Potawatomi Gathering 2024

by Val Niehaus

The 30th Annual Potawatomi Gathering happened this year in Dowagiac, Mich., on July 29 – Aug. 3, 2024. This year's gathering was hosted by the Pokagon Band of Potawatomi Indians, who were more than openhearted to the rest of the tribes visiting their homelands during this week.

The week kicked off with the Bodwéwadmimwen Mawtheshnowen Potawatomi Language Conference, which brought together each tribe's top language directors, specialists, teachers, interns, and apprentices from each band of the Potawatomi tribes. Those in attendance from the FCP tribe were President of Bodwéwadmimwen Ethë ték/FCP Museum Director Donald Keeble, FCP Language Manager Owen Shepard, and FCP Language Specialist Jeffrey Cisneros. In doing this conference each year, everyone learns new ways of teaching new words or phrases, and it's a chance to know how each tribe has been implementing the language into their lives every day.

Once the language conference is over, cultural workshops, family-friendly events, recreational sports, art shows, and entertainment activities begin and continue through the end of the week until the powwow that closes the week.

Herb Daniels Jr., Shaunnebne Daniels and Ahshoni Daniels offered their medicine bag workshop to those who wanted to learn the assembly and traditions of making medicine bags; specifically, in this demonstration, they made what was called a "trick pouch." While making these pouches, Ahshoni spoke about the importance of nen séma to the Forest County Potawatomi community to those in attendance. Overall, 180 pouches were made! It was great seeing that other Potawatomi members wanted to take

in the history of what the Daniels' were telling and teaching while making these pouches.

Other workshops included during this fast-paced week were beading, feast bags, finger weaving, ribbon work, applique design, corn husk dolls, and cattail mats, to name a few. Games included hand games, moccasin game and other traditional games. There was a golf and basketball tournament and a tent for the children, where tie-dying, beading crafts, and wind chime-making were performed.

Not only are there benefits of learning from the cultural workshops, but there are many sit-in classes to learn information. Some of these classes included garden visits, storytelling, turtle education, ribbon work history and technique, and a Dowagiac River restoration walking site

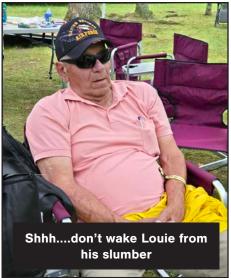
Like every year, the gathering ends with a powwow for those in attendance to dance, share stories, and share time together as a tribe. The powwow started Friday evening and continued into Saturday. On Friday evening, young ladies signed up if they wanted to compete for the crown of Miss Potawatomi. This is a very distinguished crown and title to be held as the young woman chosen during this time will represent all of the nine Potawatomi bands throughout the year at powwows, local communities, and in their own community. Five young ladies competed for Miss Potawatomi, including two of our own — Nem Ki Kwe Daniels and Lovey VanZile. When all the dancing and speaking were done and the judges made their final decisions, the winner of Miss Potawatomi was our very own Lovey VanZile! The FCP community is so honored to have this title here within the tribe, and everyone is extremely proud of VanZile, who will do great things this coming year to represent her tribe and family.

Even though it was extremely hot and muggy, this year's gathering was a fantastic opportunity to meet up with old friends, see family that may not be seen every day or month, and learn and experience the rich culture of the Potawatomi people. Migwétth to everyone involved in setting up this year's gathering and mainly to those who helped our FCP elders get to the gathering and return safely home. The family service crew of Jenna, Sara, Carl, Molly and Luke did not go unnoticed.

We at FCP are looking forward to having the Match-E-Be-Nash-She-Wish Band of Pottawatomi Indians, a.k.a. Gun Lake Tribe of Potawatomi, host next year's gathering from July 28 to August. 3, 2025. We hope it's as great as this year's just a tad of coolness thrown into the weather. See you all then!













FCP Up & Coming

by Amber Haseman

Labor Day: Campus will be closed on Sept. 2, 2024, for holiday - Labor Day.

Manoomin Camp: Learn how to harvest and process manoomin by elders and families who have harvested for generations. Join at the Potawatomi Community Center September 11 from 3:30-6 p.m. to learn the fanning and parching process. Join at Little Rice Lake September 12 from 3:30-6 p.m. to harvest rice on the lake with push poles and rice sticks. To sign up, please visit the Community Center front desk or online at PotawatomiCC.recdesk.com.

Birch Bark Canoe Launch: The Birch Bark Canoe Launch has been rescheduled to September 14.

Spirit Warrior Run: Let's bring the community together with people from all walks of life through walking, running, dancing, drumming and more. You will leave having experienced something new and unique. The first annual Forest County Spirit Warrior Run is September 14 and features a half marathon, half marathon relay, and a 3k fun loop. The event will be held at the Lincoln Town Hall at 5376 County Rd. W, Crandon, Wis. Join

8-9 a.m. for registration and to pick up your race packet. The prayer will be at 9 a.m. before the start of the half marathon. The half marathon relay begins at 9:30 a.m. and the 3k fun loop begins at 10 a.m. There will be food, music, dances, drumming, informational booths and activities from 8 a.m. - 2 p.m. The event is open to everyone and spectators are welcome. Please register by Sept. 1, 2024, at https://potawatomicc. recdesk.com/community/program/ detail?programid=282. For more information, contact Desiree Marten at (715) 478-6512 or desiree. marten@fcp-nsn.gov.

Frybread Showdown: Save the date! The annual Frybread Showdown is September 21 at the Community Center Classroom. More information to come.

