operations provides flight training and drone operation services to the Air Force.



Potawatomi Support Services provides civil engineering services to the Air Force.



Command Cyber Solutions provides cyber support, threat intrusion, and training to the Department of Defense.

## ReLynn V. Yang

ReLynn V. Yang, 29, of Crandon, Wis., passed away Thursday, June 22, 2017, at the Ministry St. Joseph Hospital, Marshfield. ReLynn was born August 15, 1987, in San Bernardino, Calif., the daughter of Aidy Yang and Bronda Ambrose. Surviving are her son, Anthony Yang, and brother, Rex Yang, Crandon. She was preceded in death by her mother, Bronda Ambrose.

Visitation was held June 25; services were on June 26 with Joe Daniels officiating at the Potawatomi Cultural Center, Crandon.

Weber-Hill Funeral Home assisted the family with the arrangements. Online condolences may be directed to [www.weberhillfuneralhome.com](http://www.weberhillfuneralhome.com).

## Matthew Charles Phillips



Matthew "Matt" Charles Phillips, loving father, was born March 29, 1999, to Florence (Smith) and Glen Phillips Sr. Matt died tragically as a result of a four-wheeler accident on Thursday, July 6, 2017.

Matthew loved spending time with his family and playing with his daughter. Matthew liked to draw and play his keyboard. He also liked to just hangout with his friends, and he liked to skateboard.

He was a sophomore at Crandon High School.

He is survived by his daughter: Cameron Lee Phillips; companion: Grace Alloway, Stone Lake; mother: Florence Phillips; brothers: Kendall Smith, Stone Lake; Glen Phillips Jr., Philadelphia, Miss.; Simon Phillip, Stone Lake; Elijah Phillips, Stone Lake; sisters: Evangeline Smith, Stone Lake; Theresa Phillips, Stone Lake; Regina Phillips and James, Stone Lake; Cadence Phillips, Argonne; and a host of relatives. Matthew was preceded in death by his father: Glen Phillips Sr., and brother: Tiny Phillips.

Services were held for Matthew on July 9, 2017.

Weber-Hill Funeral Home assisted the family with the arrangements. Online condolences may be directed to [www.weberhillfuneralhome.com](http://www.weberhillfuneralhome.com).

## The Circle of Strength

submitted by Luke Geiger, FCP Health & Wellness Center AODA

At its root, the Forest County Potawatomi culture is based in tradition, culture, spirituality, loyalty, community, and resilience. But what does it mean to be resilient? Resiliency is a person or community's ability to stay tough in the face of difficulty. What this means is that a person or community cannot move forward without a certain amount of inner strength.

Currently, the Potawatomi as a community is enduring a challenge it has never encountered before: the loss of its language coupled with the increase of drug and alcohol use. Research indicates that when a culture loses its language and tradition, it loses itself. Never before has it been so important to draw on the resiliency that resides within us all.

The circle of strength consists of four parts, similar to the medicine wheel. The first part is stoking the fire, realizing there is an issue and becoming upset with it. People are often told that anger is unhealthy. However, when used and expressed appropriately, anger can be a great tool to help people transition out of the role of the victim and into the role of survivor. This culture needs to survive and "stoking the fire" helps to cleanse individuals out of victim-hood and transform into beings that are capable of making change.

The second part of the circle is all about survival and adaptation, which means taking a long and hard look at "what is" and working with what is available at the moment. This survival step requires one to be calm, while putting one foot in front of the other. Adapting to a new environment does not happen

overnight; it takes time. It is vital to recognize that "what happened in the past is not ok, but I am not there anymore." Most importantly, it is essential to remember that survival is not enough. In all things, it is best to thrive and the only way to do so is to avoid getting stuck.

The third part of the circle is about getting back to the root of what it means to be Potawatomi, both as individuals and as a people. In the world of addiction, the third part is all about recovery and finding one's self again. This step is all about re-connecting with what made the Forest County Potawatomi strong to begin with: spirituality, language, tradition, family, community, and culture. When the community connects with these things, it gets back to the roots of who and what it is to be healthy and whole.

The fourth part of the wheel is all about growth. Like all things, growth cannot happen without a strong root system. When people engage with themselves and their culture, they build a base of roots and connections that carry them skyward. This part is about recognizing how strong the past has made the Forest County Potawatomi and knowing that it is possible to become more than before.

Again, similar to the medicine wheel, we need all parts to thrive. It is not just tobacco, cedar, sweet grass, and sage. It is a combination of necessary medicines to be healthy in mind, body and spirit. The same can be said of the wheel of strength. Each of the parts alone is meaningless; it must all be combined and the process must be followed for the medicine to work.

*Deadline for the August 1, 2017 issue is Wednesday, July 19, 2017.*



## POTAWATOMI TRAVELING TIMES

8000 Potawatomi Trail • PO Box 340 • Crandon, WI 54520  
phone: (715) 478-7437 • fax: (715) 478-7438

email: [times@fcpotawatomi-nsn.gov](mailto:times@fcpotawatomi-nsn.gov) • website: [www.fcpotawatomi.com](http://www.fcpotawatomi.com)

### FCP EXECUTIVE COUNCIL

**Chairman:**  
HAROLD "GUS" FRANK

**Vice Chairman:**  
AL MILHAM

**Secretary:**  
JAMES A. CRAWFORD

**Treasurer:**  
JOSEPH DANIELS SR.

**Council Members:**  
BROOKS BOYD  
HEATHER VANZILE



Member of the  
Native American  
Journalists Association

### PTT STAFF

**Managing Editor:**  
WINDA COLLINS

**Administrative Assistant:**  
MICHELLE SPAUDE

**Reporter/Photographer:**  
VAL NIEHAUS

**Graphic Artists:**  
KRYSTAL STATEZNY  
RACHEL ZABOROWSKI

**Creative/Cultural Associate:**  
JEFFREY KEEBLE

**Milwaukee Freelance Correspondent:**  
VERONICA ERGESON

**SYE Worker:**  
MARIAH JACOBSON

Potawatomi Traveling Times (PTT) is a twice-monthly publication of the Forest County Potawatomi Nation. Editorials and articles appearing in the PTT are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the PTT staff or the FCP Nation. PTT encourages the submission of Letters to the Editor. All letters must include the signature, address and telephone number of the author. Letters are subject to editing for grammar, length, malicious and libelous content. The PTT reserves the right to reject any advertising, materials or letters submitted for publication. The submission of articles, poetry, artwork and photos is encouraged. The Editor makes the sole decision of what is published in the PTT and will not assume any responsibility for unsolicited material nor will the PTT guarantee publication upon submission. PTT will not guarantee publication of materials submitted past deadlines posted in the PTT. No part of this publication may be reproduced without the written consent of the Editor.

## Keep Your Cool in Hot Weather

submitted by Bobbie Irocky, Emergency Management

As summer heats up, learn how to prepare for high temperatures.

According to the Centers for Disease Control and Prevention (CDC), sickness from the heat occurs when your body cannot compensate and properly cool you off. However, heat-related illness and death are preventable.

