Prevention Week 2024 & 7th Annual Recovery Walk



by Val Niehaus

This year's 7th Annual Walk for Recovery was held on May 17, 2024, and started at the Sokaogon Chippewa Community in Mole Lake, Wis., and ended in FCP Community in Crandon, Wis.

After the long week of activities for Prevention Week, the walk is the grand finale for everyone who is in recovery, knows someone in recovery, or is a supporter of recovery. To partake in this 10-mile walk from one reservation to the other shows support for those who are struggling or healing from their addictions.

The day started with prayers, drumming by Yellow Cloud, along with good thoughts and words from guest speaker Mylo Smith and Councilmember Brooks Boyd. Community members shared their stories of recovery and even their own family members' life stories. Participants started

the walk through the Mole Lake reservation, stopping at designated watering and snack stations, leading into downtown Crandon, then up the hill into the FCP Reservation.

The sacred fire at FCP burned for those to offer their medicines into the fire and to say their prayers. FCP Community Youth Coach Evelynn Brown spoke to the youth who participated and told about her close relatives passking of from addictions and bad health. With only she and her daugther left, she said, "There is going to come a time when it's just you and that's all you have. You have to be strong and of a sober clear mind to do what is best for you." Adonis Johnson who is a young FCP community member, "This was my first year participating in this walk and I really had a great time and enjoyed myself. Addiction has been a part of my family and I can see what it does. I love seeing our community come together like this for everyone."

Once finished sharing stories, everyone came together for lunch while others began their duty of keeping an eye on the fire that was lit. The fire has been burning since May 17th and contines as of May 29th. Community members say they will keep that fire burning until they are told to stop within their hearts. If you have any donations of food, water, or even sit-

ting by the fire throughout the night, don't be afraid to stop down.

Many thanks to both tribal communities, the Forest County Sheriff's Department for the escort and for those who participated in the walk, the FCP departments who walked beside people encouraging them to continue their recovery, and to those in the surrounding communities who partook on this day. It takes a whole community to heal and that is what was shown on this day.



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FCP Up & Coming

by Amber Haseman

Potawatomi Farm Tours:

Bodwéwadmi Ktëgan Potawatomi Farm) tours are back by popular demand. Tours will begin May 29, 2024, through Oct. 30, 2024. They will be held on Wednesdays and begin promptly at 1 p.m. in the farm store. Please be sure to wear boots or sturdy footwear. Tours are free and open to the public.

Outdoor Group Walks: Bring your walking shoes and meet with FCP staff at the Community Center entrance for outdoor group walks beginning June 5 through Aug. 28 on Wednesdays at noon. The group walks are weather permitted. In the instance of bad weather, the indoor walking track will be utilized. Earn awesome gear this summer by reaching 100 miles! It is free to attend and all PCC Members, FCP government employees, FCP tribal members and descendants are welcome. No registration is required.

Snoop Dogg: Snoop Dogg is coming to Milwaukee, Wis. He will be performing at the Potawatomi Hotel and Casino June 15, 2024. Purchase your tickets today!

Father's Day Car Show: The Potawatomi Carter Casino and Hotel is hosting a Father's Day Car Show June 16, 2024, from 10 a.m. -3 p.m. The event is free of admission.

There will be cash prizes for registered participants, live entertainment, food, and drinks available. If you would like to register your vehicle in the show, please reach out to Shannon Newcomb at (715) 473-6740 or shannon.newcomb@cartercasino.

Farm to Table Cooking Class: Join Food Preservation Specialist Wenona Siggelkow at Bodwéwadmi Ktëgan (Potawatomi Farm) to prepare the featured meal: chicken cobb salad and zucchini cake. You'll have the opportunity of harvesting fresh produce and learn how to prepare it. The class is free to attend. Children are welcome! There will be activities for the kids during class. Registration is required. Please register today by contacting Trisha Thorbahn at (715) 478-4162 or trishar.thorbahn@fcp-nsn.gov.

FCP Career Exploration Event: Tribal members and descendents 18+ are invited to the FCP Career Exploration Fair June 18-19 in Milwaukee, Wis. The event is sponsored by Potawatomi Venture in partnership with Potawatomi Casino/Hotel and FCP Higher Education. This two-day event will highlight career opportunities within FCP entities and help tribal members prepare for any future careers.

Aqua HITT Class

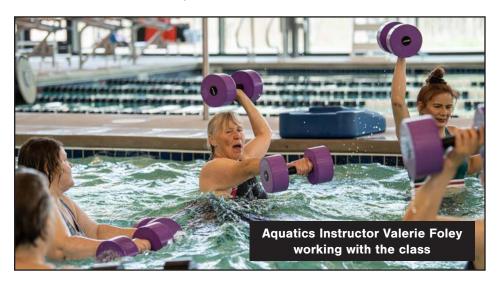
by Amber Haseman

The Potawatomi Community Center Aquatics team held an Aqua HITT (High Intensity Interval Training) class on May 8, 2024, at approximately 10:15 a.m. Group Exercise Aquatics Instructor Valerie Foley taught the class. The purpose of this type of training incorporates short periods of intense exercises alternated with recovery periods.

There was a total of six participants who attended the class and joined the fun. They began choosing weights for the first half of their training. Different exercises were incorporated into a variety of songs such as You're the One That I Want from Grease, Love

Shack by the B-52's, Big Girls Don't Cry by The Four Seasons and more. About halfway through the class, they switched out their weights with noodles for different training techniques.

The class tested their ability, strength, and balance. HITT classes are a great way to lose weight, build muscle, or even boost your metabolism. It is also said that people with chronic health issues that make it difficult to exercise may benefit from this type of training done in a swimming pool. While it may appear more challenging than some exercises, it's an opportunity to challenge yourself in a fun environment.