Farm to Table Class: The next Farm to Table Cooking Class is Sept. 24, 2024, at 5:30 p.m. The featured meal is Eggplant Lasagna with crusty bread and fruit galette. The class is open to everyone and free to attend. Registration is required. If you're interested, please contact Trisha Thorbahn for more information or to register at (715) 478-4162 or trishar.thorbahn@fcp-nsn.gov.





Deadline for the September 15, 2024, issue of the PT is Wednesday, September 4, 2024.



FCP EXECUTIVE COUNCIL

Chairman: JAMES A. CRAWFORD

Vice Chairwoman: HEATHER VANZILE

Secretary: AIYANA VANZILE
Treasurer: IMMANUEL "MANNY" JOHNSON II
Council Members: BROOKS BOYD, DESTINEE ALLOWAY

POTAWATOMI TIMES STAFF

Writers/Photographers: VAL NIEHAUS & AMBER HASEMAN Graphic Designers: KRYSTAL STATEZNY & CHAD SKUBAL

Potawatomi Times (PT) is a twice-monthly publication of the Forest County Potawatomi Community. Editorials and articles appearing in the PT are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the PT staff or the FCP Community. PT encourages the submission of "Letters to the Editor". All letters must include the signature, address and telephone number of the author. Letters are subject to editing for grammar, length, malicious and libelous content. The PT reserves the right to reject any advertising, materials or letters submitted for publication. The submission of articles, poetry, artwork and photos is encouraged. The Editor makes the sole decision of what is published in the PT and will not assume any responsibility for unsolicited material nor will the PT guarantee publication upon submission. PT will not guarantee publication of materials submitted past deadlines posted in the PT. No part of this publication may be reproduced without the written consent of the Editor.

FCP Signs a Landmark Compact with DOT



by Val Niehaus

The Forest County Potawatomi (FCP) tribe had a historic day on Aug. 19, 2024, in Milwaukee, Wis. This day brought the signing of a landmark self-governance compact with the U.S. Department of Transportation (DOT). FCP is the fourth tribe in the country, and the only tribe in Wisconsin, to have this agreement with the U.S. DOT.

The compact is designed to enhance the tribe's self-governance by giving them more control over their decision-making processes, which allows the tribe to respond more effectively to their specific needs and priorities. This agreement is noteworthy because it reflects the tribe's involvement in managing and improving transportation systems on their lands and aligns with their sovereignty and self-governance initiatives.

FCP Executive Council was at the signing of the momentous agreement with the DOT along with Assistant Secretary for Tribal Government Affairs Arlando Teller.

FCP Chairman Crawford spoke about how remarkable and significant this was for the tribe. He said, "This compact with the United States Department of Transportation empowers us to take control of critical transportation infrastructure needs facing our community. The ability to customize efforts in this area will have a substantial impact across the board by allowing us to effectively address

other critically important areas such as healthcare, education, natural resource management, and economic development. It allows us to design programs and services tailored to our specific needs, culturally appropriate, and rooted in our values. It moves us away from the one-size-fits-all approach that has often been imposed upon us and places decision-making back in our hands, where it belongs."

Assistant Secretary Teller said, "Our tribal nations are incredibly important partners in our mission to ensure that we have a safe and reliable transportation system in this county. This agreement will further enhance the Potawatomi's ability to develop a sustainable infrastructure system that benefits the tribe and the community."

Chairman Crawford and Assistant Secretary Teller then signed this agreement together and shook hands for the good fortune this will bring to the tribe in the future.

As Chairman Crawford said in closing, "Let us remember that a self-governance compact is not just about reclaiming power — it is about restoring balance. It is about honoring the legacy of our ancestors, protecting our lands, and nurturing the next generation. It is about building a future where our children and grandchildren can live in thriving communities that reflect our values, our culture, and our vision for the future.



(I-r) Potawatomi Princess Lovey VanZile, Council Member Brooks Boyd, Secretary Aiyana VanZile, Treasurer Manny Johnson, Assistant Secretary Teller, Chairman James A. Crawfrod, Council Member Destinee Alloway, Vice Chairwoman Heather VanZile, FCP Grants Manager Cara Kulhanek and FCP Roads Program Manager Todd Mulvey

by Amber Haseman

A week of fishing, local tours, culture, campfires and stories has come to an end for the FCP Community after the annual visit from their Korean family. The week wrapped up with the fifth annual Cultural Exchange Night which took place at the Potawatomi Community Center on Aug. 7, 2024, at 5 p.m. It was an eventful evening celebrating two cultures coming together through food, stories, art, music and dance.

The event was open to FCP tribal members, descendants and their families, employees and their families, as well as Community Center members. Upon arrival, guests enjoyed homemade Korean snacks such as shaved ice and fish waffles. As everyone gathered in the cafeteria, the meal was prepared featuring buffets of Korean and Potawatomi foods.

The Korean buffet featured a variety of unique foods special to their culture. The menu consisted of Bulgogi – marinated beef with soy sauce, sugar, sesame oil and seasoning; Japchae – a starch noodle dish with meat and vegetables; cucumber shrimp salad seasoned with vinegar, sugar and mustard; Kkanpunggi - fried chicken wings with garlic, sweet and sour spicy sauce; Kimchi – fermented napa cabbage seasoned with chili powder, garlic, ginger and salted seafood seasoning; crab pancakes consisting of imitation crab meat mixed with eggs and vegetables; and Mandu - a Korean style dumpling with pork and

The Potawatomi buffet featured a classic feast with walleye, fry bread,

mashed potatoes with a variety of meats in gravy, wild rice casserole, cold wild rice with berries, and a variety of cake for dessert. After a delicious and cultural style dinner, everyone joined in the turf fieldhouse for the cultural performances.