Before the next heat wave, outdoor activity, or Fourth of July celebration, follow these protective actions from the CDC and stay cool this summer:

- Stay in an air-conditioned location as much as possible.
- Drink plenty of fluids even if you do not feel thirsty.
- Take several breaks from the heat, especially midday when the sun is hottest.
- Wear loose,

lightweight, light-colored clothing, and sunscreen. Remember that you should re-apply sunscreen every three to four hours.

- Take cool showers or baths to cool down.
- Check on friends or neighbors during extremely hot days and have someone do the same for you.
- Never leave children or pets in cars.
- Check the local news for health and safety updates.

Find more information on extreme heat preparedness at [www.ready.gov/heat](http://www.ready.gov/heat).



Ready

FEMA

READY.GOV/HEAT



# Health Benefits of Honey

submitted by FCP Community Health

Honey is one of the oldest sweeteners on earth. Lucky for us, it also has many health benefits and uses.

Helps prevent cancer/heart disease:

Honey contains flavonoids, antioxidants which help reduce the risk of some cancers and heart disease.

Reduces ulcers/gastrointestinal disorders:

Recent research shows that honey treatment may help disorders such as ulcers and bacterial gastroenteritis. This may be related to the third benefit.

Anti-bacterial and anti-fungal:

All honey is antibacterial because the bees add an enzyme that makes hydrogen peroxide, according to Peter Molan, director of the Honey Research Unit at the University of Waikato in New Zealand. This contributes to the incredibly long shelf-life of honey.

Increases athletic performance:

Ancient Olympic athletes ate honey and dried figs to enhance their performance. This has now been verified



with modern studies, showing that it is superior in maintaining glycogen levels and improving recovery time than other sweeteners.

Reduces cough and throat irritation:

Honey helps with coughs, particularly buckwheat honey. In a study of 110 children, a single dose of buckwheat honey was just as effective as a single dose of

dextromethorphan in relieving nocturnal cough and allowing proper sleep.

Balances the five elements:

Honey has been used in Ayurvedic medicine in India for at least 4,000 years and is considered to affect all three of the body's primitive material imbalances positively. It is also said to be useful in improving eyesight, weight loss, helping with fertility, urinary tract disorders, bronchial asthma, diarrhea and nausea.

Honey is referred as "Yogavahi" since it has a quality of penetrating the deepest tissues of the body. When honey is used with other herbal preparations, it enhances the medicinal qualities of those

preparations and also helps them to reach the deeper tissues.

Helps regulate blood sugar:

Even though honey contains simple sugars, it is not the same as white sugar or artificial sweeteners. Its exact combination of fructose and glucose actually helps the body regulate blood sugar levels.

Some honeys have a low hypoglycemic index, so they don't jolt your blood sugar. (Watch this video, *Sweetener Comparison*, where Stevia, brown rice syrup, honey, molasses and agave are compared. Video can be found at <https://youtu.be/-PM-7KIP4o44>.)

Heals wounds and burns:

External application of honey has been shown to be as effective as conventional treatment with silver sulfadiazene. It is speculated that the drying effect of the simple sugars and honey's anti-bacterial nature combine to create this effect.

Helps improve skin:

Its anti-bacterial qualities are particularly useful for the skin, and when used with the other ingredients, honey can also be moisturizing and nourishing.

There are at least 40 types of honey, and each one has a distinctive taste and

unique properties. Different honeys have different flavonoid profiles, depending on the floral source of the nectar.

Types of Honey (most popular)

- Alfalfa
- Blueberry
- Buckwheat
- Clover
- Manuka (New Zealand/Australia)
- Orange Blossom
- Wildflower

Honey cautions:

Do not feed honey to infants. Spores of *Clostridium botulinum* have been found in a small percentage of honey in North America. This is not dangerous to adults and older children, but infants can have a serious reaction of illness in the first year. Do not add honey to baby food or use as a soother to quiet a fussy or colicky baby. Most Canadian honey is not contaminated with the bacteria

causing infant botulism, but it's still best not to take the chance.

Honey is a sugar, so consume it in moderation.

Source: Herrington, Diana. "10 Health Benefits of Honey" *Care2 Healthy Living*. *Care2.com, INC*; Aug. 22, 2012.



## Honoring Health, Healing, and Tradition

### Eye Injury and Prevention Month

July is Eye Injury and Prevention Month. In a month of festive fireworks and summer activities, here are a few tips to help get you through safely:

- Use sunglasses to help prevent unsafe ultraviolet rays from the sun
- Use safety glasses when lighting or handling fireworks
- Use safety glasses when working on outdoor projects
- Cover your eyes when applying bug spray or sunscreen (and wash your hands)

Appointments can be made by calling (715) 478-4345.  
Hours: Mon. - Fri., 7 a.m. - 5 p.m.

Open to the Public



FOREST COUNTY  
POTAWATOMI  
HEALTH &  
WELLNESS CENTER

8201 Mish ko swen Drive, Crandon, WI  
General: (715) 478-4300  
[www.FCPotawatomi.com](http://www.FCPotawatomi.com)

### SERVICES OFFERED

- |  |  |
|--|--|
| <b>AODA</b><br>(715) 478-4370              | <b>Medical</b><br>(715) 478-4339         |
| <b>Behavioral Health</b><br>(715) 478-4332 | <b>Optometry</b><br>(715) 478-4345       |
| <b>Community Health</b><br>(715) 478-4355  | <b>Pediatrics</b><br>(715) 478-4339      |
| <b>Dental</b><br>(715) 478-4313            | <b>Pharmacy</b><br>(715) 478-4347        |
| <b>Imaging</b><br>(715) 478-4339           | <b>Rehabilitation</b><br>(715) 478-4344  |
| <b>Lab</b><br>(715) 478-4339               | <b>Weekend Walk-In</b><br>(715) 478-4300 |



## Fruit/Veggie of the Month: Peach

submitted by FCP Community Health

- Prevents stress/anxiety
- Boosts immunity/digestive system
- Promotes growth of baby during pregnancy
- Helps combat obesity-related disorders
- Reduces risk of cardiovascular and bone disease

**FUN FACT:**

Studies have shown that stone fruits such as peaches have bioactive and phenolic compounds with anti-obesity and anti-inflammatory properties that may also reduce the bad cholesterol (LDL) associated with cardiovascular disease.

### Peach Chutney

- 12 ripe peaches, peeled and chopped
- 4 firm apples, peeled and chopped
- 1 large Vidalia onion, chopped
- 1 large green bell pepper, chopped
- 2 lemons, juiced and peel grated

Add these ingredients to the syrup below; boil for 10-15 minutes.

- 3 cups apple cider vinegar
- 2 teaspoons salt
- 1 teaspoon (or less) cayenne pepper
- 2 tablespoons mustard seed
- 2 cups dark brown sugar

Simmer all for 30 minutes. Add 1 teaspoon ground cloves and 1 teaspoon ground ginger. Bring to a boil; lower heat and simmer 5 minutes more. When the chutney reaches desired consistency, place in jars or bottles and seal. Enjoy as an addition to chicken, pork, salmon, salads, and wild rice.

Recipe from: Dale Carson (Abenaki), author of *New Native American Cooking*

**Other ways to use peaches:**

- Fresh served with cottage cheese, yogurt, cold cereal or hot cereal.
- Cooked in a variety of dishes, including peach cobbler, peach crisp, and peach custard.