Committee/Board Members

by Amber Haseman

Newly-appointed committee and board members were sworn in the first and second weeks of May 2024, in the Tribal Court Room of the Executive Building. The members and committees/boards are as follows:

Cultural and Historical Preservation Board: This board runs as a three-year term. The new member for the board is Roberta Alloway. The purpose and duties of those on this board are to preserve and protect the tribal, community, and family histories as FCPC official historic and cultural preservation board. It is important to educate the community about FCPC historic and cultural resources. The board also serves as the advisory counsel for the FCPC Tribal Historic Preservation Officer (THPO).

Education Committee: The Education Committee runs as a three-year term. The new committee members are M'ko Daniels and Skye Alloway. The purpose and duties of the Education Committee is to review monthly reports prepared by the Education Division Administrator and to advise them on issues related to the education of all tribal students. They also work with the administrator to

increase the number of high school and college courses offered locally to tribal members and other students in locations such as the Potawatomi Community Center and other tribal buildings.

Elder Board: The Elder Board runs a three-year term. The new board members sworn in were Charlene White and Frances Shepard. The purpose and duties of the board are to advocate for the interest and concerns of tribal elders and adults with disabilities in the FCPC Elderly Department service area. They'll provide guidance to the department on matters relating to programs that affect the well-being of older adults. The board further assists the department in promoting and expanding services that are appropriate, accessible, and acceptable to tribal

Health Advisory Board: Three members were sworn into the Health Advisory Board including Donna VanZile, Theran Ahtone, and Melissa Gorham. The purpose and duties of the board are to provide recommendations to Executive Council and the Health & Wellness Division

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Deadline for the June 15, 2024, issue of the PT is Wednesday, June 5, 2024.



FCP EXECUTIVE COUNCIL Chairman: JAMES A. CRAWFORD Vice Chairwoman: HEATHER VANZILE

Secretary: AIYANA VANZILE Treasurer: IMMANUEL "MANNY" JOHNSON II Council Members: BROOKS BOYD, DESTINEE ALLOWAY

POTAWATOMI TIMES STAFF

Writers/Photographers: VAL NIEHAUS & AMBER HASEMAN Graphic Designers: KRYSTAL STATEZNY & CHAD SKUBAL

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Committee/Board Members

...continued from pg. 2

Administrator regarding issues related to community healthcare needs and programs available to the tribal community and residents of the surround area. They also provide recommendations for improving and strengthening the quality of services and programs offered by the Health & Wellness Center.

Enrollment Committee: The Enrollment Committee is a three-year term. The new members who were sworn in are Mary Shepard and Virginia Jacobson. The purpose and duties of this committee are to review written applications for adoptions of non-tribal members and make a recommendation to Executive Council on the written applications of non-tribal members for the Executive Council's consideration and determination.

Housing Committee: The Housing Committee is a three-year term. Patrick Daniels was sworn in as a new member of the committee. The purpose and duties of the committee is to recommend improvements to the department programs and policies and recommend them for approval by the Executive Council. Members are

also responsible for recommending improvements to the Homeowner Assistant Program Policies and recommending them for approval. They serve as a community participation resource by conveying the needs and concerns of the community to the department and Executive Council. It is important for the committee to provide confidential advice to the department regarding housing-related compliance issues as well as approving or denying rental applications to the tribes' rental properties.

Land Use Committee: The Land Use Committee runs a three-year



term. Theran Ahtone was sworn in as a new member of the committee. The purpose and duties of this committee include overseeing long-range resource planning by coordinating the preparation of a comprehensive land use plan, approve a plan containing rules and regulations, policies, responsibilities, and other information concerning procedures and guidelines. They're also responsible for gathering and summarizing community input pertaining to environmental review.

Investment Committee: The Investment Committee is a four-year term. The new member for committee



is Alvin Weso III. The purpose and duties of this committee is having the responsibility of monitoring and advising the Executive Council on investment matters, policy and administrative matters of tribal investment assets, funds, and FCP 401K plans. They are also responsible for developing and controlling expenses for investment, record keeping and administration of all tribal investments including the Minor's Trust and 401K plan. The committee prepares, develops, and maintains the investment policy statement and recommends policy revisions to Executive Council.

Tax Commission: The Tax Commission is a three-year term. The member who was sworn in was Jeryl Perenich. The purpose of the Tax Commission is to establish the manner and means for compliance with the Tax Ordinance. They are to set forth the requirements for the administration of taxes and the general tasks and responsibilities of the Tax Commission and its officers.

Let's send a big congratulations and a warm welcome to the newly-appointed members.























Prevention Week 2024

Kickball with Cops

by Val Niehaus

On Monday night of Prevention Week, May 13, 2024, Kickball with Cops was held at the Argonne Park Ball Field, Argonne, Wis.

It was a beautiful night of weather, fun and laughs while all participants, both adults and youth present, teamed up against the Forest County Sheriff's Department. This year was the busiest night they have ever had for this event. The Argonne Fire Department provided a dinner of sloppy joes with the fixings.

The FCP Community Health Department set up an informational booth for those who wanted to learn more about what they do for the community. One of the biggest surprises for the children and adults alike was the LifeLink III Medical flight helicopter. The children loved looking inside this functional helicopter and watching it land and take off when they left.

It was a great evening to partake in something fun that didn't involve alcohol or drugs. The youth who were present were also entered into a drawing, and most won footballs and basketballs.

Thanks to everyone who worked together to make this night possible. Everyone is welcome to a rematch again next year!









Craft Day



by Amber Haseman

Community members and their families gathered at the Potawatomi Community Center on May 14, 2024, at 5 p.m. for an evening of fun, arts and crafts, games and more. After the first two days of events featuring a morning of golf at Nicolet Country Club and kickball with Forest County Sherrif's Department in Argonne, Wis., it was time to settle down indoors and enjoy a little crafting, creativity, and a fun game of cakewalk for a chance to take home a sweet treat.