Community Center Director
Brian Tupper welcomed everyone and
introduced the Korean speakers for
the evening. Tupper welcomed Chairman James A. Crawford to share a few
words. Chairman Crawford thanked
everyone for coming and shares how
he looks forward to all the performances. He proceeded to recognize
council members who were in attending for the evening including Vice
Chair Heather VanZile and Secretary
Aiyana VanZile.

The Koreans kicked off the night with traditional dances. Their first dance symbolized a butterfly as the women beautifully danced in their fancy cultural dresses displaying their vibrant fans. The next performance featured Taekwondo. For those who don't already know, Taekwondo is a Korean martial art and combat sport involving punching and kicking techniques. The group put on an incredible performance unlike anything you'd ever seen. It was a definite crowd favorite.

A saxophonist of 2.5 years performed solo pieces. He performed three arrangements, one featuring a familiar tune of Amazing Grace and a Korean traditional song. Following his musical performance, another solo act took the stage to present a ribbon hat(head) dance. This unique

style of dance is artistically created using headwear with a long ribbon. The performer would dance and move his head in such a way that creating a circular motion of the ribbon as it danced in the air. The next performance featured a choir of eight families including children who beautifully sang a variety of different songs.

Cultural Exchange Night

The Koreans closed their traditions with a group of K-pop dancers. Their upbeat performances were a great way to wrap up their night of culture. The synchronized dancing ended with a familiar international song called "Gangnam Style" which was sure to get everyone of all ages up on their feet. Even Chairman Crawford joined the fun.

While transitioning to the Potawatomi culture, Tupper shared how the Korean families are based in the U.S. in locations of Washington D.C., Milwaukee, and other areas. There were a total of 55 who stayed with the FCP community. Although the team tried getting the Koreans hotel rooms, they insisted on staying at the Community Center with the community members. Tupper continues to share how the group brought an additional 40 of their members for the Cultural Exchange Night, bringing in a total of 90 Koreans for the event.

With that being said, it was time to share the Potawatomi culture with the Koreans. Nick Shepard welcomed them and thanked everyone for attending this year's event along with their incredible performances. He began with the explanation of the drumming ceremony, grand entry,

feather staffs, and how the Veterans would normally lead them, but being it was night time, they won't bring the flags out during the night.

Shepard proceeds to introduce each style of dance as well as the members who displayed the regalia for each category. He shared with the audience how the jingle dress is for healing. It is a medicine dress which helps bless the circle while they dance. He continued to recognize Woodland men's and women's dance and regalia. Following the traditional dances, Shepard invited Korean relatives to the floor for the traveling song.

The remaining evening featured fancy shawl and hoop dance. These were performed by mother and son Michelle and Hunter Reed. Michelle danced in the fancy shawl category and followed with assisting son Hunter with the explanation of hoop dance. Guests were invited to join the floor to learn the dance. While teaching each step, Michelle shared how the hoop is healing and that it represents life. "Starting from the beginning, we live our lives. When you go through the hoop, it represents something you go through in your life." She continues to share, "Although it may not be easy passing through the hoop, you will get through it," much like life itself. It was a beautiful way to wrap up the final dance of the evening.

In closing the final moments of the Cultural Exchange Night, everyone was welcome to join the circle for the travel dance. Gifts were gifted to the Koreans for traveling and spending their week with the community.













Executive Council Gift Exchange





by Amber Haseman

The Forest County Potawatomi Executive Council met with the Korean Council at approximately 10:30 a.m. on Aug. 8, 2024, for their gift exchange. They joined together at the Executive building to show their appreciation for sharing each others

culture, stories, and much more with one another. Chairman James A. Crawford had the honor of presenting Pendleton blankets to two of the members. It was a joyous occasion as the Koreans wrap up their time with the FCP community.





Back to School Event



by Val Niehaus

This year's Back-to-School Event, held on Aug. 14, 2024, at the FCP Health & Wellness Center, was nothing less than amazing for the number of parents and students who showed up to partake on this day. An estimated 500 people were in attendance



throughout the time of this event.

This was open to the public, with parents and students coming to receive their backpacks filled with school supplies on a first-come, first-serve basis. Not only did the children receive their supplies, there were educational booths, activities, and giveaways to those in attendance.

This event was great for those who may have felt the financial burden of buying their children's school supplies this year.

If parents were interested, they could also get their child's vaccinations, knocking out two birds with one stone.

This was a great event for those needing to get their children ready for the back-to-school year, and we hope everyone has a happy and safe year! Migwétth to all who helped set this event up and make it work for the students.

Crandon School District Visits FCP Community



by Amber Haseman

New staff and teachers of Crandon School District joined the Forest County Potawatomi Community on Aug. 8, 2024, at approximately 11:15 a.m. for tours of campus buildings including the Community Center, Museum, and Administrative build-

ing. Since the school district will be working with the FCP youth, the district wanted to bring in the staff for a tour and to get more familiar with the community. Following their visit, they traveled to Sokaogon Chippewa community to do the same.



The Importance of Tribal Self-Governance Compacts with the Federal Government

submitted by Kevin Allis (FCP Tribal Member, Grandson of Harry Ritchie), President of Thunderbird Strategic LLC, Former CEO of the National Congress of American Indians

The Forest County Potawatomi recently became one of only four tribes in the entire nation to enter into a self-governance compact with the U.S Department of Transportation (DOT). This is historic and will now allow the tribe to utilize critically important DOT funds in a manner of its own choosing.