## Men's Fishing Event Held

by Val Niehaus

June was Men's Health Month and in recognition of this, FCP Community Health held the first "A Day of Fishing" event for FCP community men and their families. This event was held at Bug Lake on June 27, 2017. Many local community members and elders took part with a total attendance of 42.

It was a perfect day weather-wise to finally get outside without having to worry about getting rained on. The skies were sunny and blue with a slight breeze. It was a great day for fishing! Many families also came along with their children to learn and experience the fun of fishing.

Not only was there fishing available for those who wanted to participate, but the Community Health staff had several educational displays which included information on cancer and men, boat safety, physical activity and men, and men's screening guidelines.

If you were a man who was wearing blue, you were able to sign up to win a kayak. The winner of this was Lance Pamoncutt. Congratulations to him!

The FCP Community Health department is hoping to continue this event as a yearly activity during men's health month. So, keep your eyes out next June for the dates!



Joe Brown had a perfect day for fishing in the canoe.



Vice Chairman Milham and Wayne Tuckwab even enjoyed watching the children fish.

## Summer Day Camp in Full Swing

by Val Niehaus

It is that time of year again! Summer Day Camp (SDC) took off on June 20 and will last until July 27, 2017. The schedule for this is Tuesdays, Wednesdays and Thursdays from 9 a.m. - 2 p.m. This program is sponsored through the FCP education department in conjunction with individual departments of the FCP community. SDC is for boys and girls from 7-12 years of age.

SDC is focused on involving the youth of the community in different activities each day throughout the summer whether it's learning about nature, math and literacy fun, a day at the lake or even a field trip. The youth will be engaged in a safe and positive environment each day that will allow them to grow and learn.

On June 20, the youth all met together at the FCP recreation center with Jeff Keeble Sr., FCP education cultural advisor. He introduced himself and extended a warm welcome to all the youth participants. Keeble, along with Jordan Keeble, education & culture, began the process

of smudging each child down to rid them of any bad thoughts and give them a positive vibe for the day. It was explained that this would be a practice that is done each morning of SDC for all the youth and staff.

Next was the introduction of all staff members who would be working with the youth throughout the summer. In addition to the FCP department staff, there are also SYE workers helping with the youth.

The youth were next able to listen to a story read by Mary Neilitz, advanced math teacher, and this was followed by an ice-breaking game for the youth which allowed them to get to know one another better. They then moved into individual groups to start their summer of working and learning together in the different departments.

Since that first day of introduction, the youth have been busy participating in the program. They have been learning the 7 Grandfather Teachings; had demonstrations of different services that are

available by Natural Resources, AODA, Family Services and Education and there have been the eventful field trips that have been intertwined to keep things interesting. It is going to be a fun and busy summer for sure.

(left) A windy day trip to Lake Metonga beach (below) A bit of reading from Ms. Mary the first day



## Skip Jones Visits Rising Sun

by Val Niehaus

Rising Sun Daycare had a special visitor on June 22, 2017 - a folksinger by the name of Skip Jones.

Jones has been playing music and entertaining for the past 40 years. With his singing and musical talent, he has brought together both children and adults to enjoy his tunes.

Jones told *PTT*, "My audiences cover the entire human spectrum. Somebody once referred to me as a womb-to-the-tomb singer, a singer for all the seasons."

What a perfect explanation for the age range he entertains and gets to know as he shares his gift with various groups.

Jones sings everything from the children classics of "You Are My Sunshine" and "B-I-N-G-O" to more traditional folk songs that an older generation would find familiar. He visits schools, libraries,

elderly programs, and even does home concerts.

He says, "I believe in the power of music. I play for the people whenever I find them: house concerts, institutions, schools, laundromats or city parks. I'm a folk singer. The songs and stories I share are about real people: their lives, works, dreams and struggles."

Through his music, Jones sends a message of respect, tolerance, anti-bullying, diversity and culture. He really is a down-to-earth peaceful soul who, in the eyes of children, resembles a bit of old St. Nick.

During the Rising Sun performance, he sang many songs that the children could sing along with and clap to. Watching Jones really is a great time!

His brochure sums himself up very well. It states: "Skip Jones: Singer of Songs - Teller of Tales - Lover of Life -

Folksinger - Educator - Grandfather". He wanted to relay one of his favorite quotes to *PTT* by Violet Para - New Songs Movement from South America: "I do not play the guitar for applause; I sing the difference that there is between what is

true and what is false. Otherwise I do not sing."

If interested in seeing Jones perform, one may find more information about him at [www.skipjones.net](http://www.skipjones.net).





# Executive Council Approves Motion to Temporarily Prohibit Summer Tree Cutting

submitted by Jenni Mabrier, FCPC Environmental Education Coordinator

On June 19, FCPC Executive Council approved a motion temporarily prohibiting the cutting of trees 3 inches or greater in diameter between June 1 and August 15. This was done to protect bats species whose populations are in rapid decline.

**Who is affected?**

During that summer time period, the FCPC departments or FCPC-hired contractors are not allowed to cut trees 3 inches or greater in diameter. This applies to FCPC projects both on and off tribal lands. The only exception to this is to remove a “hazard tree”, one that is a risk to human safety.

**How long will this last?**

We will re-evaluate whether or not to continue the suspension no later than the fall/winter of 2020, when we expect to have the results of our current multi-year bat research project and have a better understanding of how many bats we have on FCPC lands and which areas or habitats they rely on to survive here.

**Why was this approved?**

White-nose syndrome, a fungal infection, has been killing off about one million bats each year since 2006, when it was first detected in the United States.

It spreads in the winter when bats gather in caves to hibernate. Four of Wisconsin’s bat species have been hit pretty hard by this fungus – the little brown bat, the big brown bat, the northern long-eared bat, and the tricolored bat. The little brown bat, for example, is likely headed for extinction if we can’t slow or stop white-nose syndrome.

With bat populations declining, this motion is intended to minimize bat deaths on FCPC lands and protect mother bats and their babies during their most vulnerable time. Bats usually have one baby, called a pup, in June or early July. The pups cannot fly during the first few weeks of their life, so mom has to leave them every night while she goes out in search of food. Mother bats will band together in a group to raise their pups. These maternity colonies are often found in trees. Cutting down a single one of those trees could kill dozens of bats.

Under normal circumstances the bat population could probably recover from losing one or even a few maternity colonies. Because of the white-nose fungus, however, the populations are already depleted. Add to that the pressures of

disease, predation, improperly-sited wind turbines, and eating pesticide-contaminated bugs and bat populations are like a wobbly Jenga™ tower. You’re not sure which block will be the one to make the





tower come crashing down.

*SOURCES for flyer at right: 1Indiana DNR 2015 / 2Reynolds et al. 2016 / 3Boyles et al. 2011*

## BATS IN TROUBLE

If you ask someone to name their favorite animal, they’re probably not going to say a bat. Bats may not win any popularity contests, but they are still a vital part of the world we live in and they help us out in many ways.