Adults and children joined in the turf fieldhouse for a fun and competitive game of cakewalk. While there were a few moments of playful competition, there was plenty of treats to go around for participants to take home including cookies, cakes, bars, brownies and much more.

Fire Nation kept visitors enter-

tained throughout the evening. Tables of regalia, porcupine quill baskets, and black ash baskets were on display for everyone to enjoy. After the cakewalk, visitors joined in the classroom for crafts and activities provided by the Forest County Health Department. There were a variety of activities for all ages including Make a Fish, decorating cookie magnets, painting a masterpiece with watercolor paints, make a Pretend Pizza, EZ Beads, and an activity called Roll a Monster.

Overall, it was an enjoyable evening for all community members to come together with their families, enjoy a relaxing time with their children and grandchildren, share stories, laughter, have fun, and reflect on the importance of coming together as a community, all while supporting the meaning behind the week of events.







Prevention Week - Sobriety Feast



by Amber Haseman

Day four of National Prevention Week featured the seventh annual sobriety feast. This year, the feast was held at the Mole Lake Cultural Center on May 15, 2024. Visitors brought dishes to pass and signed up for door prizes and 50/50 raffles. Upon arrival, guests joined in for a fun game of basketball with Fire Nations Ned Daniels and Nick Shepard. While waiting for the meal to be prepared, everyone visited one another and watched the game until dinner was served around 6 p.m. It was time well spent with lots of laughter, smiles, and bonding time.

At the start of the event, Fire Nation performed with an introduction by Native American Comedian and Wellness Speaker Mylo Smith to follow. He welcomed everyone to the event and shared a bit about himself. You may have seen him throughout the week, taking part in the National Prevention Week activities. Lew Boyd continued with the prayer and Jorge Cisneros Sr. provided smudging to visitors before eating.

The feast consisted of a variety of delicious foods including wild rice, carrots, soup, noodle and lettuce salads, potatoes, spaghetti, casseroles,

Waylon Pahona with Tianna Spotted Thunder and Mylo Smith in the background

desserts, chips and more. Smith kept the audience entertained with his humor and proceeded to call out the winners drawn for the door prizes. Prizes included: gift certificates to local business, a yard dice game, weekend passes to Brush Run, Jenga, cornhole, insulated water bottles and more.

After announcing the winners, Smith continued to share about the week and how it is scheduled for community engagement. He shares, "It is designed to help and gain awareness within the community, getting people involved with different activities, getting people out of their comfort zone and having a good time in a good, clean way."

Special guest Waylon Pahona

joined Smith for the evening sharing creative ways of positive reinforcement by lifting each other up even when positive change seems impossible. Pahona is a creator and founder of Health Active Natives. The movement was created as a place for all Indigenous people to come together in health and wellness, not just physically, but emotionally and spiritually.

Pahona created exercises for the audience to participate in. He would begin with having everyone do as he says to do. Then, everyone would have to do the opposite. For instance, if he said to put your arms up, you put your arms down. If he said to stand up, you would sit down. These exercises not only got the group moving, but it got them thinking as well. It wasn't always

as easy as it sounded. It was a great way to boost the energy in the room and get everyone involved.

Following Pahona's presentation, Smith joined again to share his 18th year of sobriety with the audience. He recognized and announced the years of sobriety for those who were present and proceeded with the presentations of recovery/sobriety coins starting at 40 years down to just a few months. Everyone proudly joined together for a group photo.

The event closed with the final presenter of the night featuring Tianna Spotted Thunder. Thunder is a Lakota recording artist and singer. She is a vocalist of many genres but mostly specializes in singing traditional Lakota and Indigenous music. Her vocal range expresses the pride of her identity as a Lakota woman, and she shared that with the group Wednesday evening. It was a beautiful day to come together as a community, enjoy delicious food, share stories and memories, enjoy each other's company, watch some entertainment, participate in activities, and support one another's journey through sobriety.









Community Events

AONCENTAONCENTAONCE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AWARENESS MONTH		SUMM	ER PROC	GRAMS		1
National Alzheimer's Brain Awareness National Men's Health Awareness	Summer Youth Employment June 1: Application Deadline June 13: First day of SYE June 20: Session 1 July 5-6: Education Week July 13: Session 2 July 27: Session 3 August 8 Final Week		Summer Feeding Program (June 10 – August 8) Noon – 1 pm Pick Up Locations: Stone Lake: Gte Ga Nēs Parking Lot Blackwell: The Farm Parking Lot Carter: We Care Parking Lot		Summer Day Camp (June 10 – August 15) Monday – Thursday 7 am – 5 pm	Turtle Workshop 10 am – 12 pm Wabeno Schoo Graduation Day
2	Speed Training (Grades 5 – 12) 4 pm – 5 pm	Powwow Club 4:30 pm – 5:30 pm	5 CDS Coaching Development Series 6 pm - 7:30 pm Computer Basics Class 5:30 pm - 7 pm Language Class 10 am - 12 pm Wabeno School Board Meeting Wabeno High School Library 6 pm	Youth Sports Foundational Training (Agility, Balance, Coordination & Speed- ABC's) Age 12 - 17 4 pm - 5:30 pm	7	8
9	10	11	12	13	14	15
	Speed Training (Grades 5 – 12) 4 pm – 5 pm Crandon School Board Meeting Jaegar Auditorium; 6 pm		CDS Coaching Development Series 6 pm – 7:30 PM Language Class 10 am – 12 pm Laona School Board Meeting Laona Elementary Board Room 5:30 pm	Youth Sports Foundational Training 4 pm – 5:30 pm Elder Box Distribution (After 1 pm)		Cooking & Gardening 11:30 am (Tribal Elders) Color Me Craz 5K & 1-Mile Family Loop 10 am – 2 pm Open to Everyon
16	17	18	19	20	21	22
Father's Day Car Show 10 am – 3 pm Potawatomi Casino Hotel Carter Free Admission to Public \$15 Entry Fee for Cars	Speed Training (Grades 5 – 12) 4 pm – 5 pm Tribal Members & Employee Training (Exceptional Experience Class) 4 pm Executive Building Auditorium	Farm to Table Cooking Class 5:30 pm (Open to Everyone)	Juneteenth Holiday Campus Closed	Youth Sports Foundational Training 4 pm – 5:30 pm Diabetic Luncheon (Alzheimer's & Brain Awareness Lunch & Learn) 12 pm – 1:30 pm	Strawberry Moon Grounding Event 6 pm – 8 pm Brush Run	Brush Run
23	24	25	26 CDS Coaching	27	28	29
Brush Run	Speed Training (Grades 5 – 12) 4 pm – 5 pm Tribal Members & Employee Training		Development Series (Coaching Education) Coaches, Parent- Coaches & Trainers 6 pm - 7:30 pm Conserve to Preserve Night	Youth Sports Foundational Training (Agility, Balance,		