Self-governance compacts between Indian tribes and the federal government represent a significant and transformative approach to the management of tribal affairs. These agreements, rooted in the principles of sovereignty and self-determination, allow tribes to take greater control over their governance, resources, and programs. For many tribes, entering into a self-governance compact is a crucial step toward achieving true autonomy and ensuring their unique cultural and community needs are met. This article explores the importance of these compacts and their impact on tribal sovereignty, economic development, and cultural preservation.

Empowering Sovereignty and Self-Determination

The cornerstone of a self-governance compact is the recognition of a tribe's inherent sovereignty. Sovereignty is the right of tribes to govern themselves and make decisions about their people, lands, and resources. For centuries, federal policies sought to diminish this sovereignty through forced assimilation and paternalistic oversight. However, the self-governance compact reverses this trend by affirming a tribe's right to self-determination.

Through a compact, a tribe can

assume responsibility for managing federal programs that were previously administered by federal agencies. This includes programs related to health, education, housing, and economic development. By controlling these programs, tribes can tailor them to better align with their specific needs and priorities rather than adhering to a one-size-fits-all federal model. This shift in control not only enhances the effectiveness of these programs but also reinforces the tribe's authority and governance capabilities.

Promoting Economic Development

Economic development is a critical area where self-governance compacts can have a profound impact. Many tribes face significant economic challenges, including high unemployment rates, limited access to capital, and underdeveloped infrastructure. A self-governance compact allows tribes to prioritize economic initiatives that can spur growth and create jobs within their communities.

With the ability to manage federal funds and programs, tribes can invest in infrastructure, education, and job training tailored to their specific economic goals. Additionally, tribes can use these resources to attract businesses and create partnerships that drive sustainable economic development. By fostering economic self-sufficiency, tribes can reduce their reliance on federal assistance and build a stronger foundation for future generations.

Preserving Culture and Identity

Cultural preservation is another critical aspect of self-governance compacts. For many tribes, the preservation of language, traditions, and cultural practices is paramount to their identity and survival. Federal programs often fail to address the unique





cultural needs of tribes, leading to the erosion of traditional practices and languages.

Through a self-governance compact, tribes can design and implement cultural preservation programs that reflect their values and traditions. This includes language revitalization initiatives, cultural education programs, and the protection of sacred sites. By taking control of these efforts, tribes can ensure that their cultural heritage is passed down to future generations and remains a vibrant part of their community life.

Enhancing Government-to-Government Relationships

Self-governance compacts also play a crucial role in enhancing the government-to-government relationship between tribes and the federal government. These agreements are not just administrative tools; they are symbols of mutual respect and collaboration. By entering into a compact, the federal government acknowledges the tribe's sovereignty and its capacity to manage its own affairs.

This relationship is built on trust, with both parties working together to achieve common goals. The compact process involves negotiation and ongoing consultation, ensuring that the tribe's voice is heard and that their needs are met. This collaborative approach strengthens the partnership between tribes and the federal govern-

ment, leading to better outcomes for tribal communities.

Conclusion

The importance of self-governance compacts for Indian tribes cannot be overstated. These agreements empower tribes to exercise their sovereignty, promote economic development, preserve their culture, and enhance their relationship with the federal government. For tribes, a self-governance compact is not just a legal agreement; it is a powerful tool for self-determination and a pathway to a stronger, more resilient future. As more tribes enter into these compacts, the positive impacts on tribal communities will continue to grow, contributing to a more just and equitable society for all. The FCP, entering into a self-governance compact with DOT, led by the vision of our tribe's leadership, takes the recognition and power of our sovereign powers to a new level, and long term it will strengthen our tribal community.

Word search puzzle answers from previous issue. Puzzle will resume in next issue.



Community Events SEPTEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
55th Polaris Crandon World Championship Races® & Red Bull Crandon World Cup	Holiday Campus Closed Labor Day	Gte Ga Nes Preschool First Day of School 8:30 am – 1 pm Crandon First Day of School for Students	Pontoon Ride for Elders 10 am Boom Lake Rhinelander Language Class 10 am – 12 pm Wabeno School Board Meeting Wabeno High School Library 6 pm	5	Basswood Cordage Workshop 8 am – 5pm Lovin' Country Potawatomi Casino Hotel Carter 7 pm – 11 pm	Lovin' Country Potawatomi Casino Hotel Carter 7 pm – 11 pm
8	Grandon School Board Meeting Jaegar Auditorium 6 pm Crandon First Day of School for 4K (Monday –Tuesday)	10	Informational Budget Meeting 1 pm (Museum) 5 pm (We Care) Laona School Board Meeting Laona Elementary Board Room 5:30 pm Language Class 10 am – 12 pm Crandon First Day of School for 4K (Wednesday –Thursday)	Informational Budget Meeting 5 pm (Wausau) Pontoon Ride for Elders 1 pm Boom Lake Rhinelander Farm to Table Cooking Class 5:30 pm (Open to Everyone)	13	Spirit Warrior Run (Lincoln Town Hall) 8 am
15	16	17	Informational Budget Meeting 5 pm (Appleton) LFPA Food Distribution Language Class 10 am - 12 pm Sobriety Feast 6 pm	Conserve to Preserve Night 5:15 pm Diabetic Luncheon 12 pm - 1:30 pm	20 Yoga Retreat	Frybread Showdown 10 am: Booths *Submit Frybread by 11 am* (Community Center Classroom) Special General Council Budget Meeting 1 pm