White-nose syndrome, a fungal infection, has been killing off about one million bats each year since 2006, when it was first detected in the United States. It spreads in the winter when bats gather in caves to hibernate. Four of Wisconsin’s bat species have been hit pretty hard by this fungus. The little brown bat, for example, is likely headed for extinction if we can’t slow or stop white-nose syndrome.

<p><b>Little Brown Bat</b></p>  <p>10 out of 100 survive<sup>1</sup></p>	<p><b>Tricolored Bat</b></p>  <p>49 out of 100 survive<sup>2</sup></p>
<p><b>Big Brown Bat</b></p>  <p>29 out of 100 survive<sup>1</sup></p>	<p><b>Northern Long-eared Bat</b></p>  <p>5 out of 100 survive<sup>2</sup></p>

Artwork ©2017 Olivia Stanga

*How many bats, on average, who survive after a cave is infected with the white-nose fungus for each of Wisconsin’s four bat species vulnerable to white-nose syndrome.*

### A World without Bats

Bats eat bugs – lots and lots of bugs! Just one bat can eat up to 5,000 bugs every night. Think about that! That means between June and August, one bat could rid the sky of almost half a million bugs. Imagine how much more bug spray we’d need in the summer if there were no bats.

Eating all those bugs doesn’t just save us from having to buy more bug spray. Mosquito bites sometimes transmit diseases, such as zika in people or heartworms in dogs. Every mosquito a bat eats is one less potential mosquito-borne illness for us and for animals.

Bugs that damage and kill trees or crops are also on the menu for bats. Analysts estimate that not having bats around would cost the continental U.S. an additional \$22.9 billion dollars every year<sup>3</sup> because of timber and crop damage and the need to use more pesticides to control those bugs.

# COMMUNITY CONSERVATION ADVISORY MEETING


**Museum Lower Level**  
**Tuesday, August 1, 2017**  
**10 a.m. – 12 p.m.**

**WE NEED YOUR INPUT!**

**On the agenda:**

- Hunting

*Open to Enrolled FCP Tribal Members*



FOREST COUNTY POTAWATOMI  
 LAND & NATURAL RESOURCES  
 (715) 478-7222

A light lunch will be served.

**Your opinion is very important to us!**



• • • **Attention Parents** • • •



The Gte Ga Nēs Preschool 2017-18 school year starts Sept. 5, 2017. Contact preschool staff at (715) 478-7359/7347 to register.



## North American Indigenous Games Participants 2017

**Name:** Bethany Rae Baldwin

**Age:** 16

**Who are your parents/grandparents?**

David Baldwin, Joette Pete-Baldwin (parents), Hazel George (grandma), Patrick Pete (grandpa), Nancy Pete (grandma)

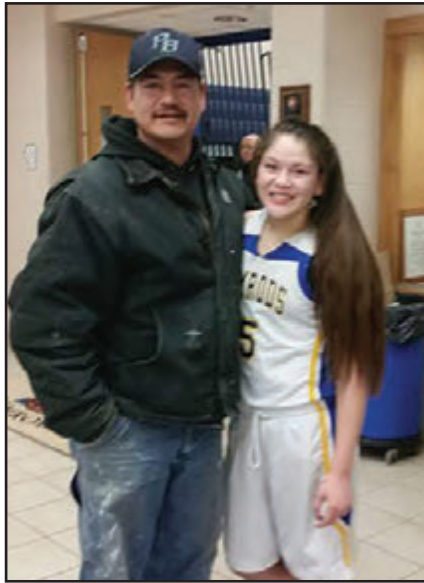
**What sport are you participating in?** Basketball

**What made you want to play in the Indigenous Games?** To be able to represent Native Americans in a positive aspect while also being a role model to younger generations. My older brother and sister participated in the NAIG, coached by my father, and I have always wanted to be able to do something like this for the experience and exposure.

**What was the toughest part so far in training for the games?** Going the distance for practices.

**What are you looking forward to the most once you arrive at the games?** Being able to go to another country, meeting new people from different nations, and seeing all the talent across Indian country.

**In what way has sports made a positive impact on your life?** Basketball has always been a lifestyle for me. I grew up with my dad coaching me and other Native American youth from many tribes across Michigan and Wisconsin. He and my family encouraged me to be the best that I can be. Whether it's competing in sports or living life. Basketball has always been an outlet for me to exhibit strength and character no matter what the challenges are in life. Life is all about growth and experience and I am thankful for this opportunity to participate in the 2017 Native American Indigenous Games.



## Use a Homemade Mosquito Repellent this Summer!

submitted by FCP Community Health

With the Forest County Potawatomi community having such a wet spring, mosquitoes are expected to be plentiful this summer. One way to protect you and your family from mosquito bites is through regular application of mosquito repellent whenever one is in a wooded area. With the guidance of this article, you will learn about the importance of using mosquito repellent as well as how to make mosquito repellent at home.

Mosquitoes are known to carry diseases that are harmful to human health. The Wisconsin Department of Health Services cites the West Nile and Jamestown Canyon viruses as the most impactful mosquito-spread viruses in Wisconsin. Contrary to popular belief, the Wisconsin Department of Health Services states that the species of mosquitoes that transmit Zika virus are not present within Wisconsin. By actively using the following homemade mosquito repellent, one is much less likely to catch the West Nile or Jamestown Canyon viruses.

Utilize the following directions to prepare a homemade mosquito repellent. All of these ingredients may be found at Walmart or online at Amazon.com.

By making this mosquito repellent, you will better protect yourself against those annoying mosquitoes and the diseases they may carry.

### Ingredients

- 16 oz. witch hazel (usually sold near the peroxide)
- 2 tbs. essential lemon oil
- 50 drops essential lavender oil
- 15 drops essential tea tree oil
- 20 drops essential clove oil
- 10 drops essential cinnamon oil
- 10 drops essential geranium oil (optional) – repels against ticks

### Steps to Prepare

- Mix all ingredients in a glass jar.
- Pour mixture into a spray bottle for easy application.
- Reapply as necessary.

Yields four 4 oz. bottles of bug spray.

By following the above directions, you and your family will be better protected from the mosquitoes and the diseases they may carry. Please contact the FCP Community Health Department at (715) 478-4355 if you have any questions about the mosquito repellent included within this article.

# THE HEALING JOURNEY:

HOW TO HANDLE DEALING WITH GRIEF AND THE IMPACT OF SUBSTANCE ABUSE ON THOSE YOU LOVE

Wednesday  
**July 19**  
**2017**

Join us as individuals share stories of how substance abuse has impacted their lives and how they deal with the grief of losing a loved one.



Jingle dresses are representative of healing.

6 p.m.

FCP MUSEUM  
LOWER LEVEL

OPEN TO THE FCP COMMUNITY  
FEEL FREE TO BRING A DISH

Contact: Jeff Keeble: (715) 478-4427,  
or Melanie Tatge: (715) 478-4382,  
with questions



FOREST COUNTY  
POTAWATOMI  
EDUCATION/  
CULTURE



FOREST COUNTY  
POTAWATOMI  
HEALTH &  
WELLNESS CENTER  
BEHAVIORAL HEALTH



FOREST COUNTY  
POTAWATOMI  
HEALTH &  
WELLNESS CENTER  
AODA SERVICES



FOREST COUNTY  
POTAWATOMI  
HEALTH &  
WELLNESS CENTER  
COMMUNITY HEALTH

cmh.FCPotawatomi.com

For additional information on how to deal with grief, contact the Forest County Potawatomi Behavioral Health Department at (715) 478-4322 or the Forest County Potawatomi AODA Department at (715) 478-4370.