Area Roads, Rivers & Lakes Answers will be in the next issue

ACROSS

- 4. Northwest of Laona
- **8.** This road was the newest road for the housing project back of Carter Casino
- **11.** Hwy. 8 runs west of one side of this body of water
- **16.** This brook runs across Hwy. 8 North to east towards tribal dump site
- 17. Road runs past the FCP Farm in Blackwell
- **18.** This body of water is located west of Nicolet Country Club
- 19. Jeep trail leads right to this small body of water
- 20. Northeast of Laona
- 21. This road runs to the FCP Caring Place

DOWN

- 1. This body of water is south of Crandon
- 2. This road is south of the old Smoke Shop, runs past Arlyn Alloway baseball field
- 3. This body of water is located west of the old gas station across from the Carter Casino5. First road off Hwy. 32 before the housing

project was built in back of the Carter Casino

- **6.** North of the wayside on Hwy. 8 runs through the housing project and turns left
- **7.** This natural stream of fresh-flowing water is north of Nicolet Country Club across Hwy 8.
- **9.** South of Hwy. 8 Johnnie's Resort is near this body of water
- **10.** Jiqinbesek Lane runs east side of this body of water
- **12.** This road is named after the tribe starts at Hwy. W and ends at Hwy. 8.
- **13.** This body of water is attached south to the body of water Johnnie's Resort that is located on
- **14.** The name is this body of water sounds like the name of the last president: _____ Towers
- **15.** North of wayside and runs right through the housing project

Answers from previous issue

- 1. RIDGEAN SESGLSA: Reading Glasses
- 2. ESSTTCEA RDCERROE: Cassette Recorder
- 3. LDIYAHO RNNDSEI: Holiday Dinners
- 4. BGNOI SHIPC: Bingo Chips
- 5. SSOPA: Soaps
- 6. ADCNY: Candy
- 7. RPICE SI HTRGI SWOH: Price Is Rright Show
- 8. TLATIARODNI OSDFO: Traditional Foods
- EELHW CRHAI: Wheel Chair
 ALTS RKPO ISNACWHD: Salt
- Pork Sandwich
- 11. TDSNUERE: Dentures
- 12. OFEFCE PCU: Coffee Cup13. LOD IFHONSA LEOUNHCN
- META: Old Fashion Luncheon Meat
- 14. PRSPLSIE: Slippers
- 15. WRKEAL: Walker
- 16. OYBBB PSIN: Bobby Pins
- 17. GMAEMUR LSEA: Rummage Sale

- 18. INOGB AGB: Bingo Bag
- 19. UPOS: Soup
- 20. YPIPDTI ODO: Dippity Doo
- 21. ETCASTEIGR: Cigarettes
- 22. RFY ABRED RECEIP: Fry Bread Recipe
- 23. RDEABU: Dauber
- 24. SHA YRAT: Ash Tray
- 25. INOC UERPS: Coin Purse
- 26. AGNRD EHINLDCR: Grand
- Children
- 27. HASWOD BXO: Shadow Box
- 28. IAHR OCLOR: Hair Color
- 29. SFRCA: Scarf
- 30. EYLRIWG TIRSAEPMN MGU:
- Wrigley Spearmint Gum
- 31. NOAPR: Apron

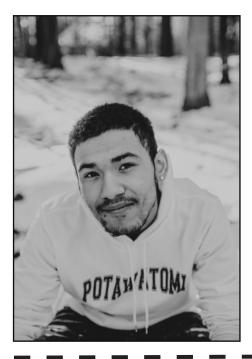




Accommodations will be provided.
This event is for tribal members who are 18+



2024 Graduates



Name/Native American Name: Jeremiah Alloway / Shabgizhek Parents or Guardian Name:

Tina Alloway

School Graduating From:

Wabeno High School

Degree or Certificate:

High School Diploma

Extracurricular Activities/Honors/

Awards:

Football

Future plans:

Culinary Arts

Words of advice for youth:

Dreams don't work unless you do!

Who would you like to thank?:

I would love to thank my brother Elias Saddler for making me finish my

NO **PHOTO PROVIDED** Name/Native American Name: Marie Alloway

School Graduating From:

Academy of Beauty Professionals

Degree or Certificate:

Barbering Technical Diploma

Future plans:

Own my own salon.

Who would you like to thank?:

I would like to thank my tribe Potawatomi for the held with my schooling.



Name/Native American Name:

Rose Alloway

Parents or Guardian Name:

Tanya Alloway

School Graduating From:

Nicolet Technical College

Degree or Certificate:

Automotive Technician

Future plans:

Open my own repair shop.

Words of advice for youth:

Never give up on your dreams!

Who would you like to thank?:

My grandma for always giving me the extra push.



Name/Native American Name: Chelsie Bath

Parents or Guardian Name:

Chris Greening

School Graduating From:

Marquette University

Degree or Certificate:

Masters in Business Management

Future plans:

Working full time as a recruiter for Potawatomi Ventures.