25

26

WERT LADY CENTRAL CONCERNATION CONCERNATION

29 30

Yoga Retreat

22

Orange Shirt Day (National Day for Truth and Reconciliation)

23

Tribal Members & Employee Training(E² & FCP Values Class)
4 pm Executive Building
Auditorium

Suicide Prevention Month

Farm to Table Cooking Class 5:30 pm

(Open to Everyone)

24

November 2024 Tribal Election Information & Deadlines

27

28

October 7: Caucus; Executive Building Auditorium (7 pm Sharp)
October 10: Campign Material Deadline (Potawatomi Times)
October 15: Special Election Newspaper Deadline (5 pm Sharp)
November 2: Tribal Elections (Vice Chairperson, Treasurer,
Secretary)

■ GENERAL INFORMATION
 ■ COMMUNITY CENTER
 ■ POWWOW GROUNDS
 ■ BODWÉWADMI KTËGAN
 ■ HEALTH & WELLNESS
 ■ MUSEUM
 ■ LOCAL SCHOOLS

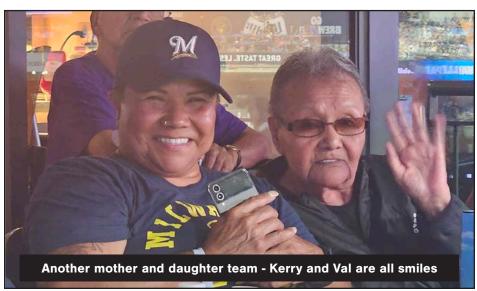
Language Class

10 am - 12 pm

FCP Elders Enjoy a Brewer Game submitted by Elders Services









ELDER MENU

SEPTEMBER 1

<u>Breakfast</u>: Grits, bacon & toast <u>Lunch</u>: Hibachi chicken, fried rice w/ mixed veggies & egg roll <u>Dinner</u>: Pan seared duck breast

SEPTEMBER 2

Breakfast: Fried eggs
Lunch: Sweet and sour
meatballs over rice w/ carrots
Dinner: Ravioli in marinara sauce

SEPTEMBER 3

Breakfast: Sausage, bacon, cheese over hashbrowns Lunch: Baked chicken breast Dinner: Philly sandwiches

SEPTEMBER 4

Breakfast: Scrambled eggs, ham, w/ American fries
Lunch: Chef salad w/ fry bread
Dinner: Cilantro lime chicken
over zucchini noodles

SEPTEMBER 5

Breakfast: Country breakfast skillet w/ boiled eggs Lunch: Boiled dinner Dinner: Chicken salad w/ celery

& grapes on croissant

SEPTEMBER 6

<u>Breakfast</u>: Cream of wheat w/ sausage links

Lunch: Fish fillet w/ sweet

potato salad

<u>Dinner</u>: Three sister soup, spinach side salad

SEPTEMBER 7

Breakfast: Waffles w/ sausage Lunch: Mexican zucchini & beef skillet w/ fresh fruit

<u>Dinner</u>: Chicken & brown rice soup & half turkey sandwich

SEPTEMBER 8

Breakfast: Sausage skillet & scrambled eggs

<u>Lunch</u>: Bison tenderloin w/

fingerlings potatoes

<u>Dinner:</u> Chicken & veggie soup

w/ bologna sandwich

SEPTEMBER 9

Breakfast: French toast w/ bacon & fresh fruit

Lunch: Chicken & garden veggie

sloppy joes

Dinner: Bibimbap bowl

SEPTEMBER 10

Breakfast: Cheese & sausage omelet w/ fresh fruit Lunch: Beef stew over biscuit Dinner: Shrimp tacos w/ Mexican rice & fresh berries

SEPTEMBER 11

Breakfast: Fried eggs, hash browns & sausage
Lunch: Brat w/ calico beans
Dinner: Chicken and pineapple stir fry over wild rice

SEPTEMBER 12

Breakfast: Boiled eggs, biscuit and gravy w/ fresh fruit Lunch: Fish fillet w/ sheet pan potatoes and carrots Dinner: Italian chicken salad w/ chicken strips

SEPTEMBER 13

<u>Breakfast</u>: Oatmeal & sausage <u>Lunch</u>: Pork & sauerkraut, fried potato & peas w/ fruit <u>Dinner</u>: Southwest sweet potato black bean & rice casserole

SEPTEMBER 14

Breakfast: Egg, ham & cheese sandwich on English muffin Lunch: Chicken bacon ranch casserole w/ noodles
Dinner: Cold smoked turkey sandwich, cold three bean salad w/ fresh fruit

SEPTEMBER 15

Breakfast: Bacon, potato, egg & cheese skillet w/ yogurt Lunch: Chicken and avacado grilled wraps w/ cowboy caviar Dinner: Iron pot venison stew w/ roasted potatoes and carrots

SEPTEMBER 16

Breakfast: Cream of rice
Lunch: Roasted turkey
southwest quinoa salad
Dinner: Spinach stuffed chicken
breast w/ wild rice stuffing