Join the

# Food for Life

COOKING CLASS

Sponsored by



FOREST COUNTY  
POTAWATOMI  
HEALTH &  
WELLNESS CENTER  
AODA SERVICES



FOREST COUNTY  
POTAWATOMI  
HEALTH &  
WELLNESS CENTER  
COMMUNITY HEALTH

cmh.FCPotawatomi.com



FOREST COUNTY  
POTAWATOMI  
EDUCATION/  
CULTURE

This Program is Free

In This 6-Class Program You Will:

- ★ Taste healthy and delicious meals
- ★ Learn how to cook for yourself and your family/friends
- ★ Rediscover foods of Native ancestors
- ★ Learn cooking techniques and food safety in the kitchen
- ★ Be part of a group that has fun learning and working together to eat well and live well.



Schedule:

**Class 1 / July 10:**  
A Reason for Hope; Introduction to Food Safety

**Class 2 / July 24:**  
New Recipes with the Three Sisters; Knife Skills

**Class 3 / Aug. 7:**  
Grains; Baking Techniques

**Class 4 / Aug. 21:**  
Grocery Store Tour; Healthy-in-a-Hurry Recipes

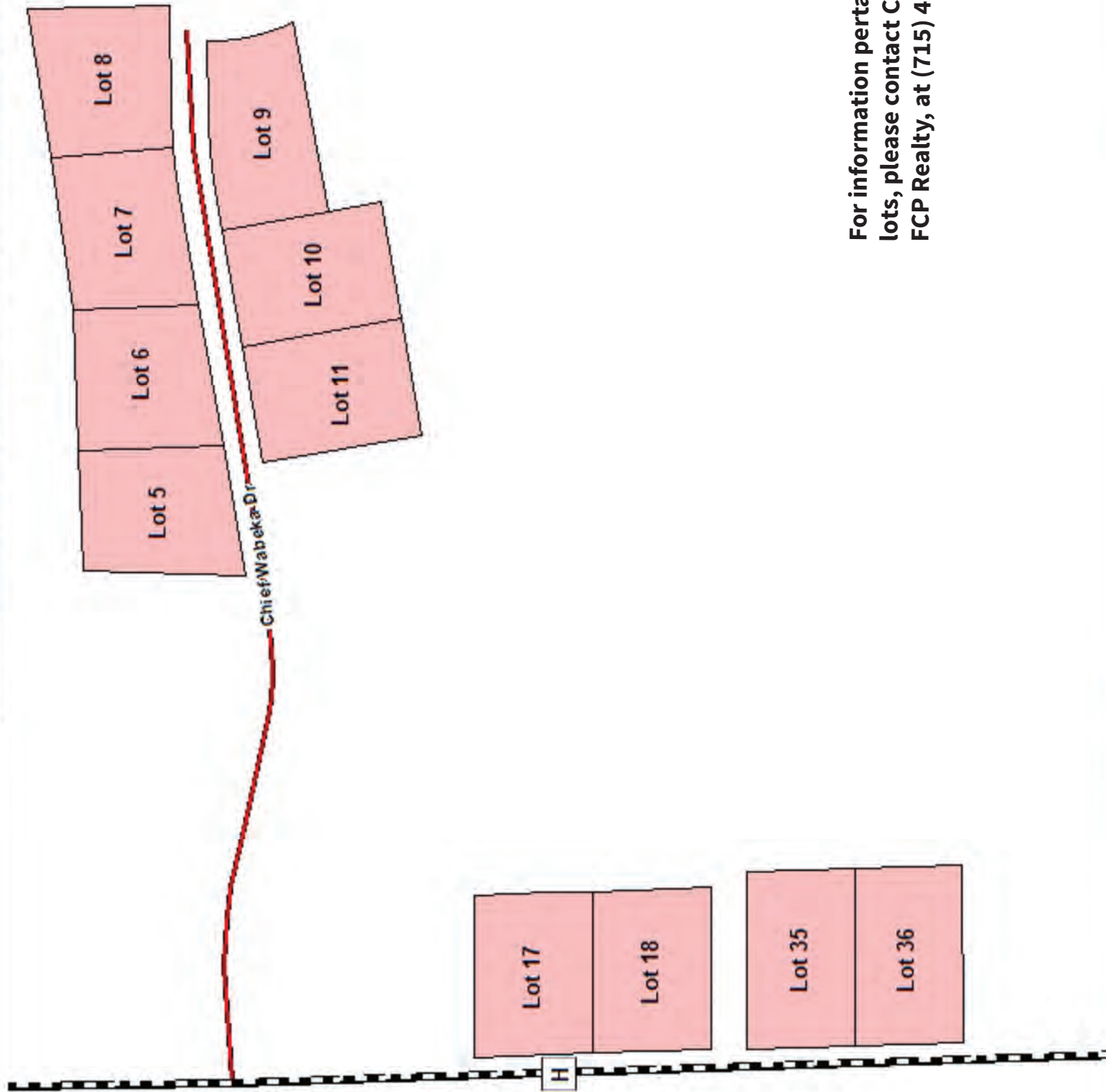
**Class 5 / Sept. 11:**  
Stocking up; Canning/Freezing/Drying/Sprouting

**Class 6 / Sept. 25:**  
Holidays and Feast Days; Healthy Families

Classes will be held in the FCP Museum Lower Level from July 10 – Sept. 25, 2017,  
Every Other Monday 3:30 – 5 p.m. Contact: Jacob Struble, AODA, at (715) 478-4173 for more info.



Current Available Lots in Blackwell as of 7/6/2017



For information pertaining to available lots, please contact Casey Swanson, FCP Realty, at (715) 478-4988.

- Legend**
- Available Lots
  - County Highway
  - BIA; Tribal Road



No warranty is made, expressed or implied, as to the accuracy of the information used. The data buyers are a representation of current data to the best of our knowledge and may contain errors. It is not a legally recorded map and cannot be substituted for field-verified information.



Date: 7/6/2017



# North Carolina Trail Story

submitted by Rebecca Zornow

*My mother, Leslie Dempsey, and her siblings, Russ Butzer and Lynn Bridges, went backpacking on the Appalachian trail last summer. They had a great adventure and took some photos along the way. Now that summer has rolled around again, I wrote an article about their travels and what it was like camping along the trail.*

-Rebecca Zornow

"Leslie, I hear something," Lynn whispered to her sister inside their tent, "There's something out there."

Leslie woke and froze still, listening to the sounds of the North Carolina night. She heard heavy footprints outside of their tent, but very close by. It was an animal, snuffing near their campfire, and it sounded big. As big as a bear.

Making a quick decision, Leslie yelled to their brother in the next tent, "Russ, there's something out there!"