Words of advice for youth:

Take time to educate yourself on things and ideas you think are important. Formulate your own opinions and fight for what you believe is right, not what you've been told is right.

Who would you like to thank?:

I'd like to thank my family for their support and the Potawatomi Ventures team for allowing me to make education a priority while I remain working.



Name/Native American Name: Alexandria Genett Parents or Guardian Name: Steven & Jill Genett

School Graduating From:

Northern Michigan University

Degree or Certificate:

Bachelors of Science in Criminal Justice

Future plans:

My future plans are to go for my Masters Degree in Forensic Science.

Words of advice for youth:

Go outside of your comfort zone and don't worry about what others think

of you. Who would you like to thank?:

I would like to thank my parents Steve and Jill, my brother Gabe, and my fiancé Patrick for all of their support though my college journey. I also want to thank the FCPC for the scholarship I received making it possible for me to continue my education.



Name/Native American Name: Alexis Houle / Eshpemek Parents or Guardian Name:

Sheila & Virginia Jacobson **School Graduating From:**

James E Rogers College of Law Degree or Certificate:

Master of Legal Studies

Extracurricular Activities/Honors/

Awards:

NILSA

Future plans:

Law school.

Words of advice for youth:

Believing in yourself goes along ways. Don't get discouraged when your plans don't go how you originally

Who would you like to thank?:

I would like to thank my Grandma Virginia & Grandpa Jim for instilling the importance of education to me. I would also like to thank the family that shows up to support me.



2024 Graduates



Name/Native American Name: Symone Pemma / Wazhok Parents or Guardian Name: Ruth Mary Pemma School Graduating From: Wabeno High School

Degree or Certificate: High School Diploma

Future plans:

Travel Turtle Island and bring back helpful knowledge.

Words of advice for youth:

Don't expect things to be easy when you come from powerful people.

Who would you like to thank?:

My family and Mrs. Sandy Schuhart for keeping her word and not giving up on us. NO PHOTO PROVIDED Name/Native American Name: Clarissa Skenandore / Nedo Kwe

Parents or Guardian Name:

Cheryl Frank

School Graduating From:

Nicolet College

Degree or Certificate:

Tribal Business Management Certificate & Leadership Essentials

Tech Diploma

Future plans:

AAS in Business Management.

Words of advice for youth:

No matter what, keep going!

Who would you like to thank?: I would like to thank ME.

Flag Raising Ceremony at Crandon School

by Val Niehaus

Forest County Potawatomi (FCP) and the Sokaogon Chippewa Community gathered at the Crandon School District on May 16, 2024, to be part of a Tribal Nation Flag Raising Ceremony.

The event started at about 8 a.m., with school students filing into the gymnasium to watch the ceremony and understand the significance of raising these tribal flags alongside the American flag outside of the school.

Interim District Administrator Kirby Schultz opened the floor by welcoming students, staff, representatives of both tribal nations, and those representing the American Legion. He said, "We are the only school in Wisconsin that has two tribal communities that attend one school together, and that is very significant."

Crandon School Board members then took the floor to welcome all those present. They included School Board member Therese Brokmeier, School Board Vice-President Byran Schallock, and School Board President Melanie Wagoner. Wagoner took the microphone to speak about the importance of showing the representation of both tribes that are attending school at Crandon and that their tribal flags will help in displaying that.

FCP Chairman James A. Crawford then spoke to staff and students. He brought up past times that were once tough for Native American youth attending school at Crandon, but he then turned that into a positive and said, "This day shows things are changing, and that is great to see and be a part of!" Needless to say, Chairman Crawford was very happy about this flag-raising for the tribal youth who attend Crandon School

The drum groups attending this day were Fire Nation from FCP and Young Weber from Sokaogon Chippewa Community. They sang a welcome, honor, and flag song while the FCP Post I Veterans, Sokaogon Chippewa Veterans, and American Legion carried in the flags and staff for the event.

Sokaogon Chippewa Chairman Robert VanZile Jr. spoke next about the significance of this ceremony and explained why things are done the way they are with the veterans, drums, and flags. It is always great to have education thrown into an event like this, so others understand the cultural ways.

The finale involved veterans from both tribes attaching the flags to the poles and raising them high into the sky for all to see. The Crandon school was built in 1991, so it has been 33 years since both flags have flown above. It is great representation and pride showing that Crandon has two sovereign nations attending the district.











FCP Employee Open House

by Amber Haseman

Forest County Potawatomi Government employees joined the Potawatomi Community Center for an Employee Open House event in the afternoon of May 2, 2024. Each department had a booth displaying informational boards, products and services, promotional items, games, activities, quizzes and more. Upon arrival, employees signed in to receive a ticket to complete by visiting each booth.

Once they completed their ticket, they could place it into a raffle for an item of their choice. Raffle items featured four Fitbits, Apple Airpods, farm gift baskets, a jump starter, cultural gift basket, kayak with cart and paddle, an island float, a blow-up kayak, as well as a pharmacy gift basket.

Each department educated employees on the importance of their jobs, their responsibilities, duties, and services offered within their division, and all the benefits it provides to the community and campus.

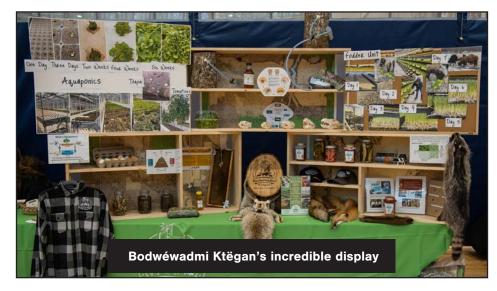
The Cultural and Language division offered employees the opportunity of signing up for library cards if they were interested in doing so. Family Services shared information on their services such as child support and community advocacy. IT offered lotus drinks to visitors and shared information on social engineering, malicious attachments and links, and the dangers of phishing in the work-place.