SEPTEMBER 17

Breakfast: Pancakes w/ sausage Lunch: Chicken enchiladas zucchini casserole

<u>Dinner</u>: Lake Avenue sandwich w/ roast beef & turkey w/ spinach side salad

Elder Coffee Talk - Painting Class submitted by Elders Services

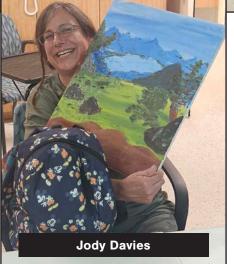
















INFORMATIONAL BUDGET MEETINGS

Economic Diversity

Thriving
Tribal
Government

Health

Education

The Forest County Potawatomi Executive Council and the 2025 Budget Panel members

CORDIALLY INVITE YOU TO THE FOLLOWING 2025 INFORMATIONAL BUDGET MEETINGS:

Wednesday, Sept. 11 2024

1-3 pm

FCP Cultural Center, Library & Museum

5460 Everybody's Rd. Crandon, WI 54520

Wednesday, Sept. 11 2024

5-8 pm

FCP We Care

612 Daycare Rd. (St. Hwy. 32) Wabeno, WI 54566 Thursday, Sept. 12

5-8 pm

Best Western Tower

201 N 17th Ave Wausau, WI 54401

Detailed budget available for viewing at Finance in September Wednesday, Sept. 18 2024

5-8 pm

Doubletree by Hilton

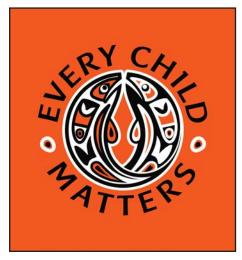
150 S Nicolet Rd. Appleton, WI 54914

Please direct any questions to

Manny Johnson II: 715-889-0636



Top Five Questions About Orange Shirt Day



submitted by Tribal Aging and Disability Resource Specialist Molly Thorton

Why Orange Shirts?

Orange Shirt Day raises awareness of the residential school system and honors the experience of Indigenous people past and present. Wearing an Orange Shirt on September 30 is a symbol of solidarity and remembrance of Indigenous people's history with residential schools in the U.S. and Canada. The "Every Child Matters" phrase you will see on many shirts is

an ongoing campaign to raise awareness of residential school survivors. Truth & Reconciliation research started in 2007 which resulted in a final report in 2019 which is known as the "Truth and Reconciliation calls to action". National Day of Truth & Reconciliation is the formal name for Orange Shirt Day in Canada. The U.S. does not have a recognized day but as a community we acknowledge this day on September 30th each year.

Who can or should participate in Orange Shirt Day?

If you are not Indigenous or are Indigenous but feel disconnected to the community or heritage, it may be intimidating to observe National Day for Truth & Reconciliation. While every community is different as to who should participate in some of the activities or events, you can still learn and spread awareness of the day. You are welcome to wear orange to recognize the day and spark discussion of the topic. Many of our Forest County Potawatomi events will say who is invited to attend, but if you are unsure,

contact the organizer.

How do I talk to children in my life about Residential Schools?

Education and truth about history is important and also very difficult. It is greatly encouraged to discuss Indigenous culture and history at the appropriate level for the child. By teaching and discussing the true history to our youth, it will contribute to how they see themselves and their culture in the future. There are many tools and prompts online to discuss Residential Schools and Truth & Reconciliation Day with younger people.

What can I do about people who ignore Truth & Reconciliation Day? It's unfortunate that so many people in the U.S. and Canada were taught a manipulated curriculum in school surrounding the history of Native Americans and the non-native settlers. Many of these people are being asked to relearn the history they've been told from a young age. In Forest County, we are fortunate to be surrounded by the Indigenous culture of two tribes who are generous with their teachings.

A great teaching tool is the Forest County Potawatomi Cultural Center, Library & Museum for those looking to learn about the true history of the community.

How can I participate? Depending on your location, there may be in-person events happening in your area or school. We are asking that you wear Orange on September 30th to raise awareness of National Truth & Reconciliation Day to spark conversations around sharing stories and the true history of Boarding Schools and the ongoing turmoil between the U.S. Government and sovereign nations.

Community Advocacy will have a limited supply of shirts available at Family Services on Sept. 25-26, 2024. These shirts are - first come, first serve, while supplies last. Please contact Molly from Community Advocacy with questions at (715) 478-4968

FCP Family Services 5415 Everybody's Rd, PO Box 340, Crandon, WI 54520

Bringing Youth and Elders Together



submitted by FCP Environmental Educator Leah Bell

Gardening and spending time outdoors are good for the mind, body, and spirit. This summer, the FCP Outreach & Engagement Department organized visits to bring kids and elders outdoors together.

In July, Gte Ga Nēs summer school students came to the Caring Place to plant herbs with a handful of the elderly residents. Four elders and 10 kids met on the porch to assemble decorative water planters and fill them with herbs of choice: sage, rosemary, and eucalyptus.

The children began by pouring colorful pebbles into the bottom of the glass cups, taking turns carefully pouring water in and passing the cup off to their new elderly friend to stick the herb in. Bringing together the



children and the elders brought smiles and laughter to all, but the change of pace and new faces were not the only benefits of the day.

Selecting these fragrant herbs over flowers will impact the food consumption of our elders. Research has shown that introducing new scents at the dinner table can increase appetites by 52 percent. With reduced food consumption noticed at the Caring Place, this herb planting project hopes to bring new enjoyment and increased appetite back to the residents. The decorative, fragrant pots now sit in the dining room of the Caring Place for all to enjoy.

A few weeks later, group B of Summer Youth Employees (SYE) stopped at the Caring Place to help with backyard maintenance. They began by stripping the back chain-link fence of

old decorations, refilling a dozen bird feeders, and weeding the decorative rock bed skirting the building. The SYE's hard work refreshed the back-yard. Students visited with Mary, one of the residents, who enjoys sitting in the sun and watching the birds.