Several days earlier, Leslie Dempsey, Lynn Bridges, and Russ Butzer, the three children of Tribal elder Russell Butzer, drove from their homes in Wisconsin through six states and over the Smoky Mountains to camp and backpack through the North Carolina wilderness. It was Russ' idea for the siblings to take the trip together, carrying everything they needed in their packs and setting up camp each night along a remote hiking trail.

When they arrived at the head of the trail, the three got out of Russ' Jeep and grabbed their bags, full of tents, sleeping bags, freeze-dried food, water filters, multiple pairs of socks each, and everything else they needed for a week of living in the forest. It started to rain just as the trio began their journey in and Lynn recalled, "Of course it got worse as we went in."

The first night it rained constantly. A big bullfrog took up residence near the wet tents and sang his song. In the middle of the night, Lynn heard a snake slither through the tents and the frog went silent.

During the day, they hiked up and down rocky inclines, standard terrain in the Smokey Mountains, while carrying their packs. Everyone was damp from the persistent rain and grateful for the extra pairs of socks they brought.

There were a few wildlife sightings, including crawfish and an elk with its young, but most of the sightings were of bees. In between rain showers, the bees came out in droves. At one campsite, there was "every different kind of bee you can imagine," Leslie described. This included large numbers of honey bees that landed on Russ' shirt hung to dry. Russ, who is allergic to bee stings, was less than pleased by the attention.

After several days of rain and bees, Russ, Lynn, and Leslie decided to leave the loop trail they were hiking and try a different location, hoping to leave the pests and poor weather behind.

One of the trails they hiked was a small part of the 2,200-mile Appalachian Trail that runs from Georgia to Maine. It brought them to Charlie's Bunion in the Smokey Mountains, a natural lookout point. It was a difficult climb up, but at the top they were high enough to look over the mountains and almost feel the mist that touched the tops of the trees.

Each night Lynn, Leslie, and Russ utilized bear ties, but, as Lynn laid in her tent listening to a bear, she remembered some food that burned in their fire pit earlier in the evening. When Russ finally woke up to Leslie's shouts, things were quiet again. Russ joked that he was sure Leslie and Lynn didn't really hear anything. Everyone drifted back to sleep, the night now silent.

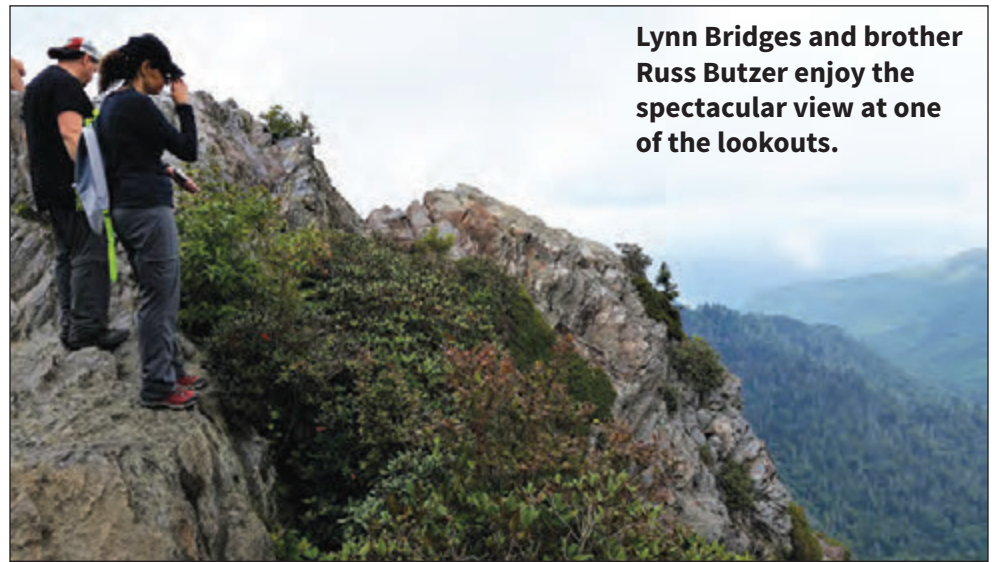
A few nights later and it was Russ' turn to be surprised by a nighttime sound. From the noise, he knew it just had to be a fox. He got out of his tent with his headlamp on, hoping to catch a glimpse of the fox in their campsite. Finally, he saw the elusive animal underneath a bench. It was a stray cat.

On their last day, the group arrived back at the Jeep, ready to drive home. It stopped raining as they packed their supplies away. After a bit of a laugh, they took the top off the Jeep and enjoyed the sun and wind on the journey back to Wisconsin.

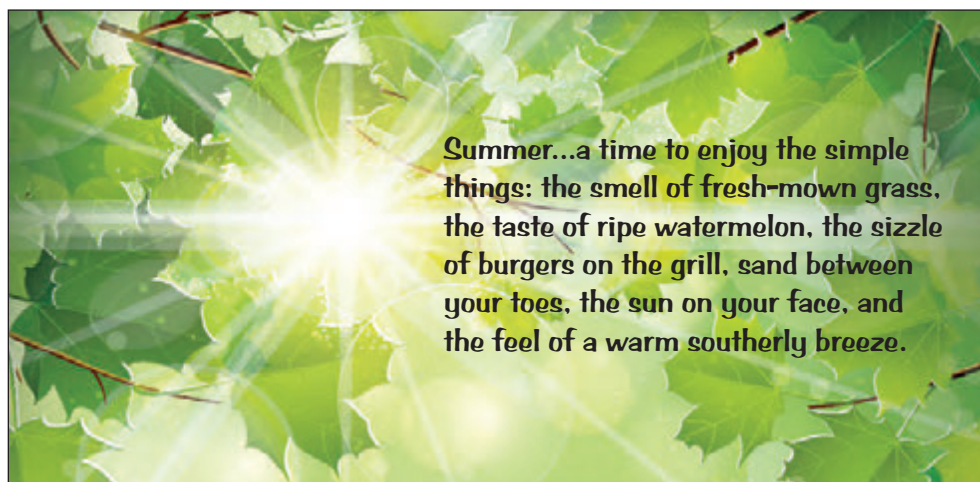
The three siblings plan to backpack next in Kentucky this fall.



(l-r) Siblings Leslie Dempsey, Russ Butzer and Lynn Bridges pose for a selfie on the trail.



Lynn Bridges and brother Russ Butzer enjoy the spectacular view at one of the lookouts.



Summer...a time to enjoy the simple things: the smell of fresh-mown grass, the taste of ripe watermelon, the sizzle of burgers on the grill, sand between your toes, the sun on your face, and the feel of a warm southerly breeze.

**Save**

**5¢**

**on every gallon**

up to 20 gallons




**When You Buy Two BiGS Seeds Any 3.5 -5.35 oz. Variety**

Available for qualifying products which may vary by location. Offer valid with Fuel Rewards® card for a limited time, while supplies last. Fuel Rewards® card savings earned expire on the last day of the month following the month in which they were earned. Other restrictions may apply. See brochure inside for details.

Limit 20 gallons, per purchase, per vehicle at participating Shell stations.