The Community Center shared flyers of upcoming events, activities, and fitness challenges they are offering for the month. Coach Dixon was behind the scenes working on assessments with those who were interested.

The Communications Division discussed the benefits of using Freshservice and shared tips of creating tickets for requests and where they could find their tickets. Sustainable Foods offered fresh smoothies and recipes for making healthier smoothies at home. Human Resources displayed business cards and let visitors take a guess at home many M&Ms were in the candy jar. The total was 565 M&Ms and Jeremiah Alloway made the lucky guess of 564! Congratulations Jeremiah.

While there are many other tasks and responsibilities divisions do on a day-to-day basis, it was a wonderful opportunity for employees to come together, help create awareness, educate one another, share information, and help teach one another of their divisions and what they offer to the community.

Our campus is very large. Departments and buildings are spread across Forest County. Many employees aren't aware of all we have to offer. It's a great chance for employees to learn more and become self-aware of the community and interact with other employees from different departments.





Communications & Property Management Open House



by Val Niehaus

FCP Communications and Property Management held an open house on May 9, 2024, their new building.

The old recreation building was converted into offices and a warehouse on one side for Property Management while the other side was made into offices, a studio/podcast room, and a production room on the other half for the Communications Division.

This was open to tribal members, their families, and FCP employees. The Bodwéwadmi Ktëgan catered the food, which was delicious and healthy. Visitors could also register for giveaways. Communications and Property Managment employees gave tours to those who visited, and many said the same thing, "It looks so different!"

FCP Chairman James A. Crawford and Councilmember Brooks
Boyd expressed their appreciation for the remodel and for using a building that is still in great shape for another purpose. Both Property Management Manager Courtney White and Communications Director Narciso Tovar said a few words about how great it is having the space and functionality that this brings into their everyday work

lives here at FCP, and they couldn't be more thankful for the help and efforts from the tribe in making this a dream come true.

The departments had some special visitors swing in. The Yurok Fire Department from Northern California were passing through to help the forest service in the area with controlled burns, so they got to enjoy the brats and burgers as well!

Both departments thank everyone who took the time out of their day to see the new renovations, eat the delicious food, and visited with the staff.



If anything is ever needed, they can be contacted at these numbers: Communications (715) 478-7498 and Property Management (715) 478-7269.

No Mow May: Why it's Important



submitted by Environmental Educator Leah Bell

Now that May is over, some of us may enjoy seeing just the lush green grass without those lovely yellow dandelion heads. Some people may have already mowed the grass once or twice this spring, but throughout the FCP Campus we did not fire up a lawn mower during May. Why? We wanted to do our part to help pollinators by providing food in the form of flowers and their nectar.

Pollinators include a number of different animals including bees, butterflies, birds, bats, and more. Their name may be somewhat misleading as pollinators are not after the pollen on flowers, but the sugar-rich nectar in the bottom of the flower. Just like us humans, they like sweet sugary foods, too. Plants produce this liquid for the purpose of attracting insects and animals to help spread their pollen.

While nuzzling around the petals, pistils, and stamens (the reproductive parts) of the flower to drink nectar, pollen rubs off on the pollinator's body. After getting their fill from one flower, they travel to another. In flight, or on the next flower stop, this pollen can fall off or rub off onto the reproductive parts of a different flower. This process of pollination (transfer of pollen on stamens to pistils containing ovules) is essential to reproduce more plants in the following year or months

to come.

So why let dandelions grow when we don't want more "weeds" in our lawns? By leaving the grass and other plants to grow, they can produce flowers to help feed pollinators. Some may say, "But I'm allergic to bees, so this isn't helpful to me!" It may be riskier to leave a yard full of flowers growing, but think about your garden or the fruits and vegetables you enjoy eating...

All plants we consume need to complete a full life. Before the plant produces the part we eat, it grows flowers, and those flowers eventually turn into fruits or vegetables. So, flowers are kind of a big deal, bigger than showing your sweetheart how much you love them with a bouquet on Valentine's Day.

Even more of a big deal than flowers are bees. According to USA Facts, bees are responsible for 80 percent of flower pollination. Not only do flowering plants look pretty, but agriculture relies on flowers and bee power, too. About \$15 billion in agricultural products are pollinated by bees every year.

Flowers, pollination, and pollinators are essential to humans' persistence on Planet Earth. By letting dandelions and other weeds grow in our lawns, we are providing pollinators a greater chance of finding the food they need and promoting growth of

more plants, even if they are dandelions. Just think of how plentiful your garden could be if you let more wildflowers grow around it!

Around Wisconsin, our major pollinators are ruby-throated hummingbirds, bees, and butterflies. Each of these species possesses special adaptations to help retrieve sweet nectar out of flowers.

Hummingbirds may be the most eye-catching of our pollinators. The ruby-throated hummingbird can visit more than 1,000 flowers in one day according to the American Bird Conservancy! Their wings beat between 60-80 times per second, plus the shoulder joints allow wings to rotate 180 degrees which gives humming-birds backwards and stationary flight capabilities. Their long slender beak houses an even longer tongue to reach nectar in the bottom of flowers.

Bees may hold the title as the most important of the insect pollinators. They rely almost solely on nectar for food which they then use to make honey. Some bees use pollen as a food source in addition to nectar. Like hummingbirds, bees have long tongues to capture nectar and hairy bodies that capture pollen. Tapping into a spectrum of light humans cannot see, bees and hummingbirds

can see ultraviolet light which guides them to nectar patterns we cannot perceive according to Britannica. Wisconsin hosts over 400 different species of bees, but there are about 14 species that are most common. Some of which include honeybees, bumble bees, leafcutter bees, masked bees, and squash bees.

Another reason for the importance of No Mow May is that our bee pollinator populations have seen marked declines in the more recent past. USA Facts reports that all bees suffer from parasites, pesticides, habitat loss, and more negative impacts. Honeybees' biggest adversary are Varroa mites followed by other pests and parasites. They receive the most attention about population declines due to their commercial use in agriculture, and thus populations declines have been slowed. Wild/native bees are not so lucky and fall prey to Colony Collapse Disorder which is not well monitored according to USA Facts.