The following week, the SYE returned to plant vegetables with the elders. SYE brought pots, small veggies (started in the aquaponics facility at the Bodéwadmi Ktëgan), and compost. Residents Marion Waube, Arlene Boelter and Mary Victor started planting carrots, peppers, broccoli, and radishes with the SYE. They worked together to hold the pots, scoop the compost, and gently nestle the plants into their new homes.

While most were planting, some SYE refilled bird feeders from the previous week and some helped commu-



nity member Richard Gouge assemble a handicapped-accessible planter box. This box offers an inward-angled front side so people in wheelchairs can get closer to tend to plants.

With the rest of the compost and potting mix, SYE filled the box and planted more cherry tomato plants than the elders might be able to keep up with. Resident Donnie Cornell watched with a smile on his face while seeing the young community members interact

These summer projects provided opportunities for connection, improved health, growth of skills and plant life, and the simple enjoyment of the outdoors. Our elders received joy from the young energy and spontaneity while our youth could slow down to be in the moment with the experienced and wise.

Potawatomi Ventures and Waséyabek Development Company Announce Strategic Investments in BAMF Health

Potawatomi Ventures (PV) and Waséyabek Development Company, LLC, are pleased to announce a strategic investment in BAMF Health, the world's first vertically integrated platform for intelligence-based precision medicine. PV is the economic development and income diversification business of the FCP Community, and Waséyabek Development Company is a holding company managing the Nottawaseppi Huron Band of the Potawatomi's non-gaming economic development activities. The two companies invested in BAMF Health independently, but they did share their respective views on BAMF's goals and accomplishments, demonstrating how tribes can work together for the betterment of all. The two Potawatomi organizations are both committed to investing in the technology sector and supporting innovation.

Headquartered in Grand Rapids, Mich., BAMF Health uses intelligence-based precision medicine to detect and treat cancer and other diseases and to conduct clinical trials for novel radiopharmaceuticals. The company's overriding mission is to empower patients to become people again.

"Potawatomi Ventures is thrilled to partner with BAMF Health," said Chief Financial and Strategy Officer of PV Paul Hoesly. "Our investment reflects our confidence in their innovative solutions and their potential to transform healthcare. We are committed to supporting companies that make a positive impact on society, and BAMF Health aligns perfectly with our strategic vision."

"When we invested in BAMF Health in 2021, we were impressed by their vision and cutting- edge technology," said President and Chief Executive Officer of Waséyabek Deidra Mitchell. "Since then, BAMF has accelerated its growth while further enhancing its innovative technology. We remain impressed by the company's leadership and performance, as it works to deliver better patient outcomes."

Key Highlights of the Investment:

• Strategic Synergy: This investment aligns with PVs' vision of fostering growth in sectors offering substantial potential for innovation

and improvement in quality of life. For Waséyabek, BAMF represented its first investment into their medical vertical. BAMF Health's cutting-edge technologies and solutions are expected to significantly impact patient care and healthcare outcomes.

- Innovation and Growth: With this investment, BAMF Health aims to accelerate the development and commercialization of its ground-breaking Theranostics platform. This infusion of capital will support ongoing research, product development, and market expansion efforts, ensuring that innovative healthcare solutions reach patients and healthcare providers more effectively.
- Commitment to Technology Advancement: Potawatomi Ventures and Waséyabek recognize the critical role of advanced medical technologies in shaping the future of healthcare. By investing in BAMF Health, both investment firms demonstrate their dedication to improving patient outcomes and supporting the healthcare industry's evolution through technological advancements.

"Every day, we're changing the lives of patients facing some of the most devastating diseases by making molecular imaging and therapy accessible and affordable," said Anthony Chang, PhD, BAMF Health founder and chief executive officer. "With financial backing from Potawatomi Ventures and Waséyabek, we can make further progress in detecting and treating diseases like cancer, Alzheimer's Disease, heart conditions and more."

Earlier this summer, Dr. Chang was named the recipient of the Ernst & Young LLP Entrepreneur Of the Year® 2024 Michigan and Northwest Ohio award. Entrepreneur Of the Year is the preeminent competitive awards program for entrepreneurs and leaders of high-growth companies. He was selected based on BAMF Health's ability to create long-term value through entrepreneurial spirit, commitment to their purpose, and the demonstration of growth and substantial impact, among other key indicators.

BAMF Health has also been named a Top Workplace by the Detroit Free Press and West Michigan's Best and Brightest Companies to Work For by the National Association for Business Resources.

PV was established in 2002 as Potawatomi Business Development Corporation and is the economic development and income diversification business of the FCP Community. Resources generated by PV and its holdings help diversify the tribal economy that supports FCP's tribal government and helps improve the lives of tribal members. Through trust, support, integrity, and mutual respect, PV is committed to building an economic engine that supports the tribe for generations to come. PV is headquartered in Milwaukee, Wis., and is one of southeastern Wisconsin's top minority-owned businesses.

Waséyabek Development Company, LLC, is a leading economic development firm in Michigan's Indian Country. Its portfolio of diverse non-gaming investments totals more than 30 entities across the country, encompassing more than 500 employees. Its investment verticals include defense industry products and software integration, manufacturing, environmental services, medical technologies, and commercial real estate.