**POTAWATOMI STONE LAKE**  
**C-STORE/SMOKE SHOP/DELI**  
 Located 3 Miles East of Crandon off of Hwy. 8  
 5326 Fire Keeper Rd., Crandon, WI  
 (715) 478-4199  
 Open 7 days a week: 5 a.m. to midnight



PTT071517



## Evolution of Indian Gaming from a Tribal Regulator's Perspective

submitted by **Kenneth L George Jr., Chairman, Forest County Potawatomi Gaming Commission, June 12, 2017**

It's been nearly 30 years since the Indian Gaming Regulatory Act (IGRA) was passed, which paved the way for Indian Country to open modest bingo halls that later evolved into large casino resorts. IGRA wasn't perfect, but it has allowed the tribes many economic opportunities. This in turn allowed for tribes to hire their tribal members and create much needed revenue for tribal programs. This federal policy established a general framework for tribes to develop their gaming operations into successful land-based businesses. However, with the Internet being a big part of everyone's lives and how companies stay engaged with their customers, it is paramount that tribes educate themselves on Internet gaming and Internet gambling (iGaming).

Tribes around the country are continuing to expand their existing brick and mortar facilities while the gaming industry is rapidly changing. Over the last 10-plus years the tribes have cautiously paid close attention to any attempt by Congress to legalize what I refer to as "Internet gambling" while there has been substantial growth in "Internet gaming".

There is a big difference between Internet gambling and Internet gaming. The exclusivity enjoyed by most tribes could be severely damaged by Internet gambling. Conversely, Internet gaming could significantly improve a Tribe's brand recognition. Commercial entities and a few tribes have been operating iGaming platforms for many years and are continuing to research and develop new and innovative ways to engage the Millennial demographic with their brand in order to sustain economic growth for future generations.

We have defined seven categories of Internet gaming and gambling. The categories are social gaming, social casino gaming, mobile casino gambling, Internet casino gambling, Daily Fantasy Sports, skill-enhanced gambling and skill-dominant gaming (typically eSports). Social gaming and social casino gaming are not gambling and can be played anywhere in the United States. Social casino gaming is similar to games found in a casino. Mobile casino gambling is geo-fenced to a local area. Internet casino gambling is geo-fenced to a large geographical area such as a state or country. It is Internet-based and games are similar to games found on a casino floor. Internet casino can only be played legally where gambling is permitted.

Fantasy sports is Internet-based gaming where players compete by building a team of professional athletes from a major sports league or competition. Players earn points based on the actual performance of the players "on their team" over the course of an entire season. Daily Fantasy Sports (DFS) are played over short time

periods such as a week or single day of competition.

Skill-enhanced gambling is both land-based and Internet-based. Player skill affects the house advantage, but the game is predominantly a game of chance – just like a slot machine. Some slot machines use skill in a bonus round to determine a player's win. Game manufacturers have recently offered pinball games and space invaders as a skill component to enhance the gaming experience. Several companies are looking to develop skill-enhanced slot machines, but it may take years to develop a product that appeals to the gaming public. Skill-dominant games are Internet-based or server-based gaming. While the game may include an element of chance, the dominant factor is the skill of the player involved in the game.

There are several tribal casinos that have entered or will be entering the social casino space to increase customer engagement and loyalty as well as retaining current customers and acquiring new players. This business model is an opportunity for tribes to create an online revenue stream.

The Forest County Potawatomi Gaming Commission formed an Internet Gaming Task Force in an effort to remain in the forefront of understanding and effectively regulating different verticals of iGaming. The main goal of this task force is to study iGaming, then research, develop and publish jurisdictional standards that will regulate games that are not currently being played in tribal casinos today. As we cannot predict what games will be popular in the future, we are certain that most Millennials are not impressed with traditional slots machines.

Understanding our future customers and preparing for what a casino will look like in five or 10 years requires strategic planning. In response, the Forest County Potawatomi Gaming Commission has identified what we refer to as the "Four Levels of Understanding". The four levels include Tribal Leadership, Casino Management, Regulators and outside organizations. We recognize that each of the four levels understand the evolution of iGaming in different ways.

It is vital that the Gaming Commission and Gaming Management provide Tribal Leadership with information regarding current gaming trends to ensure that adequate capital investments are being made to effectively introduce and regulate new gaming technology and to maximize revenue in an ever-changing gaming environment. This requires years of research and development.

There are several outside organizations looking to establish a business relationship with a tribal gaming operation to offer iGaming services. As regulators, we have to be diligent in vetting and recog-

nizing those organizations that are viable and credible.

As we enter a new era of gaming and now have almost three decades of regulatory experience, it is a perfect time to start taking ownership of our jurisdictional standards. In the past, Tribal Gaming Commissions relied heavily on other regulatory jurisdictions and businesses for expertise in adopting gaming technical standards. The new gaming platforms, skill-enhanced slot machines and skill-dominant games are very different than a traditional slot machine.

In order to be proactive and to fully exercise our sovereignty, the Forest County Potawatomi Gaming Commission established skill-based gaming technical standards in a partnership with BMM, a gaming test laboratory. We believe that these will be the first set of skill-based gaming technical standards created by a tribal regulatory authority.

As the primary regulator of gaming, it is our duty and responsibility to fully understand and know what games are being installed in our tribal jurisdictions. We believe that taking an active role in development of modern gaming regulations helps us achieve our objective.

One thing is apparent; the Indian Gaming business is changing. As the gaming landscape evolves, now is the time for all of us to update our jurisdictional standards for "Internet gaming" and "Internet gambling". Exclusivity and location has really made a positive difference in revenue generation for tribes. However, several things have been invented since IGRA was adopted, and the main two things are the Internet (for commercial use) and mobile devices. These two inventions could make our current business model less relevant. Are you prepared for the next evolution of gaming?



**Save**

**5¢**

**on every gallon**

up to 20 gallons

When You Buy Two  
**Monster Rehab Any 15.5 oz. Variety**

Available for qualifying products which may vary by location. Offer valid with Fuel Rewards® card for a limited time, while supplies last. Fuel Rewards® card savings earned expire on the last day of the month following the month in which they were earned. Other restrictions may apply. See brochure inside for details.

Limit 20 gallons, per purchase, per vehicle at participating Shell stations.

**FUEL REWARDS.**

**POTAWATOMI CARTER  
C-STORE/SMOKE SHOP**

Hwy. 32, Carter  
(across from casino/hotel)  
(715) 473-5100  
Open 24 Hours/7 Days a Week

PTT071517



# NOTICES

## CULTURE

### Language Classes

Offered every Tuesday & Wednesday, 10 a.m. - 12 p.m., for FCPC and members at the FCP Cultural Center, Library and Museum. Open to all Potawatomi students, Language & Culture class every Thursday, 3:30 - 4:30 p.m. Transportation for youth provided.

## HEALTH

### Wellbriety -

12-step meeting, Mondays at 6:30 p.m., FCP Museum lower level. Walking in a good way...a sober way. ALL ARE WELCOME! If you have any questions, call FCP AODA at (715) 478-4370 or Isaiah Phillips at (715) 889-4945.

### 7 Directions Men's Group -

Open to all Mondays, 1 p.m., at HWC AODA upper level. Tired of hurting the ones you love? Learn how to respect yourself. Join our group which include topics related to everyday life. Call (715) 478-4370 with questions.