So whether you participate in No Mow May, plant more flowers around your house or make a bee home for bees to shelter in during stormy weather, keep our pollinator friends in mind. They help us out more than we know.





Bridging Healthcare Gaps: The Vital Role of Telehealth Services in Tribal Communities

submitted by FCP Tribal Member Kevin Allis

One of the important policy priorities that the Forest County Potawatomi Community (FCPC) is advocating before Congress in Washington D.C., is the continued availability of telehealth services. Before this nation experienced the pandemic, telehealth services were not something tribal communities could utilize fully when delivering healthcare services. Currently there are a couple of bills that address this issue, and if passed would make telehealth services a long-term reality.

In the vast and diverse landscape of healthcare, few communities face as many challenges accessing quality care as tribal communities. Geographical remoteness, limited infrastructure, cultural barriers, and historical disparities have created formidable obstacles to healthcare access and delivery. However, amidst these challenges, telehealth services emerge as a beacon of hope, offering a transformative solution to bridge the healthcare gap and improve the well-being of tribal members.

Breaking Barriers of Distance

One of the most significant challenges facing tribal communities is their remote locations, often far from healthcare facilities. For many, the nearest hospital or clinic can be hours away, making routine check-ups, specialist consultations, and emergency care unfeasible. Telehealth services overcome this barrier by bringing

healthcare directly to individuals' homes through virtual consultations, remote monitoring, and digital health platforms. With a simple internet connection, tribal members can access a wide range of medical services without the need for arduous travel, thereby improving convenience and promoting regular healthcare utilization.

Culturally Sensitive Care

Cultural competence is paramount in healthcare delivery, particularly in tribal communities where traditional beliefs, values, and practices are deeply ingrained. Telehealth services offer a unique opportunity to deliver culturally-sensitive care by connecting patients with providers who understand their cultural background and respect their traditions. Through virtual visits, tribal members can engage with healthcare professionals who appreciate the importance of cultural context in diagnosis, treatment, and decision-making, fostering trust and enhancing the overall patient experi-

Overcoming Infrastructure Limitations

Many tribal communities grapple with inadequate healthcare infrastructure, including shortages of medical facilities, equipment, and personnel. Telehealth services can help overcome these limitations by leveraging existing technology to deliver healthcare remotely. Whether through video consultations, mobile health apps, or remote monitoring devices, telehealth

enables healthcare providers to extend their reach beyond physical boundaries, delivering essential services to underserved areas. By maximizing the use of limited resources, telehealth empowers tribal communities to address healthcare disparities effectively.

Improving Health Outcomes

Access to timely and appropriate healthcare is essential for improving health outcomes and reducing disparities in tribal communities. Telehealth services play a pivotal role in achieving these objectives by facilitating early intervention, chronic disease management, and preventive care. Through remote monitoring and virtual consultations, healthcare providers can closely monitor patients' health status, detect potential issues sooner, and intervene promptly to prevent complications. By promoting proactive healthcare engagement, telehealth empowers tribal members to take control of their health and well-being, leading to improved outcomes and a higher quality of life.

Addressing Mental Health Needs

Mental health disparities are a pressing issue in tribal communities, exacerbated by historical trauma,

socioeconomic challenges, and limited access to mental healthcare services. Telehealth offers a promising avenue for addressing these needs by increasing access to culturally competent mental health support. Through virtual counseling sessions, telepsychiatry, and peer support networks, tribal members can access mental health services from the privacy of their homes, reducing stigma and overcoming barriers to care. By integrating mental health into telehealth initiatives, tribal communities can promote holistic well-being and resilience across generations.

In the journey towards health equity, the FCPC understands that telehealth services stand as a powerful tool for improving healthcare access, delivery, and outcomes in tribal communities. By leveraging technology to overcome geographical, cultural, and infrastructural barriers, telehealth brings healthcare directly to the doorsteps of those who need it most. As we continue to harness the potential of telehealth, it is essential to prioritize collaboration, community engagement, and cultural humility to ensure that these services meet the unique needs and aspirations of tribal communities.



Attention - Tribal Members

If you have questions, concerns, or ideas you would like to share with Potawatomi Ventures, please contact Alex McCorkle, the Tribal Relations Coordinator.

She has an office located at the FCP Communication/
Property Management Building (5442 Everybody's Rd., Crandon, WI 54520)

Email: alexandria.mccorkle@potawatomiventures.com Office Phone: 1 (414) 363-3850 Cell: 1 (715) 889-2349 text or call

Remember to Like and follow us on Facebook @ https://facebook.com/PotawatomiVentures



Engaging with the Elder Community



submitted by Tribal Relations Coordinator Alex McCorkle

On May 3, 2024, Potawatomi Ventures (PV) hosted breakfast at the Potawatomi Casino for the tribal elders which coincided with their visit to Milwaukee for the Casino Sportsbook grand opening. It was not just a breakfast gathering, but an invitation to have a transparent dialogue between the PV leadership team and elder community.

It was carefully planned between the PV Tribal Relations Coordinator Alexandria McCorkle and Forest County Potawatomi (FCP) Elder Services Coordinator Jenna Paradies, to ensure that the elders felt they were respected, valued, and, most importantly, fed before they returned home

COO Jeff Johnson and CFO Paul Hoesly introduced the Board of Directors that were in attendance followed by presenting a slideshow that helped explain PV, the subsidiaries, as well as why PV has launched a new name and brand, formally known as Potawatomi Business Development Corporation. They engaged in meaningful conversations during breakfast, and at any time they encouraged the elders to ask questions and provide suggestions, in which all feedback was not only valuable but also inspiring. Furthermore, as a token of appreciation, PV was able to distribute swag with the newly-branded logo and tag line "Brighter Together." We are pleased to collaborate with the elder department and look forward to future events. The recent roundtable had the highest attendance of any roundtable yet!