About Potawatomi Ventures:

PV is owned and operated by the FCP Community of Wisconsin. The company seeks to generate wealth and improve the quality of life for the tribe by making strategic investments, acquisitions and prudent asset management decisions. Resources generated by PV and its holdings help diversify the tribal economy supporting FCP's tribal government and helps improve the lives of tribal members. PV subsidiary companies include Greenfire Management Services, Data Holdings, Sagewind Development, Wgema Leasing, fireside Market, and several Federal contracting operations. For

more information, visit potawatomiventures.com.

About BAMF Health: BAMF Health is the world's first vertically integrated platform for intelligence-based precision medicine. Headquartered in Grand Rapids, Mich., BAMF Health employs the most advanced technology to detect and treat cancer and other diseases and conduct advanced clinical trials. Our overriding mission is to empower patients to become people again. With a team of data scientists, researchers, software engineers, and clinicians - all working in lockstep - we're making good on it all. To learn more about BAMF Health, visit www.bamfhealth.

About Waséyabek:

Waséyabek Development Company, LLC, is a 100 percent tribally-owned holding company that manages the Nottawaseppi Huron Band of Potawatomi's non-gaming economic development activities. By investing and acquiring diverse businesses and real estate properties on behalf of the Members of the Band, WDC contributes to the tribe's long-term success and economic self- sufficiency by providing revenue and employment opportunities for tribal members. For more information, visit Waseyabek. com

Media Contact: Wendy Artman, Artman Communications (920) 819-8968, wsartman@gmail.com







The Wgema Campus **Celebrates New Electric Vehicle Infrastructure and Gym Restoration**



Potawatomi Ventures (PV) recently celebrated two significant milestones on the Wgema Campus, the installation of new electric vehicle (EV) charging stations and the restoration of the historic Tthigwe Gym. The momentous occasion was attended by members of the Executive Council,

including Chairman Crawford, who shared his insights and gratitude for these two significant projects.

The campus is now equipped with EV chargers, thanks to a partnership with Uihlein Electric. Andy Byrne provided an engaging demonstration showcasing the capabilities of the new chargers and electric vehicles. This investment in EV infrastructure underscores PV commitment to sustainability and reducing its carbon footprint.

Additionally, Jeb Meier and Joe Tesch gave an informative overview of the Ttigwe Gyms storied past and extensive efforts to undertaken to restore the historic gymnasium. The gym's revitalization preserves an important piece of the campus' heritage for future generations to enjoy.

These celebrate a significant milestone for the Wgema Campus, reflecting the organization's dedication to environmental sustainability and historical preservation.

Potawatomi Ventures Volunteers at the Menomonee Valley **Urban Ecology Center**



On Aug. 15, 2024, seven Potawatomi Ventures (PV) team members spent the afternoon volunteering for the Urban Ecology Center (UEC) at their Menomonee Valley location. UEC is one of PV's community groups our Gives Back Program is working with this year. They were started in 1991 to organize clean-up of Milwaukee parks and use the parks to teach nature and science to nearby students.

The team removed invasive St. John's wort along the Hank Aaron

State Trail, cutting about 10-gallons each of the quickly spreading invasive plant that overpowers the native plants. It was a rainy day, but that didn't stop the volunteers.

"Being part of healing and protecting the environment helps us connect to our Potawatomi Ventures mission," said Project & Brand Manager of fireside Market Diane Jolie. We look forward to volunteering more in the future and are proud to dedicate our time to making the community a better place.

An Intern's Appreciation to Potawatomi Ventures



submitted by PV Marketing Intern **Khariyel Sardin**

Bosho,

Over the course of my summer marketing internship at Potawatomi Ventures in Milwaukee, Wis., the time that I've spent interning here has been filled with so much knowledge, so many exciting new opportunities, many projects that have helped me elevate my skill within my graphic design degree and plenty more.

I've learned many new things about myself, my tribe, every asset, and how corporate life differentiates from retail. I appreciate that I was able to get a view of the business world and see

how structured everything has been made to be to make sure that things will continue to run smoothly and safely to keep progressing forward. In the end, this whole summer has made me realize how much success I owe to not only myself, but to my parents, my family, my community, and my future. This internship has brought me so much excitement, happiness, and joy regarding everything I have experienced here. I now know that taking risks and finding myself in new environments all by myself shows how brave I really am.

Throughout my time here, I have created many projects that have not only helped me improve my graphic designing skills but my social skills and my time management skills. I have had the opportunity to design one pagers for Potawatomi Ventures as well as the *Potawatomi Times*. I've worked on creating a new FAQs page, ERP logos, scheduling meetings for our new social media management tools that will be soon implemented, writing an overview for the recently held career expo that was ran in June, tested out my skills to attempt to create new logos for Greenfire's 15th

year anniversary, creating new flyers for the next summer internship in 2025, researching, ordering, an creating high-quality bags for those who attended the RNC back in July, design financial oversight flyers, created graphics to be alternated throughout each monthly issue for the Potawatomi Times, and lastly a huge project, the new Mission, Vision, and Values video, that I had the opportunity to collaborate with Alana Walkush on.

In the time that I've spent here, I've

learned so many valuable lessons that I will forever be grateful for and will use them whenever I can within my future. Seeing the many opportunities that have been put into place to further our generations, and to also have been a part of some of the works, is something

that I will never forget. I learned that some things are completed in a more successful way by having a team who supports, guides and trusts you. And last but not least, I learned that family doesn't always have to be a blood relative. Thank you again for choosing me to be your summer intern and I hope the work that I have put in and completed has not only shown but gave some relief as well.

Migwetch!

