### Principles of Recovery -

A guide to living well on the road to recovery. Tuesdays, 11 a.m. to noon at HWC AODA. Call (715) 478-4370 with questions.

### NA Meetings "The Good Life" -

Tuesdays, AODA Building, 5519 Wejmogek Court, 7 p.m. For info or questions, contact Ira F. at (715) 889-0527.

### Kwe Kenomagewen -

Women's support, Wednesdays, 2 p.m. HWC AODA. Call (715) 478-4370 with questions.

### Hour of Power -

Big Book, NA Book or Wellbriety Book, Thursdays, 2 - 3 p.m. HWC AODA. Call (715) 478-4370 with questions.

### Do You Feel Like No One Understands You?

You're not alone! Let your voice be heard! Let someone share your pain! If you are thinking of committing suicide or know someone who is, please get help! Crisis Line: (888) 299-1188 (Serving Forest, Vilas & Oneida counties: 24 hours a day/7 days a week); Kids in Need: (800) 622-9120; The Get-2-Gether Peer Support Drop-In Center: (715) 369-3871; Run-Away Hotline: (800) 621-4000; (800) 273-TALK; TTY: (800) 799-4TTY or visit [suicidehotlines.com](http://suicidehotlines.com).

## PROGRAMS

### Smoking Cessation Incentive Program -

Open to FCP tribal members and individuals eligible for Alternative Care Program. Services include: appointments with nurses and CHR's to determine a quit plan, kit filled with items that aid in the quitting process, educational materials and products, plus a reward upon completion of third smoking cessation appointment.

To learn more about the program or to schedule an appointment, contact Sara Cleerman, R.N., at (715) 478-4889.

### SPARKS Weight Mgmt. Program -

By appointment. S - Support; P - Program; A - Get Active, Stay Active; R - Reap the Rewards: feel better, be healthier; K - Know the basics of good nutrition; S - Stay focused on being healthy. Please call Lisa Miller, RD, CD, at (715) 478-4320.

## PROGRAMS

### Diabetes Education Program -

By appointment. Including blood glucose monitoring, making healthy changes, psychosocial, complications, sick day and travel, planning for pregnancy, hypoglycemia, medications, diabetes in general, insulin and goal setting. Please call Anne Chrisman, RN, at (715) 478-4383, or Cathy Chitko at (715) 478-4367.

## SERVICES OFFERED

### Employment Skills Program -

FCP Economic Support has an employment skills program for tribal members with resources/tools to help them overcome employment barriers. We are here to coach and encourage individuals to recognize their skills and to find occupations related to those skills and interests. This program can assist in:

- A direct connection between DMV to obtain, reinstate and/or find out what is needed in driver's license reinstatement.
- Résumé development and résumé critiquing.
- Mock interviews.
- Work experience within tribal entities.
- Job-seeking skills and employment guidance/mentoring.

Resource Room — we now have two locations within the Family Resource Center (Old Tribal Hall). The room has four computers that are open to the community, and there are two computers located at the Family Service Building in the upper level.

These computers are equipped with the following software to assist in improving your job skills, completing or updating your résumé, brushing up on computer and typing skills, and for completing correspondence:

- Turbo Typing - interactive, fun practice available to increase your hand/eye coordination and typing speed.
- Quick Skills - hands-on, self-paced to learn and enhance your computer skills of Microsoft programs such as Word, PowerPoint, Excel and Access.

• WinWay Résumé Deluxe - it's easy to develop a résumé with more than 14,000 ready-to-use templates, more than 100,000 job-winning phrases and more than 350 different design themes. When complete, the auditor will evaluate your résumé.

• WisCareers Website - career exploration guide and opportunities on computer programs. Complete a variety of assessments based on interests, work values, career skills and workplace skills; help coordinate your work values into an exciting career; check out a variety of technical schools and colleges; use a guided program to set up your portfolio.

The FCP Economic Support staff is also available to assist with any of these computer programs. For additional assistance, please contact us at (715) 478-7206, 7292 or 7295.

## July 2017 Calendar of Events

### Community Health

- 7/19 - The Healing Journey: FCP Museum Lower Level, 6 - 9 p.m.

### Family Resource Center

- Healthy Relationships: Mondays (24, 31), 10 a.m. - 12 p.m.
- Play Shoppe: Tuesdays (25), 11 a.m. - 12 p.m.
- FRC Girls 10-17: Wednesdays (26), 10 a.m. - 12 p.m.
- PIP: Thursdays (27), 10 a.m. - noon.

Open registration for Nurturing Fathers parenting class: 13-week curriculum; two-hour, one-on-one sessions.

Child care is available for all classes except Play Shoppe, which is a parent/child interaction activity. Please RSVP if child care is needed. Call (715) 478-4837 with questions about any programs.

### CHOICES Program

- Youth 10 - 12: Mondays (17, 24, 31), 10 a.m. - 2 p.m.
  - Youth 13 - 17: Tuesdays (18, 25), 10 a.m. - 2 p.m.
  - Youth 7 - 9: Wednesdays (19, 26), 10 a.m. - 2 p.m.
- Youth picked up from home and dropped off when program is done. Call (715) 478-4839 for more info.

### Recreation Department

- Open Gym: Rec Center, Monday - Friday, 7 a.m. - 6 p.m.
- Carter We Care: Monday - Friday, 7 a.m. - 6 p.m.
- Language classes offered at Carter We Care, Monday - Thursday, 9 a.m. - noon.

# PERSONALS

Happy belated 9th

birthday to our

big nephew,

Bryson!

Love, Uncle Marcus

& Auntie Holly



Happy belated birthday to  
Tatianna McGeshick & Treyden Daniels!  
Love, Uncle Marcus & Auntie Holly

"The world is constantly changing. One of the strengths of Indian people has been our adaptability. In today's world, education is what we need to survive. We need doctors, lawyers, teachers, scientists. We can become these things and still live in a cultural way. We need to live in two worlds: the educated world and the Indian cultural world. Education will help protect our land, our people's health, and provide knowledge for our people. We must teach reading, writing, and arithmetic. Also, we must teach the language, the culture, the ceremony, and the tradition of our people."  
-Elder's Meditation of the Day Nov. 10, 2015, Wellbriety Movement



# 1<sup>ST</sup> ANNUAL FOREST COUNTY FESTIVAL A SUCCESS!

by Val Niehaus

Forest County Potawatomi (FCP) and Crandon International Off Road Raceway (CIORR) hosted the 1st Annual Forest County Festival June 30 - July 2, 2017, at the Crandon track.

The festival was a free-of-cost event when it came to admission, non-stop

carnival rides, music, kids' games, truck pulls, school bus races, community exhibits, the Legionnaire Mud Challenge, and a firework display put on by the Crandon Fire Department.

The festival turned out to be an incredible success for pretty much all involved. There were many positive

and complimentary comments heard throughout the community. Families and individuals alike exclaimed what a wonderful time they had with the many different events that were available. All expressed their gratitude to FCP, CIORR, and the Crandon Fire Department for providing such a full, diverse,

and fun weekend for the community to enjoy.

Here's hoping that this first attempt will lead to a bigger, better annual event that the community can look forward to each summer.



bottom two photos by Jeffrey Keeble