The Elder round tables started as an inclusive space where membership

could share their thoughts, concerns, and ideas openly. With the first few hosted at the FCP Community Center, it was noticed that attendance could be improved. The PV team did not lose hope. Instead, they regrouped and shifted the approach, determined to build a positive connection with the membership. This event has inspired the team to continue exploring new ways to be flexible and embracing opportunities that can help accommodate membership for our future events.

PV looks forward to expanding this collective effort, involving more tribal departments to create a positive impact within the community. We urge the community to stay tuned for announcements for future events. Should you have any inquiries please reach out to Mrs. Alexandria McCorkle, the dedicated tribal relations coordinator, at alexandria.mccorkle@potawatomiventures.com Phone 715-889-2349

Greenfire Management Services Wins Local Awards

The Daily Reporter

The Daily Reporter celebrated its 25th Annual Top Projects awards event on Thursday, May 16, 2024, at the Ingleside Hotel in Pewaukee, Wis., with more than 450 business leaders in attendance to honor 50 of the Top Projects of 2023. Greenfire brought home four awards from The Daily Reporter's Top Projects Awards! #BuildersOfTheFuture

The Four (4) Greenfire awarded projects:











2024 Mayors Design Award

The Wgema Campus Master Plan + Renovation was selected to receive a 2024 Mayors Design Award, which they were honored to accept on May 17, 2024. This award honors projects that add value to the neighborhood and contribute to the character of the surrounding area. The Mayer's Design Award has recognized design excellence throughout Milwaukee since 1997.





June Is Elder Abuse **Awareness Month**

submitted by FCP Family Services

Elder abuse is most often perpetuated by a caregiver or "trusted" individual. Most victims are dependent on their abuser for basic needs.

Types of Elder Abuse

- Physical
- Emotional
- Sexual
- Financial Exploitation
- Caregiver Neglect
- Self-Neglect

How can we Prevent Elder Abuse in our community?

- Listen to older adults and their caregivers to understand their challenges and provide support.
- Educate oneself and others about how to recognize and report elder abuse.
 - Learn how the signs of elder

1/2 OF INDIVIDUALS WITH DEMENTIA **WILL SUFFER MISTREATMENT**

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abuse differ from the normal aging

- Check-in on older adults who may have few friends and family members.
- Provide over-burdened caregivers with support and outlets intended to promote emotional well-being.
- Encourage and assist persons (either caregivers or older adults) having problems with drug or alcohol abuse in getting help.

Community Advocacy 24/7 Crisis

Line: (715) 478-7201

Forest County Social Services: (715) 478-3351

Resources:

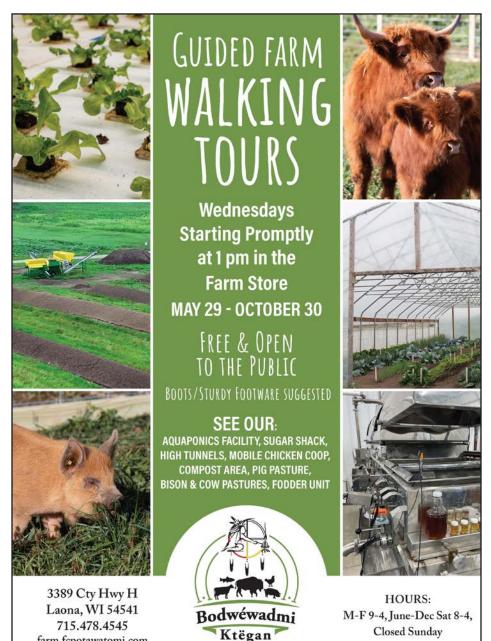
https://ncea.acl.gov/elder-abuse#gsc. tab=0

https://www.apa.org/topics/aging-older-adults/elder-abuse



1 IN 10 OLDER AMERICANS WILL EXPERIENCE SOME FORM OF ELDER MISTREATMENT















Elder Menu

JUNE 2
Breakfast: Mexican omelet,
hash browns
Lunch: Baked fish
Dinner: Chicken breast roasted
veggies

JUNE 3
Breakfast: Oatmeal w/ berries
Lunch: Chicken salad
Dinner: Fried smelt

JUNE 4
Breakfast: Egg and sausage
Lunch: BBQ chicken wings
Dinner: Meatloaf

JUNE 5
Breakfast: Biscuits & gravy
Lunch: Chicken alfredo
Dinner: Elk tenderloin

JUNE 6
Breakfast: Crust-less ham & cheese quiche
Lunch: Beef barley soup
Dinner: Cold ham sandwich

JUNE 7
Breakfast: Fried eggs,
cinnamon rolls
Lunch: Roasted turkey
Dinner: Mac soup, bologna
sandwich

JUNE 8
Breakfast: French toast
Lunch: Country fried steak
Dinner: Turkey hot dog

JUNE 9
Breakfast: Scrambled eggs,
sausage
Lunch: Pork tenderloin
Dinner: Buffalo burger

JUNE 10
Breakfast: Cold cereal
Lunch: Baked chicken breast
Dinner: Mediterranean shrimp

JUNE 11 Breakfast: Breakfast burrito Lunch: Baked pork chop Dinner: Chicken chimichanga

JUNE 12
Breakfast: Oatmeal, sausage
Lunch: Pheasant turkey
sausage
Dinner: Turkey tetrazzini

JUNE 13
Breakfast: Fried eggs, hash
browns
Lunch: Baked potato soup
Dinner: Mandarin salad

JUNE 14
Breakfast: Cream of rice,
sausage
Lunch: Trout
Dinner: Hot ham & cheese

June 15
Breakfast: Pancakes
Lunch: Bison pot roast
Dinner: Tomato soup & grilled
cheese







